RECOMMENDED BOOKS FOR READING


The Culture of Pain by David B. Morris, 1993, University of California Press.


Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness by Jon Kabat-Zinn, Thich Nhat Hanh (Preface), and Joan Borysenko, 1990, Delta.


Managing Pain Before It Manages You by Margaret A. Caudill, M.D., Ph.D., 1999, Guilford Press.


Phantoms in the Brain: Probing the Mysteries of the Human Mind by V.S. Ramachandran and Sandra Blakeslee, 1999, Quill.


