

10. How do you stand up from a sitting position?

- I can arise from a chair without using my arms.
- I have to use my arms to help me get out of my chair.
- I cannot get up from a chair without assistance from another person.

11. Do you need support when walking?

- I walk without any support.
- I use one cane when I go on a long walk.
- I use one cane most of the time.
- I use one crutch.
- I use two canes.
- I use two crutches.
- I use a walker.
- I am unable to walk.

12. How long can you walk without support? (i.e., a cane, or crutches, etc.)

- I can walk an unlimited amount of time, more than 60 minutes, without support.
- I can only walk 31-60 minutes without support.
- I can only walk 11-30 minutes without support.
- I can only walk 2-10 minutes without support.
- I can only walk less than 2 minutes without support.
- I am unable to walk without support.

13. How long can you walk with support?

- Unlimited, greater than 60 minutes.
- 31-60 minutes.
- 11-30 minutes.
- 2-10 minutes.
- Less than 2 minutes.
- I am unable to walk.
- Not applicable/I walk without support.

14. How far can you walk without stopping because of knee pain?

- I can walk unlimited distances.
- I can walk more than 10 blocks.
- I can walk only 5-10 blocks.
- I can walk less than 5 blocks.
- I can walk only short distances within my home.
- I am confined to a wheelchair or a bed.

15. How long can you sit in a chair?

- I am comfortable sitting in any chair one hour or longer.
- I am only comfortable sitting in a high chair for 30 minutes or less.
- I am unable to sit comfortably in any chair.

16. How do you get in and out of a car?

- It is easy.
- It is difficult.
- I am unable to get in and out of a car.

17. Could you utilize public transportation?

- Yes
- No

18. Does this knee interfere with sleeping?

- Yes
- No

19. Does this knee interfere with sexual activity?

- Yes
- No

20. What medication are you currently taking for your knee?

- None.
- Anti-inflammatory medicine, such as aspirin, Advil, Ibuprofen.
- Steroid medication.
- Narcotic medication.
- Other medication.

21. Do you often have pain in any joints besides your painful knee?

- None.
- Low Back Pain.
- Painful Side:
 - Hip
 - Shoulder
 - Ankle/Foot
- Other Side
 - Hip
 - Shoulder
 - Ankle/Foot
 - Knee