What is the difference between Evidence-based Practice and Research?

Evidence Based Practice (EBP) is conscientious integration of best research evidence with clinical expertise and patient values and needs in the delivery of quality cost-effective health care (Burns & Grove, 2009).

Evidence Based Practice is a problem solving method, using the best credible evidence a team can find, to change practice and improve patient care. UCDHS nurses use the IOWA model.

Examples of Evidence Based Practice initiatives:

- Ventilator Associated Pneumonia (VAP)
- Sepsis Project
- Catheter Associated Urinary Tract Infection (CAUTI)
- Central Line Associated Blood Stream Infection (CLABSI)
- Early Mobility