



STATE SENATOR DR. RICHARD PAN

UC Health Advanced Practice News

August, 2017

IN THIS ISSUE

Advanced Practice Grand Rounds to start in October

In concert with the celebration of the 50th anniversary of Physician Assistant Practice, UC Davis will launch Grand Rounds for Advanced Practice Providers! The PA and NP professions were both introduced as a creative solution to expand healthcare coverage during a time of primary care shortage.

Milestones in PA Practice

The first PA program was launched by Dr. Eugene Stead at Duke University. With a background in fast-tracking medical education in WWII, he selected four Navy Corpsman with considerable military medical training. The Duke University PA program graduated the first class just two years later and the profession was born. Linking our own dedicated educational forum to the historical beginnings of PA practice is a way to celebrate advanced practice progress with professional renewal.

Politics and Policy: Healthcare in California

Our first guest speaker is State Senator Dr. Richard Pan. He is a pediatrician, former UC Davis educator, and State Senator proudly representing Sacramento, West Sacramento, Elk Grove and unincorporated areas of Sacramento County. He chairs the Senate

Budget and Fiscal Review Subcommittee on Health and Human Services, the Committee on Public Employment and Retirement and the Senate Select Committees on Children with Special Needs and on Asian Pacific Islander Affairs. He also serves on the Senate Committees on Agriculture; Business, Professions, and Economic Development; and Education. Dr. Pan continues to practice pediatrics at WellSpace Health in Oak Park.

When and Where

Grand Rounds

Cancer center auditorium
October 3rd, 2017 from 12-1 PM.
Lunch and continuing medical education credit will be provided. Priority registration will be open for UCD providers only until September 1st. After September 1st, it will be open to the community. Register today!
<https://www.eventbrite.com/e/advanced-practice-grand-rounds-tickets-36562414165>

Advanced Practice Symposium

Mind Institute
October 5th, 2017 from 4:30-7:30 PM.
Dinner and CE will be provided. Free to UCD Advanced Practice Providers
<http://www.ucdmc.ucdavis.edu/nurse/advancedpractice/pdfs/Save%20The%20Date%20A PN%20conference%202017.pdf>



Web site redesign!

The website for advanced practice is undergoing a re-design with the overall goal of improving access to information needed by departments and our providers. Check it out!

http://www.ucdmc.ucdavis.edu/nurse/advancedpractice/ap_home.html



Asymptomatic HTN Publication

Congratulations to Jed Grant, MPAS, PA-Ca and Karimeh Borghei, MSN, FNP-C, PA-Cb who recently published! Physician Assist Clin 2 (2017) 465-472
<http://dx.doi.org/10.1016/j.cpha.2017.02.009>
<http://physicianassistant.theclinics.com>

New Quantity limits for opioids

In response to the rising epidemic of opioid abuse and recently published Centers for Disease Control (CDC) guideline for Chronic Pain many insurance companies are creating quantity limit restrictions for patients with non-cancer pain. These limits appear to apply to acute post op pain as well. In a notice to consumers on July 14th, Optum RX has restricted pain medication to a maximum of 49 morphine-equivalent mg per day (about 6 Norco 5/325 per day) with a maximum of 7 days, limit 2 refills within 60 days.

If you have pre-existing opioid dependence, you can receive 90 morphine equivalents per day (about 6 Norco 10/325) per fill, with one refill per month. Other states have taken more drastic measures by limiting prescribers themselves. This could create a gap between the patient's actual pain control needs and what their insurance plan will cover. Prior authorization can be requested but can time consuming for our clinics. We are working closely with case management and administration to come up with solutions. We will continue to provide support for patients in financial crisis by covering the costs of

essential discharge medications when their insurance does not cover it. There are several things that we can do to improve the patient experience including the following:

- Inform your patients that some insurance providers may not cover their full prescription for opioid pain relievers
- Consider alternative pain management options (multi-modal analgesia, regional blocks etc.)

IMPACT TO YOUR PRACTICE

Optimal management of pain begins pre-operatively!

Please educate your patients about these new restrictions when you see them prior to surgery. This will allow them to prepare for any additional expense that might not be covered by their insurance provider

See attached Guideline for post op pain



UC health wide procedural privileges are coming soon with a new education path in the Center for Virtual Care for complex procedures

Standardized procedures: core privileges and procedural

Standardized procedures are a BRN requirement for advanced practice nurses. It allows APN's to perform procedures and provide care in order to meet the needs of our patients. Many universities have adopted a standard of core privileges and procedural privileges. Core privileges are a unified standard of basic privileges that authorize nurse practitioners working in a collegial NP-physician relationship, to diagnose, treat, and manage health conditions within the nurse practitioner scope of practice.

At UC Davis, the change to "core privileges" and "procedural privileges" was approved by our Interdisciplinary Practice Committee and Medical Executive committee in January of 2017. NP's will now practice under one of more of the core procedures that include

(Primary/Specialty Care, Surgical services or Critical Care). Your previous departmental general standardized procedures will be inactive. Procedures that are unique to your department will be retained.

If multiple departments were performing the same procedure, a new unified procedure will be created. This avoids unnecessary duplication and maintenance of documents as well as differing standards of proficiency and training.

When proposing a new procedural skill, the first point of contact is Nicola Smith. Once confirmed as new, it will be reviewed by the advanced practice council and proceed through the normal approval process.