Do you have an implanted Deep Brain Stimulator (DBS) for a Movement Disorder like Parkinson’s Disease?

If so, this class has been developed just for you!

For more information and/or pre-register for a class, feel free to contact us:

**Kaiser Permanente**
2025 Morse Ave, Conf Rm 2
Sacramento
Catherine Nitafan-Young, FNP
(916) 973-6860

**U.C. Davis**
Midtown Ambulatory Care Center
3160 Folsom Blvd Rm 1100
Laura Sperry, ANP
Contact: Karla Lindstrom
(916) 734-6282

**Sutter Health**
2800 L Street, Suite 500, 5th floor
Conference Rm 501, Sacramento
Linda Ramatowski, FNP
(916) 454-6936

**Mercy (San Juan Campus)**
Lukens Auditorium Suite 150
At 6555 Coyle Avenue
Carmichael
Linda Trettin, PhD
(916) 453-7942

This class is for people with implanted Deep Brain Stimulation (DBS) for Movement Disorders.

**Our schedule for 2016 is as follows:**

- **January 18th at 10 am at Mercy:** New Year's Resolutions
- **February 17th at 2:30 pm at Sutter:** Speech Issues
- **March 21th at 10 am at Kaiser:** DBS Technology
- **April 20 at 2:30 pm at UC Davis:** Life after DBS
- **May 16th at 10 am at Kaiser:** Non-motor Concerns
- **June 16th at 2:30 pm at Mercy:** Emotional Wellness
- **July 18th at 10 am at Kaiser:** Nutrition Management
- **August 17th at 2:30 pm at Sutter:** Neurosurgical Issues
- **September 19th at 10 am at Kaiser:** Lifestyle Health
- **October 19th at 2:30 pm at UCD:** Behavioral Concerns
- **November 21st at 10 am at Kaiser:** World Parkinson Congress Review
- **December 21st at 2:30 pm at Sutter:** Year in Review