

Video 12 Peritoneal Dialysis Benefits and Challenges

Key Notes

Benefits

- Gentler on the body than hemodialysis
- No blood is involved
- Filtration happens with a fluid and the natural lining of the abdomen
- Portable, travel is possible
- Food variety is greater

Challenges

- Must be done daily
- You and your caregiver/s will be responsible for all aspects of the treatments
- Storage space is needed
- It may be harder to manage diabetes
- Extra calories from the dialysis solution may lead to weight gain
- Small risk of infection
- Swimming in public pools or open water is discouraged due to risk of infection
- Speak to your doctor before using a hot tub

Lifestyle Impact is Minimal

- Shower as usual
- Schedule dialysis around work
- Continue intimate relationships
- The catheter is not visible when fully dressed