# Breakfast

Nutrition F	acts
1 serving per container Serving size	1 Each (177g)
Amount per serving Calories	440
	% Daily Value*
Total Fat 27g	34%
Saturated Fat 10g	52%
Trans Fat 0g	
Cholesterol 230mg	77%
Sodium 760mg	33%
Total Carbohydrate 25g	g <b>9%</b>
Dietary Fiber less than	1g <b>4%</b>
Total Sugars 1g	
Added Sugars	
Protein 22g	
Vitamin D 6%	alcium 20%
Iron         15%         Po           * The % Daily Value (DV) tells you in a serving of food contributes to a calories a day is used for general r	a daily diet. 2,000

## Med Muffin Sandwich (Sausage,Egg,Cheese)

INGREDIENTS: Thomas English Muffin 2oz (UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE VITAMIN B1, RIBOFLAVIN VITAMIN B2, FOLIC ACID], WATER, FARINA, YEAST, SUGAR, SALT, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, SOYBEAN OIL, WHEAT GLUTEN, GRAIN VINEGAR, SOY FLOUR, NONFAT MILK, WHEY.FLOUR, MODIFIED WHEAT STARCH, FARINA, WHEAT GLUTEN, POLYDEXTROSE, HONEY, SUGAR, SALT, YEAST, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, MONOGLYCERIDES, SOYBEAN OIL, SOY LECITHIN, MALT, NATURAL ARTIFICIAL FLAVOR, XANTHAN GUM, SUCRALOSE, SOY, WHEY MILK), Sausage, Pork, Patty 3.2oz (70-30 GROUND PORK, KOSHER SALT, DRY SAGE, DRY ROSEMARY, FRESH GINGER, GROUND NUTMEG, BLACK PEPPER), Fried Egg [Egg,Shell,Large,Grade A,Pasteurized,Cage Free], Cheese, Cheddar, Sliced, Organic (Pasteurized Organic Milk, Cheese Cultures, Sea Salt, Vegetable Enzymes.)

1 serving per container Serving size	l Each (126g)
Amount per serving Calories	280
	% Daily Value*
Total Fat 13g	16%
Saturated Fat 5g	27%
<i>Trans</i> Fat 0g	
Cholesterol 195mg	66%
Sodium 410mg	18%
Total Carbohydrate 25g	9%
Dietary Fiber less than 1	lg <b>4%</b>
Total Sugars 1g	
Added Sugars	
Protein 15g	
Vitamin D 6%	ium 20%
Iron 15% • Pota * The % Daily Value (DV) tells you h in a serving of food contributes to a c calories a day is used for general nu	aily diet. 2,000

# Med Muffin Sandwich (Egg & Cheese)

INGREDIENTS: Thomas English Muffin 2oz (UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE VITAMIN B1, RIBOFLAVIN VITAMIN B2, FOLIC ACID], WATER, FARINA, YEAST, SUGAR, SALT, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, SOYBEAN OIL, WHEAT GLUTEN, GRAIN VINEGAR, SOY FLOUR, NONFAT MILK, WHEY.FLOUR, MODIFIED WHEAT STARCH, FARINA, WHEAT GLUTEN, POLYDEXTROSE, HONEY, SUGAR, SALT, YEAST, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, MONOGLYCERIDES, SOYBEAN OIL, SOY LECITHIN, MALT, NATURAL ARTIFICIAL FLAVOR, XANTHAN GUM, SUCRALOSE, SOY, WHEY MILK), Fried Egg [Egg,Shell,Large,Grade A,Pasteurized,Cage Free], Cheese,Cheddar,Sliced,Organic (Pasteurized Organic Milk, Cheese Cultures, Sea Salt, Vegetable Enzymes.)

<b>Nutrition</b> 1 serving per containe	
Serving size	12 ounce (339g)
Amount per serving Calories	290
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 10mg	0%
Total Carbohydrate	51g <b>18%</b>
Dietary Fiber 8g	29%
Total Sugars 0g	
Added Sugars	
Protein 12g	
Vitamin D 0%	Calcium 4%
Iron 20%  •	Potassium 6%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

## Oatmeal

INGREDIENTS: Water, Oatmeal

1 serving per container	
Serving size	12 ounce (513g)
Amount per serving Calories	260
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 230mg	10%
Total Carbohydrate	53g <b>19%</b>
Dietary Fiber 2g	8%
Total Sugars 0g	
Added Sugars	
Protein 6g	
Vitamin D 45% •	Calcium 45%
Iron 110% •	Potassium 2%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

## **Cream of Wheat**

INGREDIENTS: Water, \*SUB\* Cream of Wheat, Cream of Wheat (WHEAT FARINA, PARTIALLY DEFATTED WHEAT GERM, DISODIUM PHOSPHATE FOR QUICK COOKING, VITAMINS AND MINERALS: CALCIUM CARBONATE, FERRIC PHOSPHATE SOURCE OF IRON, NIACINAMIDE, THIAMIN MONONITRATE VITAMIN B1, RIBOFLAVIN VITAMIN B2, FOLIC ACID.

**CONTAINS: Wheat** 

1 serving per container	
Serving size	1 Each (156g)
Amount per serving	320
<u>Calories</u>	320
	% Daily Value*
Total Fat 16g	20%
Saturated Fat 5g	26%
Trans Fat 3g	
Cholesterol 15mg	5%
Sodium 860mg	38%
Total Carbohydrate 3	7g <b>13%</b>
Dietary Fiber less that	an 1g <b>2%</b>
Total Sugars 8g	
Added Sugars	
Protein <sup>8</sup> g	
Vitamin D 4% • C	Calcium 10%
Iron 10% • F	Potassium 4%
* The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for general	o a daily diet. 2,000

# **Biscuit & Gravy**

INGREDIENTS: Pork Sausage Gravy [Crystal Creamery Whole Milk Half Gallon, Pork (PORK, WATER, SPICES, SALT, SUGAR, FLAVORING

), Roux [Flour (Bleached wheat flour, malted barley flour), Margarine (LIQUID SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AND CITRIC ACID, ARTIFICIAL FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE ADDED)], Custom Culinary Chicken Base SS No MSG (ROASTED CHICKEN, SALT, HYDROLYZED CORN PROTEIN, SUGAR, CHICKEN FAT, MALTODEXTRIN, YEAST EXTRACT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC, NATURAL FLAVORING, EXTRACTIVE OF ANNATTO.

), Monarch White Pepper Ground Plastic Shaker (White Pepper), Thyme, Sage], Biscuit (ENRICHED FLOUR BLEACHED, WATER, HYDROGENATED PALM KERNEL OIL, BUTTERMILK, SUGAR, BAKING SODA, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM CASEINATE, DATEM, NONFAT MILK, WHEY PROTEIN CONCENTRATE, SODIUM ACID PYROPHOSPHATE, WHEY, WHEAT PROTEIN ISOLATE, NATURAL FLAVOR, XANTHAN GUM )

1 serving per container
Serving size 2 Each (170g)
Amount per serving 280
% Daily Value*
Total Fat         2.5g         3%
Saturated Fat .5g 3%
<i>Trans</i> Fat 0g
Cholesterol 0mg 1%
<b>Sodium</b> 820mg <b>36%</b>
Total Carbohydrate 56g 20%
Dietary Fiber 2g 8%
Total Sugars 12g
Added Sugars
Protein 7g
Vitamin D 0%  • Calcium 20%
Iron 15%  • Potassium 4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Pancakes

INGREDIENTS: Water, \*SUB\* Monarch Pancake Mix Buttermilk (INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, DEFATTED SOY FLOUR, SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF: ALUMINUM SULFATE, BAKING SODA, BUTTERMILK, DEXTROSE, MONO-DIGLYCERIDES, MONOCALCIUM PHOSPHATE, SALT, SODIUM ALUMINUM PHOSPHATE. CONTAINS: WHEAT, SOY, MILK. PROCESSED IN A FACILITY THAT ALSO HANDLES EGGS.)

Nutrition F	acts
1 serving per container Serving size	1 Each (50g)
Amount per serving Calories	80
	% Daily Value*
Total Fat 5g	7%
Saturated Fat 1.5g	8%
Trans Fat	
Cholesterol 185mg	62%
Sodium 60mg	3%
Total Carbohydrate less	s than 1g 0%
Dietary Fiber 0g	0%
Total Sugars less than	n 1g
Added Sugars	
Protein 6g	
Vitamin D 6% • Ca	lcium 2%
Iron 4%  • Pot	tassium 2%
* The % Daily Value (DV) tells you in a serving of food contributes to a calories a day is used for general n	a daily diet. 2,000

# Hard Boiled Egg

INGREDIENTS: Wilcox Hard Cooked Egg Peeled Pillow Pack **CONTAINS: Egg** 

<b>Nutrition</b> 1 serving per containe	
Serving size	2 ounce (69g)
Amount per serving Calories	100
	% Daily Value*
Total Fat 7g	8%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 255mg	85%
Sodium 100mg	4%
Total Carbohydrate	0g <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein <sup>9</sup> g	
Vitamin D 6%	Calcium 2%
Iron 6% •	Potassium 2%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

# Scrambled Eggs

INGREDIENTS: Egg,Shell,Large,Grade A,Pasteurized,Cage Free

1 serving per container	
Serving size	1 Each (38g)
Amount per serving	80
Calories	00
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	2%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 250mg	11%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	6%
Total Sugars less thar	n 1g
Added Sugars	
Protein 10g	
Vitamin D 🔹 Ca	lcium 2%
Iron 10% • Po	tassium 2%
* The % Daily Value (DV) tells you in a serving of food contributes to a calories a day is used for general n	a daily diet. 2,000

# Vegetarian Sausage Patty

INGREDIENTS: Morning Star Meatless Sausage Patty (WATER, WHEAT GLUTEN. SOY FLOUR. EGG WHITES. CORN OIL. SOY PROTEIN CONCENTRATE, SODIUM CASEINATE, MODIFIED TAPIOCA STARCH, LACTOSE, SOYBEAN OIL, SOY PROTEIN ISOLATE, AUTOLYZED YEAST EXTRACT, SPICES, NATURAL AND ARTIFICIAL FLAVORS, METHYLCELLULOSE, SODIUM TRIPOLYPHOSPHATE, SALT, DISODIUM INOSINATE, CARAMEL COLOR, MODIFIED CORN STARCH, WHEY, HYDROLYZED CORN GLUTEN, MALTODEXTRIN, HYDROLYZED SOY PROTEIN, POTASSIUM CHLORIDE, DEXTROSE, ONION POWDER, DISODIUM GUANYLATE, TETRASODIUM PYROPHOSPHATE, TRICALCIUM PHOSPHATE, HYDROLYZED WHEAT PROTEIN, SODIUM HEXAMETAPHOSPHATE, SUCCINIC ACID, NIACINAMIDE, MONOSODIUM PHOSPHATE, LACTIC ACID, ASCORBIC ACID, BREWER'S YEAST, TORULA YEAST, CALCIUM PHOSPHATE, SOY LECITHIN, IRON, THIAMIN MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, VITAMIN B12.

1 serving per containe Serving size	1 Each (28g)
Amount per serving Calories	80
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 15mg	6%
Sodium 210mg	9%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0%	Calcium 0%
Iron 0% •	Potassium 2%

## Pork Sausage Link

INGREDIENTS: Sausage (Pork, water, sodium lactate, salt, dextrose, sugar, flavorings

1 serving per container	
Serving size	2 Each (38g)
Amount per serving	90
Calories	50
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1.5g	7%
Trans Fat	
Cholesterol 60mg	20%
Sodium 240mg	11%
Total Carbohydrate	ess than 1g 0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 6g	
Vitamin D 0%	Calcium 0%
Iron 2%	Potassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Turkey Sausage Links**

INGREDIENTS: Jimmy Dean Turkey Breakfast Sausage (BONELESS TURKEY, WATER, CONTAINS 2 OR LESS: DEXTROSE, POTASSIUM CHLORIDE, SALT, SPICES, SODIUM PHOSPHATE, SUGAR, BHT, CITRIC ACID, CARAMEL COLOR.)

<b>Nutrition</b> 1 serving per containe	
Serving size	1 slice (9g)
Amount per serving Calories	45
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 190mg	8%
Total Carbohydrate	0g <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 3g	
Vitamin D	Calcium 0%
Iron 0%  •	Potassium 0%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

## **Bacon Strips**

INGREDIENTS: Bacon (WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE)

<b>Nutrition</b> 1 serving per containe	
Serving size	1 ounce (28g)
Amount per serving Calories	110
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 170mg	7%
Total Carbohydrate	0g <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 7g	
Vitamin D	Calcium 15%
Iron 0%  •	Potassium
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

## **Pepper Jack Shredded**

INGREDIENTS: Pepper Jack Cheese (MONTEREY JACK CHEESE, JALAPENO PEPPERS, CHEESE CULTURE, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE AND NATAMYCIN)

**CONTAINS: Milk** 

<b>Nutrition</b> 1 serving per containe		
Serving size	1 ounce (	28g)
Amount per serving Calories	1	10
	% Daily V	/alue*
Total Fat 9g		12%
Saturated Fat 5g		27%
Trans Fat 0g		
Cholesterol 30mg		9%
Sodium 190mg		8%
Total Carbohydrate	less than 1g	0%
Dietary Fiber 0g		0%
Total Sugars 0g		
Added Sugars		
Protein <sup>6</sup> g		
Vitamin D 0%	Calcium 15%	b
Iron 0% •	Potassium 0	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

### **Shredded Cheddar Cheese**

INGREDIENTS: Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO, POTATO STARCH AND POWDERED CELLULOSE, NATAMYCIN)

CONTAINS: Milk

1 serving per container	
Serving size 2 fl oz	: (56g)
Amount per serving Calories	35
	/ Value*
Total Fat 1.5g	2%
Saturated Fat 0g	1%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 5g	2%
Dietary Fiber less than 1g	3%
Total Sugars 1g	
Added Sugars	
Protein 1g	
Vitamin D 0%	ó
Iron 2%    Potassium	
* The % Daily Value (DV) tells you how much a in a serving of food contributes to a daily diet. 2 calories a day is used for general nutrition advi	2,000

# **Black Bean Vinaigrette**

INGREDIENTS: Roseli Red Bell Pepper Fire Roasted #10 Can (BELL PEPPERS, WATER, SALT, AND CITRIC ACID ), Black Beans [Water, Black Beans, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)], Vegetable Broth (w/ Base) RETAIL [Water, Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS

)], Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Local Wildflower Honey 1 Gallon PE (Honey), Cross Valley Chopped Fresh Cilantro, Red Wine Vinegar (RED WINE VINEGAR, POTASSIUM METABISULFITE), Embasa Chipotle Pepper Whole 7oz Can (CHIPOTLE PEPPERS, WATER, TOMATO PASTE, CORN OIL, SALT, VINEGAR, CORN STARCH, ONION POWDER, GARLIC POWDER, AND SPICES), Monarch Fennel Seed Whole 14oz Shaker, Peeled Ginger 5# PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Cumin

**CONTAINS: Soy** 

1 serving per container <b>Serving size</b>	2 fl oz (38g)
Amount per serving Calories	190
	% Daily Value*
Total Fat 21g	26%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 380mg	16%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	1%
Total Sugars less than	1g
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D 0%	cium 0%
Iron 0%  • Pot	assium 2%
* The % Daily Value (DV) tells you h in a serving of food contributes to a calories a day is used for general nu	daily diet. 2,000

## Rouille

INGREDIENTS: Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Roseli Red Bell Pepper Fire Roasted #10 Can (BELL PEPPERS, WATER, SALT, AND CITRIC ACID

), Roasted Garlic [Canola-Olive Oil Blend (80/20) PE ((80% Canola

& Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE], Tomato,Divina Roasted (Red) PE (Tomatoes, Expeller Pressed Non-GMO Canola Oil, Extra Virgin Olive Oil, Garlic, Salt, Vinegar, Spices), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Parsley,Fresh Herb (^), Monarch Crushed Red Peppers 3.75# Jug (Red Pepper)

Nutritio	
1 serving per contain Serving size	2 ounce (21g)
Amount per serving Calories	5
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber less	than 1g 2%
Total Sugars less	than 1g
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D 0%  •	Calcium 0%
Iron 0%  •	Potassium 0%
* The % Daily Value (DV) tell in a serving of food contribute calories a day is used for ger	es to a daily diet. 2,000

# Pico de Gallo

INGREDIENTS: 1/2' Diced Yellow Onions 5# PE, Diced Red Onion 5# PE, Lemon, Jalapeno Chile Pound PE (Jalapeno ), Cross Valley Chopped Fresh Cilantro

# Pizza

Serving size	1 Each (272g)
Amount per serving Calories	590
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 8g	39%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 1170mg	51%
Total Carbohydrate	86g <b>31%</b>
Dietary Fiber 5g	17%
Total Sugars 8g	
Added Sugars	
Protein 21g	
Vitamin D 0%	Calcium 20%
Iron 20%  •	Potassium 4%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

## **BBQ** Chicken Flatbread

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR, WATER, YEAST, SUGAR, SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT,

BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Diced Tomato 5# PE (Tomato), Green Onion, Barbecue Sauce

(Vinegar, Sugar, Tomato Paste, Water, Molasses, Modified Food Starch, Salt, Natural Smoke Flavor, Spices, Onion, Garlic, Caramel, Maltodextrin, Yeast Extract, Natural Flavor, Propylene Glycol Alginate, Sunflower Oil ), Alfredo Sauce [Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN, CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES, SALT, ENZYMES), CANOLA OIL, NONFAT MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, CORN SYRUP, CELLULOSE GEL, SALT, NATURAL FLAVOR, SODIUM PHOSPHATE, SODIUM CITRATE, HYDROLYZED CASEIN, LACTIC ACID, XANTHAN GUM, DEXTROSE, POTASSIUM PHOSPHATE, SODIUM ALGINATE, BHA, CALCIUM PHOSPHATE, CITRIC ACID, MONO & DIGLYCERIDES, MODIFIED CORN STARCH, BUTTER, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND ENZYMES

), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE

), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PE], Cross Valley Chopped Fresh Cilantro, Grilled Chicken [Chicken Breast Abx Free, Harley Marinade [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Whole Peeled Garlic 4/5# Case PE, Monarch Black Pepper Ground 5lb Jug, Parsley]]

1 serving per container Serving size	1/4 piece (215g)
Amount per serving Calories	480
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 1900mg	83%
Total Carbohydrate	62g <b>23%</b>
Dietary Fiber 4g	13%
Total Sugars 4g	
Added Sugars	
Protein 16g	
Vitamin D 0%	Calcium 15%
Iron 20%	Potassium 4%
* The % Daily Value (DV) tells y in a serving of food contributes calories a day is used for gener	to a daily diet. 2,000

# Mozzarella & Tomato Flatbread

INGREDIENTS: Pizza Crust (ENRICHED UNBLEACHED WHEAT FLOUR, ASCORBIC ACID, WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, GUAR GUM), Mozzarella Cheese (PASTEURIZED MILK, VINEGAR, SALT, ENZYMES ), Tomato, Basil Dozen PE, Garlic Oil [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE], Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

1 serving per container <b>Serving size</b>	1 Each (227g)
	: <u>Laon (</u> <u>L</u> , g)
Amount per serving Calories	560
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 7g	37%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1160mg	51%
Total Carbohydrate 87	1g <b>30%</b>
Dietary Fiber 4g	14%
Total Sugars 5g	
Added Sugars	
Protein 21g	
Vitamin D 0%	alcium 25%
Iron 20%  • P	otassium 2%
* The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for general	a daily diet. 2,000

# Quattro Formaggi Flatbread

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR, WATER, YEAST, SUGAR, ŠOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. CHEDDAR CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. ANNATTO COLOR. POWDERED CELLULOSE TO PREVENT CAKING. NATAMYCIN TO PROTECT FLAVOR.). Red Sauce [Tomato, Ground Peeled, DiNapoli (^) (Tomatoes), Tomato, Paste, DiNapoli (^) (Tomatoes, Tomato Puree, Salt, ). Water, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend

(80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Basil, Oregano, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), White Satin Sugar Fine Beet 50lb, Monarch Cayenne Pepper Ground 16oz Shaker], Parmesan Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE)

1 serving per container <b>Serving size</b>	1/6 Each (227g)
Amount per serving Calories	580
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 13g	63%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1200mg	52%
Total Carbohydrate 5	56g <b>21%</b>
Dietary Fiber 3g	12%
Total Sugars 3g	
Added Sugars	
Protein 26g	
Vitamin D 0% • 0	Calcium 25%
Tron 15% • F * The % Daily Value (DV) tells y in a serving of food contributes calories a day is used for genera	to a daily diet. 2,000

## **Chicken Bacon Artichoke Pizza**

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR, WATER, YEAST, SUGAR, SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT,

BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHELSE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHELSE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Grilled Chicken [Chicken Breast Abx Free, Harley Marinade

[Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil+ 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Whole Peeled Garlic 4/5# Case PE, Monarch Black Pepper Ground 5lb Jug, Parsley]], Artichoke Hearts (ARTICHOKE HEARTS, WATER, SALT, CITRIC ACID

), Alfredo Sauce [Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN, CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES, SALT, ENZYMES), CANOLA OIL, NONFAT MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, CORN SYRUP, CELLULOSE GEL, SALT, NATURAL FLAVOR, SODIUM PHOSPHATE, SODIUM CITRATE, HYDROLYZED CASEIN, LACTIC ACID, XANTHAN GUM, DEXTROSE, POTASSIUM PHOSPHATE, SODIUM ALGINATE, BHA, CALCIUM PHOSPHATE, CITRIC ACID, MONO & DIGLYCERIDES, MODIFIED CORN STARCH, BUTTER, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND ENZYMES

). Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE

), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PE], Bacon (WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE), Spinach, Seasoning

(DEHYDRATED ONION, DEHYDRATED GARLIC, SPICES, DEHYDRATED CARROTS, DEHYDRATED TOMATO, ORANGE PEEL, DEHYDRATED RED BELL PEPPER, RED PEPPER, NATURAL FLAVOR

1 serving per container <b>Serving size</b>	1/6 slice (192g)
Amount per serving Calories	490
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 8g	39%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 1130mg	49%
Total Carbohydrate 5	6g <b>20%</b>
Dietary Fiber 3g	11%
Total Sugars 4g	
Added Sugars	
Protein 19g	
Vitamin D 0% • C	alcium 15%
	otassium 4%
* The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for genera	o a daily diet. 2,000

# Meat Lovers Pizza

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR, WATER. YEAST, SUGAR, ŠOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. CHEDDAR CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. ANNATTO COLOR. POWDERED CELLULOSE TO PREVENT CAKING. NATAMYCIN TO PROTECT FLAVOR.). Red Sauce [Tomato, Ground Peeled, DiNapoli (^) (Tomatoes), Tomato, Paste, DiNapoli (^) (Tomatoes, Tomato Puree, Salt, ). Water, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend

(80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil) 20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Basil, Oregano, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), White Satin Sugar Fine Beet 50lb, Monarch Cayenne Pepper Ground 16oz Shaker], Green Onion, Pepperoni (PORK, CHICKEN, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, SODIUM ASCORBATE, FLAVORING, SODIUM NITRITE, BHA, BHT, CITRIC ACID ), Bacon (WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE), Pork (PORK, WATER, SPICES, SALT, SUGAR, FLAVORING

1 serving per container Serving size	1 slice (183g)
Amount per serving Calories	400
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 850mg	37%
Total Carbohydrate 4	l6g <b>17%</b>
Dietary Fiber 4g	14%
Total Sugars 3g	
Added Sugars	
Protein 17g	
Vitamin D 0% • 0	Calcium 25%
Iron 10% • F	Potassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# Mexicali Pizza

INGREDIENTS: Pizza Crust (ENRICHED UNBLEACHED WHEAT FLOUR. ASCORBIC ACID, WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, GUAR GUM), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Mexicali Sauce [Refried Beans [Water, Refried Bean, Veg (Pinto Beans, Salt, Palm Oil)]. Alfredo Sauce [Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN. CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES. SALT. ENZYMES). CANOLA OIL. NONFAT MILK. YEAST EXTRACT. SODIUM CASEINATE. WHEY PROTEIN CONCENTRATE, CORN SYRUP. CELLULOSE GEL. SALT. NATURAL FLAVOR. SODIUM PHOSPHATE. SODIUM CITRATE. HYDROLYZED CASEIN. LACTIC ACID. XANTHAN GUM. DEXTROSE. POTASSIUM PHOSPHATE. SODIUM ALGINATE. BHA. CALCIUM PHOSPHATE. CITRIC ACID. MONO & DIGLYCERIDES. MODIFIED CORN STARCH. BUTTER. DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND ), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE ), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PE]], 1/2' Diced Yellow Onions 5# PE, Jalapeno (JALAPENO PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE), Diced

Tomato 5# PE (Tomato), Black Beans

(WATER, SALT, FERRÓUS GLUCONATE, CALCIUM CHLORIDE ), Cross Valley Chopped Fresh Cilantro

1 serving per container Serving size	1/6 piece (165g)
Amount per serving Calories	340
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 6g	28%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 630mg	28%
Total Carbohydrate	43g <b>16%</b>
Dietary Fiber 3g	10%
Total Sugars 3g	
Added Sugars	
Protein 12g	
Vitamin D 0%	Calcium 15%
Iron 15%	Potassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# Vegetarian Pizza

INGREDIENTS: Pizza Crust (ENRICHED UNBLEACHED WHEAT FLOUR, ASCORBIC ACID, WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, GUAR GUM), Pepper Jack Cheese (MONTEREY JACK CHEESE, JALAPENO PEPPERS, CHEESE CULTURE, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE AND NATAMYCIN), Alfredo Sauce [Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN, CHEDDAR AND ROMANO CHEESE SOLIDS

(PASTEURIZED MILK CULTURES, SALT, ENZYMES), CANOLA OIL, NONFAT MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, CORN SYRUP, CELLULOSE GEL, SALT, NATURAL FLAVOR, SODIUM PHOSPHATE, SODIUM CITRATE, HYDROLYZED CASEIN, LACTIC ACID, XANTHAN GUM, DEXTROSE, POTASSIUM PHOSPHATE, SODIUM ALGINATE, BHA, CALCIUM PHOSPHATE, CITRIC ACID, MONO & DIGLYCERIDES, MODIFIED CORN STARCH, BUTTER, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND ENZYMES

), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PE], 1/2' Diced Yellow Onions 5# PE, Black Olives (OLIVES, WATER, SALT, FERROUS GLUCONATE ), Green Onion, Red Bell Pepper, Mishroom Thin Sliced PE

1 serving per container	
Serving size	1 slice (153g)
Amount per serving	430
Calories	
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 10g	51%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 920mg	40%
Total Carbohydrate 42	2g <b>15%</b>
Dietary Fiber 2g	8%
Total Sugars 3g	
Added Sugars	
Protein 18g	
Vitamin D 0%	alcium 20%
Iron 10% • P	otassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# Pepperoni Pizza

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR, WATER. YEAST, SUGAR, ŠOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. CHEDDAR CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. ANNATTO COLOR. POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.). Pepperoni (PORK. CHICKEN, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE. OLEORESIN OF PAPRIKA. SODIUM ASCORBATE. FLAVORING, SODIUM NITRITE, BHA, BHT, CITRIC ACID

), Red Sauce [Tomato,Ground Peeled,DiNapoli (^)

(Tomatoes),Tomato,Paste,DiNapoli (<sup>^</sup>) (Tomatoes, Tomato Puree, Salt.), Water, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Basil, Oregano, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), White Satin Sugar Fine Beet 50lb, Monarch Cayenne Pepper Ground 16oz Shaker]

# Rotisserie Lunch/Dinner

1 serving per container <b>Serving size</b>	7 ounce (244g)
Amount per serving Calories	300
	% Daily Value*
Total Fat 20g	26%
Saturated Fat 12g	60%
Trans Fat 0g	
Cholesterol 125mg	42%
Sodium 440mg	19%
Total Carbohydrate 8	g <b>3%</b>
Dietary Fiber 1g	4%
Total Sugars 5g	
Added Sugars	
Protein 22g	
Vitamin D 0%	Calcium 4%
Iron 10% • F * The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for genera	o a daily diet. 2,000

# Chicken Tikka Masala

INGREDIENTS: Compass Foods Chicken Thigh 4-5oz Boneless, Tomato,Diced,Canned,DiNapoli (^), Coconut Milk (^), 1/2' Diced Yellow Onions 5# PE, Dannon Plain Yogurt Nonfat Tub, Butter, Tomato,Paste,DiNapoli (^), DICED GREEN ONIONS 1# PE, WHOLE PEELED GARLIC 6/3# PE, Viola Juice Lime Juice Gallon PE, Sugar,Brown,Medium (^), Crystal Creamery Heavy Cream Half Gallon, Curry, Monarch Koshar Salt Ground Fine Box 3lb, Monarch Crushed Red Peppers 3.75# Jug, Turmeric, Peeled Ginger 5# PE, Durkee Cumin Seed While 16oz Shaker

#### **CONTAINS: Milk, Tree Nuts**

1 serving per container Serving size 5	ounce (147g)
Amount per serving Calories	140
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol less than 5m	ng <b>1%</b>
Sodium 710mg	31%
Total Carbohydrate 20g	7%
Dietary Fiber 3g	11%
Total Sugars 9g	
Added Sugars	
Protein 3g	
Vitamin D 0%	cium 6%
Iron 8% • Pot * The % Daily Value (DV) tells you H in a serving of food contributes to a calories a day is used for general nu	daily diet. 2,000

# Sweet Potato Curry

INGREDIENTS: UCD 1" Diced Yams 20#, Monarch-D Tomato Diced 1" In Juice Canned, Dannon Plain Yogurt Nonfat Tub, 1' DICED RED BELL PEPPER 5# PE, 1/2' Diced Yellow Onions 5# PE, Canola & Sunflower-Olive Oil Blend (80/20) PE, Sugar,Brown,Medium (^), Half&Half, WHOLE PEELED GARLIC 6/3# PE, Masala Spice Mix, Curry, Monarch Koshar Salt Ground Fine Box 3lb, Peeled Ginger 5# PE, Cross Valley Chopped Fresh Cilantro, Monarch Black Pepper Ground 5lb Jug, Monarch Crushed Red Peppers 3.75# Jug

**CONTAINS: Milk** 

Nutrition Facts	
1 serving per containe Serving size	1/2 Cup (85g)
Amount per serving Calories	100
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate	23g <b>8%</b>
Dietary Fiber 0g	1%
Total Sugars 0g	
Added Sugars	
Protein 2g	
Vitamin D 0%	Calcium 0%
Iron 2%	Potassium 0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Basmati Rice**

INGREDIENTS: Water, Rice, White, Long Grain, Basmati

Nutrition 1 serving per container Serving size	Facts 1/4 Each (32g)
Amount per serving Calories	100
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 210mg	9%
Total Carbohydrate 16	6% <b>6%</b>
Dietary Fiber less tha	n 1g 3%
Total Sugars 1g	
Added Sugars	
Protein 3g	
Vitamin D 0% • C	alcium 2%
Iron 6% P * The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for general	a daily diet. 2,000

## **Grilled Naan**

INGREDIENTS: Naan, Canola & Sunflower-Olive Oil Blend (80/20) PE, Monarch Koshar Salt Ground Fine Box 3lb, Monarch Black Pepper Course Ground 5# Jug

Nutrition Facts
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1 serving per container Serving size 5	ounce (144g)
Amount per serving Calories	110
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 240mg	10%
Total Carbohydrate 15g	5%
Dietary Fiber 3g	12%
Total Sugars less than	1g
Added Sugars	
Protein 6g	
Vitamin D 0%  • Cale	cium 6%
Iron 20%  • Pota	assium 10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# Spinach Dahl

INGREDIENTS: CELLO SPINACH 4/2.5# PE, Water (^), Lentil,Dried,Green (^), 1/2' Diced Yellow Onions 5# PE, Coconut Milk (^), Canola & Sunflower-Olive Oil Blend (80/20) PE, Monarch Koshar Salt Ground Fine Box 3lb, Monarch Mustard Ground 15oz Shaker, Masala Spice Mix, Curry, Cumin, Monarch Chili Powder 5# Jug, Turmeric

#### **CONTAINS: Tree Nuts**

Nutrition	
1 serving per containe Serving size	3 ounce (87g)
Amount per serving Calories	25
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 150mg	7%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber 0g	2%
Total Sugars 2g	
Added Sugars	
Protein 3g	
Vitamin D 0% •	Calcium 4%
Iron 2%	Potassium 2%
* The % Daily Value (DV) tells in a serving of food contributes calories a day is used for gene	s to a daily diet. 2,000

# **Cucumber Raita**

INGREDIENTS: Diced Cucumber 5lb PE, Cross Valley Chopped Fresh Cilantro, Monarch Koshar Salt Ground Fine Box 3lb, MINT EACH PE, Cumin, Monarch Black Pepper Ground 5lb Jug, Yogurt Greek Plain

#### **CONTAINS: Milk**

<b>Nutrition</b> 1 serving per contained	
Serving size	1 ounce (28g)
Amount per serving Calories	60
	% Daily Value*
Total Fat 4g	5%
Saturated Fat 3g	16%
Trans Fat	
Cholesterol Omg	0%
Sodium 135mg	6%
Total Carbohydrate	5g <b>2%</b>
Dietary Fiber 0g	1%
Total Sugars 2g	
Added Sugars	
Protein less than 1g	
Vitamin D	Calcium 0%
Iron 2%	Potassium
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Sauce Tzatziki

INGREDIENTS: Tzatziki, KRONOS Brand CONTAINS: Milk, Tree Nuts

1 serving per containerServing size4 ounce	(125g)
Amount per serving Calories	140
% Dail	y Value*
Total Fat 5g	7%
Saturated Fat 1g	6%
<i>Trans</i> Fat 0g	
Cholesterol 90mg	30%
Sodium 105mg	5%
Total Carbohydrate 4g	1%
Dietary Fiber less than 1g	2%
Total Sugars less than 1g	
Added Sugars	
Protein 19g	
Vitamin D 0%	%
Iron 6% • Potassium * The % Daily Value (DV) tells you how much- in a serving of food contributes to a daily diet. calories a day is used for general nutrition adv	a nutrient 2,000

# **Chicken Tinga**

INGREDIENTS: 1/2' Diced Yellow Onions 5# PE, Corn Starch Slurry [Water (^), Cornstarch], Embasa Chipotle Pepper Whole 7oz Can (CHIPOTLE PEPPERS, WATER, TOMATO PASTE, CORN OIL, SALT, VINEGAR, CORN STARCH, ONION POWDER, GARLIC POWDER, AND SPICES), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), WHOLE PEELED GARLIC 6/3# PE (Garlic), Monarch Chili Powder 5# Jug (CHILI PEPPER, SPICES, SALT AND GARLIC POWDER ), Cumin, Monarch Oregano Leaf Dried 24oz Jug

1 serving per container Serving size 2.	5 ounce (69g)
Amount per serving Calories	30
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 30mg	1%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 2g	
Added Sugars	
Protein 1g	
Vitamin D 0%	cium 2%
Iron 4% • Pota * The % Daily Value (DV) tells you h in a serving of food contributes to a d calories a day is used for general nu	daily diet. 2,000

# **Cauliflower Adobo**

INGREDIENTS: Roasted Cauliflower [Cauliflower Floret 3# PE (Cauliflower), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug], Orange Juice Gallon PE (Oranges), 1/2' Diced Yellow Onions 5# PE, Packer Guajillo Chili Pepper Dried 5#, Viola Juice Lime Juice Gallon PE (Pure Lime Juice no added sugars), OREGANO EACH, WHOLE PEELED GARLIC 6/3# PE (Garlic), Sparrow Lane Apple Cider Vinegar 1 Gal Bottle, Bay Leaf

1 serving per container Serving size 4 ounce	(134g)
	230
% Dai	ly Value*
Total Fat 3g	4%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 510mg	22%
Total Carbohydrate 46g	17%
Dietary Fiber 1g	4%
Total Sugars less than 1g	
Added Sugars	
Protein 4g	
Vitamin D 0%	%
Iron 4% • Potassium	2%
* The % Daily Value (DV) tells you how much in a serving of food contributes to a daily diet. calories a day is used for general nutrition adv	2,000

# **Spanish Rice**

INGREDIENTS: Vegetable Broth (w/ Base) RETAIL [Water, Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS )], Rice,White,Long Grain,Basmati, SALSA (MEDIUM) GALLON PE (Salsa Mesa

TOMATO, ONION, CILANTRO, GARLIC, SERRANO CHILES, SALT, CITRIC ACID), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), WHOLE PEELED GARLIC 6/3# PE (Garlic), Seasoning Salt, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Cross Valley Chopped Fresh Cilantro, Durkee Cumin Seed While 16oz Shaker

## CONTAINS: Soy

1 serving per containerServing size4 ounce (1)	l14g)
Amount per serving Calories	50
% Daily	Value*
Total Fat <sup>0</sup> g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 190mg	8%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	9%
Total Sugars less than 1g	
Added Sugars	
Protein 3g	
Vitamin D 0% • Calcium 2%	
Iron 4% • Potassium 4 * The % Daily Value (DV) tells you how much a t in a serving of food contributes to a daily diet. 2, calories a day is used for general nutrition advice	nutrient 000

## Pinto Beans a la Charra

INGREDIENTS: Water, Bean,Pinto,Dry (^), PICO DE GALLO 5# PE, 1/2' Diced Yellow Onions 5# PE, Cross Valley Chopped Fresh Cilantro, WHOLE PEELED GARLIC 6/3# PE (Garlic), JALAPENO CHILE 10# PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.)

Nutrition Facts	
Serving size 1 ounce	e (36g)
Amount per serving Calories	10
% Dai	ly Value*
Total Fat <sup>0</sup> g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat	
Cholesterol Omg	0%
Sodium 250mg	11%
Total Carbohydrate 2g	1%
Dietary Fiber less than 1g	2%
Total Sugars 1g	
Added Sugars	
Protein less than 1g	
Vitamin D 0%  • Calcium 0 <sup>6</sup>	%
Iron 0%	
* The % Daily Value (DV) tells you how much in a serving of food contributes to a daily diet. calories a day is used for general nutrition adv	2,000

# Salsa Roja

INGREDIENTS: SALSA (MEDIUM) GALLON PE (Salsa Mesa

TOMATO, ONION, CILANTRO, GARLIC, SERRANO CHILES, SALT, CITRIC ACID)

Nutrition Facts		
1 serving per container Serving size 1 ounce (	(16g)	
Amount per serving Calories	0	
% Daily	Value*	
Total Fat <sup>0</sup> g	0%	
Saturated Fat 0g	0%	
Trans Fat		
Cholesterol Omg	0%	
Sodium 160mg	7%	
Total Carbohydrate less than 1g	0%	
Dietary Fiber less than 1g	2%	
Total Sugars less than 1g		
Added Sugars		
Protein <sup>0</sup> g		
Vitamin D • Calcium 0%		
Iron • Potassium		
* The % Daily Value (DV) tells you how much a r in a serving of food contributes to a daily diet. 2,0 calories a day is used for general nutrition advice	000	

## **Pickled Jalapeno**

INGREDIENTS: Jalapeno (JALAPENO PEPPERS,WATER, VINEGAR, SALT, CALCIUM CHLORIDE)

Nutrition Facts	\$
Serving size 1 ound	e (32g)
Amount per serving Calories	5
% Da	ily Value*
Total Fat <sup>0</sup> g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 15mg	1%
Total Carbohydrate 1g	0%
Dietary Fiber less than 1g	2%
Total Sugars less than 1g	
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D 0%	%
Iron 0%    Potassium	
* The % Daily Value (DV) tells you how much in a serving of food contributes to a daily diet calories a day is used for general nutrition ad	. 2,000

## **Radish Slices**

INGREDIENTS: Radish

Nutrition Facts	
Serving size	2 ounce (59g)
Amount per serving Calories	160
	% Daily Value*
Total Fat 13g	16%
Saturated Fat 9g	44%
Trans Fat	
Cholesterol 50mg	17%
Sodium 540mg	24%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 2g	
Added Sugars	
Protein <sup>8</sup> g	
Vitamin D 2%	Calcium 20%
The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gene	s to a daily diet. 2,000

# Cotija Cheese

INGREDIENTS: Cotija Cheese (CULTURED PASTEURIZED GRADE A MILK AND SKIM MILK, SEA SALT, AND ENZYMES) **CONTAINS: Milk** 

Nutrition 1 serving per container	
Serving size	1 ounce (28g)
Amount per serving Calories	60
	% Daily Value*
Total Fat 5g	7%
Saturated Fat 3g	14%
Trans Fat 0g	
Cholesterol 15mg	6%
Sodium 10mg	0%
Total Carbohydrate 1	lg <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars less th	ian 1g
Added Sugars	
Protein less than 1g	
Vitamin D 0% • 0	Calcium 2%
Iron 0% • F * The % Daily Value (DV) tells y in a serving of food contributes to calories a day is used for general	to a daily diet. 2,000

# Sour Cream

INGREDIENTS: Glenview Farms Sour Cream Pail 32# (Ingredients: Cultured Cream (Milk), Contains Less than 2% of: Whey (Milk), Food Starch-Modified (Corn), Sodium Tripolyphosphate, Carrageenan, Calcium Sulfate, Locust Bean Gum, Guar Gum, Potassium Sorbate (to preserve freshness).)

## **CONTAINS: Milk**

Nutritior	
1 serving per containe Serving size	er (249g)
Amount per serving Calories	750
	% Daily Value*
Total Fat 68g	88%
Saturated Fat 17g	85%
Trans Fat 0g	
Cholesterol 155mg	51%
Sodium 840mg	36%
Total Carbohydrate	6g <b>2%</b>
Dietary Fiber 0g	2%
Total Sugars 0g	
Added Sugars	
Protein 28g	
Vitamin D 0%	Calcium 4%
Tron 10% * The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gen	s to a daily diet. 2,000

## **Chicken Home Style**

INGREDIENTS: Chicken, Whole WOG, 4-4.5LB, Sauce Roasted Garlic Chicken Ju [Chix Broth (wBase) [Water, Custom Culinary Chicken Base SS No MSG (ROASTED CHICKEN, SALT, HYDROLYZED CORN PROTEIN, SUGAR, CHICKEN FAT, MALTODEXTRIN, YEAST EXTRACT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC, NATURAL FLAVORING, EXTRACTIVE OF ANNATTO.

)], Roasted Garlic [WHOLE PEELED GARLIC 6/3# PE (Garlic), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.)], Water, Cornstarch, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Tarragon ], Marinade Home Style Chicken [Canola & Sunflower-Olive Oil Blend (80/20) PE ((80%Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Viola Juice Lemon Juice 1Gal PE (Pure Lemon Juice No added sugars), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Grey Poupon Dijon Mustard 48oz Jar (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice

), Seasoning FNS [McCormick Onion Granulated Jug 5.75lb

(Onion), Monarch Chili Powder 5# Jug (CHILI PEPPER, SPICES, SALT AND GARLIC POWDER), Monarch Mustard Ground 15oz Shaker, Cumin, Monarch Cayenne Pepper Ground 16oz Shaker, Monarch Black Pepper Course Ground 5# Jug, Monarch Graic Granulated Pastic Jug (Dehydrated Garlic), Paprika, Smoked, Monarch Oregano Leaf Dried 24oz Jug, Monarch Coriander 14oz Shaker, Monarch Allspice Ground 16oz Bottle], Monarch Crushed Red Peppers 3.75# Jug (Red Pepper), 4, 3, 2, 1 Herb Mix Fresh [CHIVES DOZEN,

Parsley,Italian,Chopped,Fresh (^), THYME DOZEN PE, ROSEMARY DOZEN PE], Monarch Black Pepper Ground 5lb Jug]

**CONTAINS: Mustard** 

1 serving per container <b>Serving size</b>	6 ounce (173g)
Amount per serving Calories	160
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 430mg	19%
Total Carbohydrate 3	0g <b>11%</b>
Dietary Fiber 4g	13%
Total Sugars 6g	
Added Sugars	
Protein <sup>6</sup> g	
Vitamin D 0% • C	Calcium 2%
Iron 6%  • P	otassium 4%
* The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for genera	o a daily diet. 2,000

# **Risotto Butternut Squash Cake**

INGREDIENTS: Vegetable Broth (w/ Base) RETAIL [Water, Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS

)], Butternut Squash, Rice, Carnaroli, Cherry Glaze [Water, Dried Cherries PE, Rice Vinegar (Rice Vinegar, Invert Sugar, Salt, Diluted with Water to 4% Acidity), White Satin Sugar Fine Beet 50lb], Sauce Umami [Water, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Dried Shiitake Mushroom PE (Shiitake Mushroom)], Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Yeast, Nutritional, Pepitas Pumpkin Seeds PE (Pumpkin Seeds, Salt), Baby Arugula 4# PE, WHOLE PEELED SHALLOTS 5# PE, Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), WHOLE PEELED GARLIC 6/3# PE (Garlic), 4, 3, 2, 1 Herb Mix Fresh [CHIVES DOZEN,

Parsley,Italian,Chopped,Fresh (^), THYME DOZEN PE, ROSEMARY DOZEN PE]

CONTAINS: Soy

1 serving per containe Serving size	1 Each (262g)
Amount per serving Calories	550
	% Daily Value*
Total Fat 44g	57%
Saturated Fat 27g	136%
Trans Fat 1.5g	
Cholesterol 175mg	58%
Sodium 600mg	26%
Total Carbohydrate	26g <b>9%</b>
Dietary Fiber 2g	7%
Total Sugars 4g	
Added Sugars	
Protein 13g	
Vitamin D 10% •	Calcium 20%
Iron 8%	Potassium 15%
* The % Daily Value (DV) tells in a serving of food contributes calories a day is used for gene	s to a daily diet. 2,000

# **Potato Gratin**

INGREDIENTS: Potato, Crystal Creamery Heavy Cream Half Gallon, Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO, POTATO STARCH AND POWDERED CELLULOSE, NATAMYCIN), Cage Free,Liquid Egg (WHOLE EGG, CITRIC ACID), 4,3,2,1 Herb Mix [Chive, Thyme, Parsley,Fresh Herb (^), ROSEMARY DOZEN PE], Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

## CONTAINS: Egg, Milk

1 serving per container <b>Serving size</b>	3 ounce (85g)
Amount per serving Calories	120
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 210mg	9%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	8%
Total Sugars 2g	
Added Sugars	-
Protein 2g	
Vitamin D 0% • Ca	alcium 2%
	otassium 6%
* The % Daily Value (DV) tells you in a serving of food contributes to calories a day is used for general i	a daily diet. 2,000

## **Roasted Brussels and Butternut**

INGREDIENTS: Roasted Brussles Sprouts (3gm CHO) [PE HALVED BRUSSELS SPROUTS 2/5#, Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug], Roasted Butternut Squash Level 7 (11gm CHO) [PE DICED BUTTERNUT 1 INCH (POUND), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug]

Nutrition	Facts
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1 serving per container Serving size	3 Each (97g)
Amount per serving Calories	90
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 160mg	7%
Total Carbohydrate 7g	3%
Dietary Fiber 2g	7%
Total Sugars 2g	
Added Sugars	
Protein <sup>3</sup> g	
Vitamin D 0% • Ca	lcium 4%
Iron 10% • Po	tassium 4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Roasted Asparagus**

INGREDIENTS: Asparagus, WHOLE PEELED GARLIC 6/3# PE (Garlic), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Black Pepper Ground 5lb Jug, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

Nutrition Facts	
1 serving per contain Serving size	6 ounce (170g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 5g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate	46g <b>17%</b>
Dietary Fiber 1g	4%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0% •	Calcium 4%
Iron 2%  •	Potassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Jasmine Rice**

INGREDIENTS: Water, Rue and Forsman Jasmine Rice 25# PE

1 serving per containe Serving size	r 3 ounce (103g)
Amount per serving Calories	130
	% Daily Value*
Total Fat 10g	12%
Saturated Fat .5g	4%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 75mg	3%
Total Carbohydrate	10g <b>4%</b>
Dietary Fiber 2g	7%
Total Sugars 8g	
Added Sugars	
Protein 1g	
Vitamin D 0%	Calcium 2%
Iron 4%	Potassium 6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Roasted Beet Salad**

INGREDIENTS: Roasted Red Beets [UCDMC Local Diced Red Beets 5# (Beets), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug], Arcadia Salad Blend 4/3# PE, Citrus Vinaigrette [Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Local Wildflower Honey 1 Gallon PE (Honey), Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites), Orange Juice Gallon PE (Oranges), Viola Juice Lemon Juice 1Gal PE (Pure Lemon Juice No added sugars), Monarch Black Pepper Ground 5lb Jug, Grey Poupon Dijon Mustard 48oz Jar (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice )], Pickled Red Onion (25 gm CHO) [THICK SLICED RED ONION PE, Red Wine Vinegar (RED WINE VINEGAR, POTASSIUM METABISULFITE ), Water, White Satin Sugar Fine Beet 50lb, THYME DOZEN PE], Organic Fennel 12 Count PE

**CONTAINS: Mustard** 

1 serving per containe Serving size	er 6 ounce (277g)
Amount per serving Calories	310
	% Daily Value*
Total Fat 18g	24%
Saturated Fat 5g	25%
Trans Fat 1.5g	
Cholesterol 130mg	43%
Sodium 810mg	35%
Total Carbohydrate	13g <b>5%</b>
Dietary Fiber 2g	7%
Total Sugars 3g	
Added Sugars	
Protein 23g	
Vitamin D 2%	Calcium 4%
Iron 8%	Potassium 10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Chicken & Shrimp Gumbo**

INGREDIENTS: Water, Shrimp,Cooked, 1/2' Diced Yellow Onions 5# PE, DICED CARROTS 5# PE, Beef Sausage (Pork, water, non-fat milk powder, salt, spices, paprika, dextrose, natural flavoring, hydrolyzed soy and corn protein, dehydrated garlic, sodium phosphate, natural smoke flavoring, corn starch, sodium nitrate), Roux [Margarine (LIQUID SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AND CITRIC ACID, ARTIFICIAL FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE ADDED), Flour (Bleached wheat flour, malted barley flour)], Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Custom Culinary Chicken Base SS No MSG (ROASTED CHICKEN, SALT, HYDROLYZED CORN PROTEIN, SUGAR, CHICKEN FAT, MALTODEXTRIN, YEAST EXTRACT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC, NATURAL FLAVORING, EXTRACTIVE OF ANNATTO. ), Tabasco (Red tabasco pepper mash, distilled vinegar, small amount of Avery Island salt), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Viola Juice Lemon Juice 1Gal PE (Pure Lemon Juice No added sugars), Bay Leaf, Monarch Cayenne Pepper Ground 16oz Shaker, Gumbo File, Monarch Black Pepper Ground 5lb Jug **CONTAINS: Milk, Shellfish, Soy, Wheat** 

1 serving per container <b>Serving size</b>	8 ounce (300g)
Amount per serving Calories	180
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2.5g	14%
Trans Fat 2g	
Cholesterol Omg	0%
Sodium 1250mg	54%
Total Carbohydrate 2	23g <b>8%</b>
Dietary Fiber 4g	16%
Total Sugars 6g	
Added Sugars	
Protein 4g	
Vitamin D 0% • 0	Calcium 10%
Iron 10% • F	Potassium 10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# Okra Etoufee

INGREDIENTS: Okra (Okra), Vegetable Broth [Water, Custom Culinary Vegetarian Veg Base LS SS (A BLEND OF VEGETABLES POWDERS [TOMATO, ONION, CARROT, GARLIC], VEGETABLE PUREES [CARROT, CELERY, ONION], TOMATO PASTE, WATER, YEAST EXTRACT, TORULA YEAST, CANOLA OIL, PALM OIL, SUGAR, POTASSIUM CHLORIDE, SALT, CONTAINS 2 PERCENT OR LESS OF NATURAL FLAVORING, EXTRACT OF CARROT, DISODIUM INOSINATE, DISODIUM GUANYLATE.)], 1/2' Diced Yellow Onions 5# PE, 1/2' DICED GREEN BELL PEPPERS 5# PE, DICED CELERY 5#, DICED GREEN ONIONS 1# PE, Margarine (LIQUID SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AND CITRIC ACID, ARTIFICIAL FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE ADDED), Flour (Bleached wheat flour, malted barley flour), Tabasco (Red tabasco pepper mash, distilled vinegar, small amount of Avery Island salt), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), TAM'S CHOPPED PARSLEY 3# PE, Seasoning (Celery Salt, Mustard, Red Pepper, Black Pepper, Bay Leaves, Cloves, Allspice, Ginger, Mace, Cardamom, Cinnamon and Paprika

), Paprika,Smoked CONTAINS: Soy, Wheat

1 serving per container <b>Serving size</b>	3 ounce (259g)
Amount per serving Calories	110
	% Daily Value*
Total Fat 8g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 240mg	10%
Total Carbohydrate 8	g <b>3%</b>
Dietary Fiber 4g	14%
Total Sugars 1g	
Added Sugars	
Protein 4g	
Vitamin D 2% • C	Calcium 15%
	Potassium 8%
* The % Daily Value (DV) tells yo in a serving of food contributes to calories a day is used for genera	o a daily diet. 2,000

# **Collard Greens and Oyster Mushrooms**

INGREDIENTS: Vegetable Broth [Water, Custom Culinary Vegetarian Veg Base LS SS (A BLEND OF VEGETABLES POWDERS [TOMATO, ONION, CARROT, GARLIC], VEGETABLE PUREES ICARROT, CELERY, ONION], TOMATO PASTE, WATER, YEAST EXTRACT, TORULA YEAST, CANOLA OIL, PALM OIL, SUGAR, POTASSIUM CHLORIDE, SALT, CONTAINS 2 PERCENT OR LESS OF NATURAL FLAVORING, EXTRACT OF CARROT, DISODIUM INOSINATE, DISODIUM GUANYLATE.)], Water, Collard Greens, Cleaned, RoastedOysterMushrm [Unanalyzed Recipe], California Pure Olive Oil Case 1Gal PE (olive oil), WHOLE PEELED GARLIC 6/3# PE (Garlic), Blackening Spice Mix [Paprika, Smoked, McCormick Onion Granulated Jug 5.75lb (Onion), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Monarch Black Pepper Course Ground 5# Jug, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Cayenne Pepper Ground 16oz Shaker, Monarch Oregano Leaf Dried 24oz Jug, Thyme], Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Course Ground 5# Jug

Nutrition Facts	
1 serving per contain Serving size	6 ounce (170g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 5g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate	46g <b>17%</b>
Dietary Fiber 1g	4%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0% •	Calcium 4%
Iron 2%  •	Potassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Jasmine Rice**

INGREDIENTS: Water, Rue and Forsman Jasmine Rice 25# PE

1 serving per containe	er
Serving size	1 square (133g)
Amount per serving Calories	310
	% Daily Value*
Total Fat 9g	11%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 580mg	25%
Total Carbohydrate	51g <b>19%</b>
Dietary Fiber 5g	17%
Total Sugars 15g	
Added Sugars	
Protein 5g	
Vitamin D 0%	Calcium 4%
Iron 10% •	Potassium 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Cornbread Muffin**

INGREDIENTS: Cornbread Muffin Mix (ENRICHED FLOUR BLEACHED, DEGERMED YELLOW CORN MEAL, SUGAR, PALM OIL, WHEY, BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE, DEXTROSE, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, ARTIFICIAL FLAVOR, COLOR ADDED, SOY FLOUR ), Water, Corn

CONTAINS: Egg, Milk, Soy, Wheat

1 serving per container	
Serving size 4 ounce (226g)	
Amount per serving 430	
% Daily Value*	
Total Fat         14g         18%	
Saturated Fat 1.5g 7%	
<i>Trans</i> Fat 0g	
Cholesterol Omg 0%	
<b>Sodium</b> 60mg <b>3%</b>	
Total Carbohydrate58g21%	
Dietary Fiber 11g 39%	
Total Sugars 2g	
Added Sugars	
Protein 22g	
Vitamin D 0%  • Calcium 8%	
Iron 50%  • Potassium 30%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# Black Eye Pea Salad

INGREDIENTS: Bean,Black Eyed Peas,Dry,Raw, Water, Diced Cucumber 5lb PE (Cucumber), DICED RED BELL PEPPER 5# PE, Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), DICED GREEN ONIONS 1# PE, Viola Juice Lime Juice Gallon PE (Pure Lime Juice no added sugars), Tomato, JALAPENO CHILE 10# PE, TAM'S CHOPPED PARSLEY 3# PE

1 serving per container <b>Serving size</b>	8 ounce (259g)
Amount per serving Calories	200
	% Daily Value*
Total Fat 6g	7%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 350mg	15%
Total Carbohydrate 1	9g <b>7%</b>
Dietary Fiber 3g	10%
Total Sugars 5g	
Added Sugars	
Protein 17g	
Vitamin D 0% • 0	Calcium 4%
Iron 10% • F * The % Daily Value (DV) tells y in a serving of food contributes t calories a day is used for genera	o a daily diet. 2,000

# **Chicken Gochujang Stew**

INGREDIENTS: Compass Foods Diced Chicken 1/1" Thigh Raw, Potato,Peeled,Diced,Fresh,1", Chix Broth (w/Base) [Water, Custom Culinary Chicken Base SS No MSG (ROASTED CHICKEN, SALT, HYDROLYZED CORN PROTEIN, SUGAR, CHICKEN FAT, MALTODEXTRIN, YEAST EXTRACT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC, NATURAL FLAVORING, EXTRACTIVE OF ANNATTO. )], DICED CARROTS 5# PE, 1/2' Diced Yellow Onions 5# PE, DICED GREEN ONIONS 1# PE, Sauce,Korean,Chili,Paste (CORN SYRUP, WHEAT FLOUR, WATER, RED PEPPR POWDER, WHEAT SALT, MONOSODIUM GLUTAMATE, POTASSIUM SORBATE AS A PRESERVATIVE.

CONTAINS WHEAT AND SOYBEAN), Peeled Ginger 5# PE, Monarch Sesame Seed 18oz Shaker, Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), WHOLE PEELED GARLIC 6/3# PE (Garlic), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Local Wildflower Honey 1 Gallon PE (Honey)

## CONTAINS: Soy, Wheat

1 serving per container Serving size	8 ounce (236g)
Amount per serving Calories	190
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 790mg	34%
Total Carbohydrate	20g <b>7%</b>
Dietary Fiber 3g	12%
Total Sugars 5g	
Added Sugars	
Protein 3g	
Vitamin D 0%	Calcium 4%
	Potassium 8%
* The % Daily Value (DV) tells y in a serving of food contributes calories a day is used for gener	to a daily diet. 2,000

## **Butternut Squash Curry**

INGREDIENTS: Vegetable Broth (w/ Base) RETAIL [Water, Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS )], PE DICED BUTTERNUT 1 INCH (POUND), 1' DICED YELLOW ONION 5#, Mishroom Thin Sliced PE, 1' DICED CARROT 5# PE, 1' DICED CELERY 5# PE, Butter,Unsalted,Solid(^), Flour (Bleached wheat flour, malted barley flour), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Peeled Ginger 5# PE, WHOLE PEELED GARLIC 6/3# PE (Garlic), Local Wildflower Honey 1 Gallon PE (Honey), Garam Masala (CUMIN SEEDS, CORIANDER SEEDS, CINNAMON, BLACK PEPPER, CARDAMOM, CLOVES, NUTMEG, BAY LEAVES), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

#### CONTAINS: Soy, Wheat

Nutrition Facts	
1 serving per contain Serving size	6 ounce (170g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 5g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate	46g <b>17%</b>
Dietary Fiber 1g	4%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0% •	Calcium 4%
Iron 2%  •	Potassium 2%
* The % Daily Value (DV) tell in a serving of food contribute calories a day is used for ger	es to a daily diet. 2,000

## **Jasmine Rice**

INGREDIENTS: Water, Rue and Forsman Jasmine Rice 25# PE

Nutritio 1 serving per contain Serving size	ner
Serving size	6 ounce (170g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate	43g <b>16%</b>
Dietary Fiber 2g	7%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0%	Calcium 0%
Iron 4%	Potassium 4%
* The % Daily Value (DV) te in a serving of food contribu calories a day is used for ge	tes to a daily diet. 2,000

## **Brown Rice**

INGREDIENTS: Water, Rue and Forsman Brown Rice Long Grain 25#

N	utritio	n Facts
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1 serving per container <b>Serving size</b>	3 ounce (91g)
Amount per serving Calories	80
	% Daily Value*
Total Fat 5g	6%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 310mg	13%
Total Carbohydrate	)g <b>3%</b>
Dietary Fiber 3g	11%
Total Sugars 2g	
Added Sugars	
Protein 4g	
Vitamin D 0% • 0	Calcium 10%
	Potassium 8%
* The % Daily Value (DV) tells y in a serving of food contributes t calories a day is used for genera	to a daily diet. 2,000

# Kale Kobachi

INGREDIENTS: CHOPPED KALE #2 PE (Kale), Packer Manjo Aji Mirin Wine 60oz Jug (Rice), Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.

), California Pure Olive Oil Case 1Gal PE (olive oil), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Sesame Seed 18oz Shaker, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

**CONTAINS:** Sesame, Soy

1 serving per container	
Serving size 3 ounce (112	<u>2g)</u>
Amount per serving 19	0
Caloffes	_
% Daily Val	ue*
Total Fat 17g 22	2%
Saturated Fat 2.5g 12	2%
<i>Trans</i> Fat 0g	
Cholesterol Omg C	)%
Sodium 350mg 15	5%
Total Carbohydrate 8g 3	3%
Dietary Fiber 2g	6%
Total Sugars 6g	
Added Sugars	
Protein 2g	
Vitamin D 0%	
Iron 4% • Potassium 6%	_
* The % Daily Value (DV) tells you how much a nutr in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	ient

# Asian Salad

INGREDIENTS: Spring Mix 5/3# Special PE (Arugula,Romaine, Red/Green Oak Leaf, Mizuna, Radicchio, Tango, Frisee, Lolla Rossa, Red Perella, Spinach, Chard, Tatsoi, Mustard Greens, Beet Greens), GingerSoyDressing [Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.

), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Sugar,Brown,Medium (^), Cross Valley Chopped Fresh Cilantro, Viola Juice Lime Juice Gallon PE (Pure Lime Juice no added sugars), Peeled Ginger 5# PE, WHOLE PEELED GARLIC 6/3# PE (Garlic)], FAJITA RED BELL PEPPER 5#, CHOPPED BOK CHOY (1.5 INCH) PE (Bok Choy), Clementine Orange, Grimmway Farms Shredded Orange & Yellow Carrots (Carrots), Monarch Sesame Seed 18oz Shaker

#### **CONTAINS:** Sesame, Soy

# Wok

1 serving per containerServing size6 ounce (222g)
Amount per serving 250 Calories
% Daily Value*
Total Fat 9g 11%
Saturated Fat 1.5g 7%
<i>Trans</i> Fat 0g
Cholesterol 85mg 28%
<b>Sodium</b> 800mg <b>35%</b>
Total Carbohydrate 24g 9%
Dietary Fiber 2g 7%
Total Sugars 18g
Added Sugars
Protein 20g
Vitamin D 0%  • Calcium 4%
Iron 8% • Potassium 10% * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Chicken Thai Basil

INGREDIENTS: Chicken,Diced, Thigh Meat,Raw (^), Bell Peppers, Onion, Brown Sugar (BROWN SUGAR), Sauce,Fish (Anchovy, Sea Salt), Canola/Olive Oil ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Corn Starch Slurry [Water (^), Cornstarch], Garlic, Onion, Jalapeno, Chili Garlic (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfite, Zanthan Gum), Tamari (WATER, SOYBEANS, SALT, SODIUM BENZOATE

), Thai Basil, Oyster Sauce (Water, sugar, salt, oyster extractives, modified corn starch, caramel color

## CONTAINS: Fish, Soy

1 serving per container Serving size	1 Cup (463g)
	i Cup (4039)
Amount per serving Calories	210
	% Daily Value*
Total Fat 7g	9%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 610mg	26%
Total Carbohydrate 33g	12%
Dietary Fiber 7g	26%
Total Sugars 9g	
Added Sugars	
Protein 6g	
Vitamin D 0%	cium 4%
	assium 20%
* The % Daily Value (DV) tells you h in a serving of food contributes to a calories a day is used for general nu	daily diet. 2,000

# Japanese Vegetable Curry

INGREDIENTS: Broth, Vegetable, Canned (VEGETABLE STOCK (WATER AND CONCENTRATED JUICES OF CARROTS, CELERY, CELERIAC, ONION, CABBAGE), SALT, CANE SUGAR, CARROT JUICE, TOMATO PUREE (WATER, TOMATO PASTE), YEAST EXTRACT, VEGETABLES (CARROTS, ONIONS, CELERY), NATURAL FLAVORING (CONTAINS ACETIC ACID), POTATO FLOUR, DEHYDRATED CARROTS), Mushroom, Button, Carrot, Potato, Peppers, Bell, Red, Diced, Fresh (^), Onion, Canola/Olive Oil ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Flour (Bleached wheat flour, malted barley flour), Curry

## **CONTAINS: Wheat**

<b>Nutrition</b> 1 serving per contained	
Serving size	4 ounce (91g)
Amount per serving Calories	110
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate	24g <b>9%</b>
Dietary Fiber 0g	1%
Total Sugars 0g	
Added Sugars	
Protein 2g	
Vitamin D 0%	Calcium 0%
Iron 8%	Potassium 0%
* The % Daily Value (DV) tell in a serving of food contribute calories a day is used for gen	es to a daily diet. 2,000

## **Jasmine Rice**

INGREDIENTS: Water, Rice

1 serving per contain Serving size	4 ounce (142g)
Amount per serving Calories	45
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate	9g <b>3%</b>
Dietary Fiber 3g	10%
Total Sugars 4g	
Added Sugars	
Protein 3g	
Vitamin D 0%	Calcium 4%
Iron 4%	Potassium 8%

# **Vegetable Stir Fry**

INGREDIENTS: Broccoli, Bell Peppers, Mushroom, Thin Sliced (^), Carrot, Onion, Bok Choy (BOK CHOY), Garlic

Nutrition Facts	
1 serving per container Serving size 1 Eacl	h (30g)
Amount per serving Calories	80
% Dai	ly Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber less than 1g	4%
Total Sugars 4g	
Added Sugars	
Protein <sup>3</sup> g	
Vitamin D	
Iron • Potassium	
* The % Daily Value (DV) tells you how much in a serving of food contributes to a daily diet. calories a day is used for general nutrition adv	2,000

## **Steamed Bao**

INGREDIENTS: Chi Mei Frozen Slice Roll (Flour, water, sucrose, yeast, milk powder, palm oil, compound emulsifier, coconut oil, whole egg powder, corn starch, salt, cream, compound quality improver, spices, compound coloring agent)

Nutrition Facts	S
1 serving per container Serving size 4 ounc	e (145g)
Amount per serving Calories	220
% D	aily Value*
Total Fat <sup>8</sup> g	11%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 105mg	36%
Sodium 440mg	19%
Total Carbohydrate 12g	4%
Dietary Fiber less than 1g	2%
Total Sugars 9g	
Added Sugars	
Protein 23g	
Vitamin D 0%	2%
Iron 6%     Potassiun	n 8%
* The % Daily Value (DV) tells you how muc in a serving of food contributes to a daily die calories a day is used for general nutrition a	t. 2,000

## **Spicy Hoisin Chicken**

INGREDIENTS: Compass Foods Diced Chicken 1/1" Thigh Raw, Sauce Spicy Hoisin, Canola & Sunflower-Olive Oil Blend (80/20) PE

CONTAINS: Sesame, Soy, Wheat

1 serving per container Serving size	1 fl oz (38g)	
Amount per serving Calories	80	
	% Daily Value*	
Total Fat 1g	1%	
Saturated Fat 0g	1%	
Trans Fat 0g		
Cholesterol Omg	0%	
Sodium 440mg	19%	
Total Carbohydrate 16g	6%	
Dietary Fiber less than 1	g 2%	
Total Sugars 12g		
Added Sugars	-	
Protein less than 1g		
Vitamin D 0%	um 2%	
Iron 2%  • Potas	ssium 2%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

# **Spicy Hoisin Sauce**

INGREDIENTS: Hoisin Sauce, Huy Fong Foods Chili Garlic Sauce 136oz Jug, Sugar,Brown,Medium (^), Rice Vinegar, Sherry, Cross Valley Chopped Fresh Cilantro, DICED GREEN ONIONS 1# PE, Roalnd Sesame Oil 1Gal Jug, Monarch Ground Ginger Shaker 15oz, WHOLE PEELED GARLIC 6/3# PE, Tabasco Sriracha Chili Sauce Squeeze Bottle 20oz, Monarch Black Pepper Course Ground 5# Jug

CONTAINS: Sesame, Soy, Wheat

Nutrition Facts	
Serving size	3 ounce (148g)
Amount per serving Calories	280
	% Daily Value*
Total Fat 13g	16%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 140mg	6%
Total Carbohydrate 3	0g <b>11%</b>
Dietary Fiber 1g	5%
Total Sugars less than 1g	
Added Sugars	
Protein 16g	
Vitamin D 0%	
Iron 20%  • Potassium 4%  * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# **Tofu Katsu Strips**

INGREDIENTS: TOFU, FIRM 20 POUND (ORGANIC) PE, Milk Sub,Soy,Plain,Quart (Cafe), Crumbs Panko Bread Crumbs, Flour, Rice Oil Produce Express 35 Pounds, Cornstarch, Monarch Paprika Spanish 5# Jug, Monarch Koshar Salt Ground Fine Box 3lb

## CONTAINS: Soy, Wheat

Nutrition	
1 serving per containe Serving size	er 1/2 Tbsp (8g)
Amount per serving Calories	45
	% Daily Value*
Total Fat 5g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 50mg	2%
Total Carbohydrate	0g <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D	Calcium 0%
Iron 0%  •	Potassium 0%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gen	s to a daily diet. 2,000

## Sriracha Mayonnaise

INGREDIENTS: Kraft Mayonnaise 1 Gal Shelf Stable, Tabasco Sriracha Chili Sauce Squeeze Bottle 20oz

CONTAINS: Egg, Soy

1 serving per container <b>Serving size</b>	2 ounce (61g)
Amount per serving Calories	100
	% Daily Value*
Total Fat 10g	13%
Saturated Fat .5g	4%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 360mg	16%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 2g	
Added Sugars	
Protein less than 1g	
Vitamin D 0% • Ca	lcium 2%
Iron 2%  • Po	tassium 2%
* The % Daily Value (DV) tells you in a serving of food contributes to a calories a day is used for general r	a daily diet. 2,000

### **Cilantro Lime Slaw**

INGREDIENTS: COLESLAW 4/5# PE, Cilantro Lime Vin [Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Viola Juice Lime Juice Gallon PE (Pure Lime Juice no added sugars), Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites), Agave,Syrup,Organic (^), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Cross Valley Chopped Fresh Cilantro, Monarch Black Pepper Ground 5lb Jug], Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

<b>Nutrition</b> 1 serving per container	Facts
Serving size	5 oz (140g)
Amount per serving Calories	350
	% Daily Value*
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 200mg	9%
Total Carbohydrate 7	'1g <b>26%</b>
Dietary Fiber 3g	10%
Total Sugars less th	an 1g
Added Sugars	
Protein 12g	
Vitamin D 0% • 0	Calcium 0%
Iron 0% • F	Potassium 0%
* The % Daily Value (DV) tells yo in a serving of food contributes t	

calories a day is used for general nutrition advice.

### **Ramen Noodles**

INGREDIENTS: Noodle,Ramen (Wheat flour, water, Kansui (water, potassium carbonate, sodium carbonate), propylene glycol, dried egg-white, wheat gluten, emulsifier (sorbitol, polyglyerol esters of fatty acids, ascorbyl palmitate, rapeseed oil, soy lecithin), calcium oxide, salt, FD&C Yellow #5), Water

### CONTAINS: Egg, Wheat

1 serving per container Serving size 8	3 ounce (295g)
Amount per serving Calories	45
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 540mg	24%
Total Carbohydrate 6g	2%
Dietary Fiber less than	1g <b>3%</b>
Total Sugars 2g	
Added Sugars	
Protein 4g	
Vitamin D 0% • Ca	lcium 0%
Iron 0% • Poi * The % Daily Value (DV) tells you in a serving of food contributes to a calories a day is used for general n	daily diet. 2,000

### **Miso Ramen Broth**

INGREDIENTS: Water, Miso (Filtered Water, Cultured Rice, Organic Whole Soy Beans, Salt, Aspergillus Oryzae & Potassium Sorbate), Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS ), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), WHOLE PEELED GARLIC 6/3# PE (Garlic), Huy Fong Foods Chili Garlic Sauce 136oz Jug (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite as Preservatives, Xanthan Gum.), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Peeled Ginger 5# PE

1 serving per container	
Serving size 8 ounce (	262g)
Amount per serving	30
Calories	
% Daily	
Total Fat 1g	1%
Saturated Fat 0g	1%
<i>Trans</i> Fat 0g	
Cholesterol less than 5mg	1%
Sodium 750mg	33%
Total Carbohydrate 4g	2%
Dietary Fiber 0g	0%
Total Sugars 3g	
Added Sugars	
Protein less than 1g	
Vitamin D 0%	)
Iron 0%    Potassium (	)%
* The % Daily Value (DV) tells you how much a in a serving of food contributes to a daily diet. 2 calories a day is used for general nutrition advice	,000,

## **Chicken Ramen Broth**

INGREDIENTS: Chix Broth (w/Base) [Water, Custom Culinary Chicken Base SS No MSG (ROASTED CHICKEN, SALT, HYDROLYZED CORN PROTEIN, SUGAR, CHICKEN FAT, MALTODEXTRIN, YEAST EXTRACT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC, NATURAL FLAVORING, EXTRACTIVE OF ANNATTO. )], Water, Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), White Satin Sugar Fine Beet 50lb, WHOLE PEELED GARLIC 6/3# PE (Garlic), Huy Fong Foods Chili Garlic Sauce 136oz Jug (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite as Preservatives, Xanthan Gum.), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Peeled Ginger 5# PE

1 serving per container <b>Serving size</b>	4 ounce (126g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 105mg	36%
Sodium 210mg	9%
Total Carbohydrate 2	g <b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 2g	
Added Sugars	
Protein 23g	
Vitamin D 0% • C	Calcium 2%
Iron 6% • F	Potassium 6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## Chicken Bulgogi

INGREDIENTS: Compass Foods Diced Chicken 1/1" Thigh Raw, Marinade Bulgogi [Unanalyzed Recipe], Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.)

#### **CONTAINS: Sesame**

1 serving per container	
	ce (174g)
Amount per serving Calories	350
%	Daily Value*
Total Fat 22g	28%
Saturated Fat 3g	14%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 740mg	32%
Total Carbohydrate 23g	9%
Dietary Fiber 1g	4%
Total Sugars 19g	
Added Sugars	
Protein 16g	
Vitamin D 0%	30%
Iron 20% Potassiu * The % Daily Value (DV) tells you how mu in a serving of food contributes to a daily d calories a day is used for general nutrition	uch a nutrient liet. 2,000

# Tofu Korean BBQ

INGREDIENTS: TOFU, FIRM 20 POUND (ORGANIC) PE (water, organic-gmo soybeans, calcium sulfate), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), White Satin Sugar Fine Beet 50lb, WHOLE PEELED GARLIC 6/3# PE (Garlic), Tabasco Sriracha Chili Sauce Squeeze Bottle 20oz (RED JALAPENO PEPPER, WATER, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, XANTHAN GUM AND TABASCO BRAND PEPPER SAUCE DISTILLED VINEGAR, RED PEPPER AND SALT.)

1 serving per container <b>Serving size</b>	3 ounce (87g)
Amount per serving Calories	40
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 105mg	5%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	5%
Total Sugars 1g	
Added Sugars	
Protein 2g	
Vitamin D 0% • Ca	lcium 6%
Iron 4% • Po * The % Daily Value (DV) tells you in a serving of food contributes to a calories a day is used for general n	a daily diet. 2,000

## Stir Fried Bok Choy, Broccoli, Carrot

INGREDIENTS: CHOPPED BOK CHOY (1.5 INCH) PE (Bok Choy), BROCCOLI FLORETS 4/3# PE, Grimmway Farms Shredded Orange & Yellow Carrots (Carrots), Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.

), Canola & Sunflower-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Peeled Ginger 5# PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

#### **CONTAINS: Sesame**

1 serving per containe Serving size	er 1 Sandwich (437g)
	1 Sandwich (457g)
Amount per serving	720
Calories	
	% Daily Value*
Total Fat 40g	52%
Saturated Fat 12g	61%
Trans Fat 0g	
Cholesterol 160mg	54%
Sodium 930mg	41%
Total Carbohydrate	39g <b>14%</b>
Dietary Fiber 2g	8%
Total Sugars 28g	
Added Sugars	
Protein 48g	
Vitamin D 10% •	Calcium 6%
Iron 20% * The % Daily Value (DV) tell in a serving of food contribute	es to a daily diet. 2,000
calories a day is used for gen	ierai nutrition advice.

## Banh Mi Pork Sandwich

INGREDIENTS: Pulled Pork [Pork,Butt Boneless,Raw,Fresh, Safflower Oil, Sugar, Kosher Salt, White Pepper, Garlic], Radish,Daikon, Carrot, White Vinegar, Water (^), Sugar, Baguette (Unbleached Flour, Water, Yeast, Salt, Sesame Seeds), Jalapeno, Cilantro,Fresh (^), Sriracha Mayonnaise [Mayonnaise (SOYBEAN OIL, WATER, EGGS, VINEGAR, EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONIONS, DRIED GARLIC, PAPRIKA, CALCIUM DISODIUM EDTA ), Srirachi (CHILI, SUGAR, GARLIC, SALT, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFATE AND XANTHAN GUM

)], Kosher Salt

CONTAINS: Egg, Soy, Wheat

1 serving per container	
Serving size	1 Each (344g)
Amount per serving	670
<u>Calories</u>	070
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 1410mg	61%
Total Carbohydrate 82	g <b>30%</b>
Dietary Fiber 4g	14%
Total Sugars 34g	
Added Sugars	
Protein 25g	
Vitamin D 0%	alcium 35%
Iron 40%  • Po	otassium 8%
* The % Daily Value (DV) tells you in a serving of food contributes to calories a day is used for general	a daily diet. 2,000

# Banh Mi Tofu Sandwich

INGREDIENTS: Tofu Korean BBQ [Tofu,Firm (water, organic-gmo soybeans, calcium sulfate), Sauce Korean BBQ [Ketchup,Pouch,1 Gal(^) (Tomato concentrate from red ripe tomatoes, distilled vinegar, sugar, salt, onion powder, spice, natural flavoring), Agave,Syrup,Organic (^), Brown Sugar (BROWN SUGAR), Sweet Chili Sauce (SUGAR, WATER, RED CHILI, VINEGAR, GARLIC, SALT, XANTHAN GUM ), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Oil,Sesame,Imported (^), Garlic, Chili Garlic (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfite, Zanthan Gum), Paprika, Sesame Seed], Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Canola/Olive Oil ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Sugar, Garlic, Srirachi (CHILI, SUGAR, GARLIC, SALT, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFATE AND XANTHAN GUM

)], Baguette (Unbleached Flour, Water, Yeast, Salt, Sesame Seeds), Radish,Daikon, Carrot, White Vinegar, Water (^), Sugar, Jalapeno, Cilantro,Fresh (^), Sriracha Mayonnaise [Mayonnaise

(SÓYBEAN ÒIL, WATER, EGGS, VINEGAR, EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONIONS, DRIED GARLIC, PAPRIKA, CALCIUM DISODIUM EDTA ), Srirachi (CHILI, SUGAR, GARLIC, SALT, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFATE AND XANTHAN GUM )], Kosher Salt

CONTAINS: Egg, Soy, Wheat

1 serving per container Serving size	6 ounce (202g)
Amount per serving Calories	490
	% Daily Value*
Total Fat 35g	44%
Saturated Fat 7g	34%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 330mg	14%
Total Carbohydrate	43g <b>16%</b>
Dietary Fiber 3g	12%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0%	Calcium 2%
Tron 6% * The % Daily Value (DV) tells in a serving of food contributes calories a day is used for gene	to a daily diet. 2,000

### **Sriracha French Fries**

INGREDIENTS: French Fries (Potatoes, Vegetable Oil (Contains one or more of the following: Soybean Oil, Canola Oil), Disodium Dihydrogen Pyrophosphate, Dextrose), Canola Oil, Seasoning,Sriracha,Powder (SPICES (INCLUDING PAPRIKA), SUGAR, SALT, GARLIC, CITRIC ACID, CORN MALTODEXTRIN, CAYENNE PEPPERSAUCE (SALT, AGED CAYENNE RED PEPPERS, VINEGAR, GARLIC), EXTRACTIVES OF PAPRIKA, CALCIUM SILICATE & SILICON DIOXIDE (TO MAKE FREE FLOWING), NATURAL FALVOR, & VINEGAR SOLIDS.), Garlic, Parsley

Nutrition	
1 serving per container Serving size	1/2 Tbsp (1g)
Amount per serving Calories	10
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 10mg	0%
Total Carbohydrate	0g <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D	Calcium 0%
Iron         0%         Potassium         0%           * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

### Sriracha Mayonnaise

INGREDIENTS: Mayonnaise (SOYBEAN OIL, WATER, EGGS, VINEGAR, EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONIONS, DRIED GARLIC, PAPRIKA, CALCIUM DISODIUM EDTA

), Srirachi (CHILI, SUGAR, GARLIC, SALT, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFATE AND XANTHAN GUM

#### CONTAINS: Egg, Soy

1 serving per containerServing size4 ounce (174g)
Amount per serving 350 Calories
% Daily Value*
Total Fat 22g 28%
Saturated Fat 3g 14%
<i>Trans</i> Fat 0g
Cholesterol 0mg 0%
<b>Sodium</b> 740mg <b>32%</b>
Total Carbohydrate 24g 9%
Dietary Fiber 1g 5%
Total Sugars 19g
Added Sugars
Protein 16g
Vitamin D 0%  • Calcium 30%
Iron 20%  • Potassium 6%  * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Tofu Korean BBQ

INGREDIENTS: Tofu,Firm (water, organic-gmo soybeans, calcium sulfate), Sauce Korean BBQ [Ketchup,Pouch,1 Gal(^) (Tomato concentrate from red ripe tomatoes, distilled vinegar, sugar, salt, onion powder, spice, natural flavoring), Agave,Syrup,Organic (^), Brown Sugar (BROWN SUGAR), Sweet Chili Sauce (SUGAR, WATER, RED CHILI, VINEGAR, GARLIC, SALT, XANTHAN GUM ), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Oil,Sesame,Imported (^), Garlic, Chili Garlic (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfite, Zanthan Gum), Paprika, Sesame Seed], Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Canola/Olive Oil ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Sugar, Garlic, Srirachi (CHILI, SUGAR, GARLIC, SALT, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFATE AND XANTHAN GUM

Nutrition Facts	
1 serving per contain Serving size	4 ounce (126g)
Amount per serving Calories	260
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 170mg	7%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 2g	
Added Sugars	
Protein 21g	
Vitamin D 4%	Calcium 2%
Iron 8%	Potassium 8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Pulled Pork**

INGREDIENTS: Pork,Butt Boneless,Raw,Fresh, Safflower Oil, Sugar, Kosher Salt, White Pepper, Garlic

<b>Nutrition F</b>	acts
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1 serving per container Serving size	2 oz (57g)
Amount per serving Calories	160
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 500mg	22%
Total Carbohydrate 22g	8%
Dietary Fiber less than 1g	3%
Total Sugars 23g	
Added Sugars	
Protein 1g	
Vitamin D 0%	m 2%
Iron 4% • Potass * The % Daily Value (DV) tells you how in a serving of food contributes to a daily calories a day is used for general nutritic	/ diet. 2,000

### Sauce Korean BBQ

INGREDIENTS: Ketchup,Pouch,1 Gal(^) (Tomato concentrate from red ripe tomatoes, distilled vinegar, sugar, salt, onion powder, spice, natural flavoring), Agave,Syrup,Organic (^), Brown Sugar (BROWN SUGAR), Sweet Chili Sauce (SUGAR, WATER, RED CHILI, VINEGAR, GARLIC, SALT, XANTHAN GUM ), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Oil,Sesame,Imported (^), Garlic, Chili Garlic (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfite, Zanthan Gum), Paprika, Sesame Seed

Nutrition Facts	
1 serving per containe Serving size	3 ounce (256g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1010mg	44%
Total Carbohydrate	50g <b>18%</b>
Dietary Fiber 2g	6%
Total Sugars 47g	
Added Sugars	
Protein less than 1g	
Vitamin D 0%  •	Calcium 2%
Iron 2%  •	Potassium 6%
* The % Daily Value (DV) tells in a serving of food contribute calories a day is used for gen	es to a daily diet. 2,000

## **Pickled Vegetables**

INGREDIENTS: White Vinegar, Water (^), Sugar, Radish, Daikon, Carrot, Cucumber, Jalapeno, Kosher Salt

1 serving per containe	
Serving size	5 ounce (303g)
Amount per serving Calories	580
Guiorico	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 130mg	44%
Sodium 1390mg	60%
Total Carbohydrate	85g <b>31%</b>
Dietary Fiber 4g	14%
Total Sugars 9g	
Added Sugars	
Protein 35g	
Vitamin D 0% •	Calcium 4%
Iron 15% •	Potassium 8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

## **Orange Chicken**

INGREDIENTS: Chicken, Diced, Thigh Meat, Raw (^), Flour, Tempura, Sauce Orange Chicken [Orange Juice, White Vinegar, Sugar, Water, Cornstarch, Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Chili Garlic (Chili, Salt, Garlic, Acetic Acid, Potassium Sorbate and Sodium Bisulfite, Zanthan Gum), Brown Sugar (BROWN SUGAR)], Water, Onion, Sesame Seed, Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Canola/Olive Oil ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Garlic, Kosher Salt, Ginger Fresh,Peeled (^) (GINGER), Black Pepper

CONTAINS: Soy, Wheat

Nutrition	Facts
dia manana a a matalia a m	

1 serving per containe	
Serving size	5 ounce (325g)
Amount per serving Calories	430
	% Daily Value*
Total Fat 21g	27%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 1100mg	48%
Total Carbohydrate	51g <b>19%</b>
Dietary Fiber 5g	16%
Total Sugars 29g	
Added Sugars	
Protein 14g	
Vitamin D 0% •	Calcium 25%
Iron 25% • * The % Daily Value (DV) tells in a serving of food contributes calories a day is used for gene	s to a daily diet. 2,000

### **Tofu Sweet and Sour**

INGREDIENTS: Tofu [Tofu,Firm (water, organic-gmo soybeans, calcium sulfate), Canola Oil, Cornstarch, Kosher Salt, White Pepper], Polynesian Glaze [Ketchup,Pouch,1 Gal(^) (Tomato concentrate from red ripe tomatoes, distilled vinegar, sugar, salt, onion powder, spice, natural flavoring), Brown Sugar (BROWN SUGAR), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Pineapple Juice, Garlic, Ginger Fresh,Peeled (^) (GINGER), Sesame Seed], Onion, Celery, Red Bell Pepper, Carrot, Mushroom,Thin Sliced (^), Seasoning,5 Spice, Safflower Oil

<b>Nutrition Fac</b> 1 serving per container	ts
	nce (91g)
Amount per serving Calories	170
%	Daily Value*
Total Fat <sup>0</sup> g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 36g	13%
Dietary Fiber less than 1g	2%
Total Sugars 0g	
Added Sugars	
Protein 3g	
Vitamin D 0%	2%
Iron 10% • Potassium 2% * The % Daily Value (DV) tells you how much a nutrient	
in a serving of food contributes to a daily of calories a day is used for general nutrition	

## **Jasmine Rice**

INGREDIENTS: Water, Rice