

to provide an exceptional Experience for Patients and Employees at UC Davis Health.

### **About Our Values**

Dive into the heart of our community as we share the results of extensive research, including surveys with over 1600 patients and their families, and feedback from over 400 employees.

### **Our Values**



**Kindness** 



**Trust** 



**Inclusion** 

### **Goals of Our Values**

**Know our values** – Reflect on what each value means to you. **Build our values** into everyday behaviors.

Live our Values to create a world class experience for employees and patients.



## **How to Live Our Values**

Follow through on what you say you will do and when you say it will be done.

Greet people by name, and with a smile (even when on the phone).

Express interest in people as individuals.
Ask about their life beyond the hospital, office, clinic...

Speak positively about colleagues, patients, staff members, and the organization

Engage in thoughtful communication, being mindful of words and tone.

Be mindful of tone and word choice, while acknowledging that we all have unconscious biases.

Keep private or confidential information private and confidential.

Truly listen to patients, colleagues and coworkers, don't just hear what they tell you.

Ensure patients and team members summarize their care plan or task to confirm understanding.

Actively listen and offer support to those around you.

Introduce yourself.
Share what role you play in the organization.

Be open minded of other people's cultures, beliefs, foods, and celebrations.

### How will you.....







**Think Differently** 

**Plan Differently** 

**Act Differently** 



To learn more or schedule a workshop: hs-patientexperience@ucdavis.edu



#### Patient Experience Week 2024



# starts with

As we celebrate
Patient Experience
Week, we would love
to see how you and
other UC Davis Health
team members show
Kindness, Trust, and
Inclusion.

## Share the wonderful moments Living Our Values

Send a photo and be showcased on a social post!

HS-PXWeek@ucdavis.edu

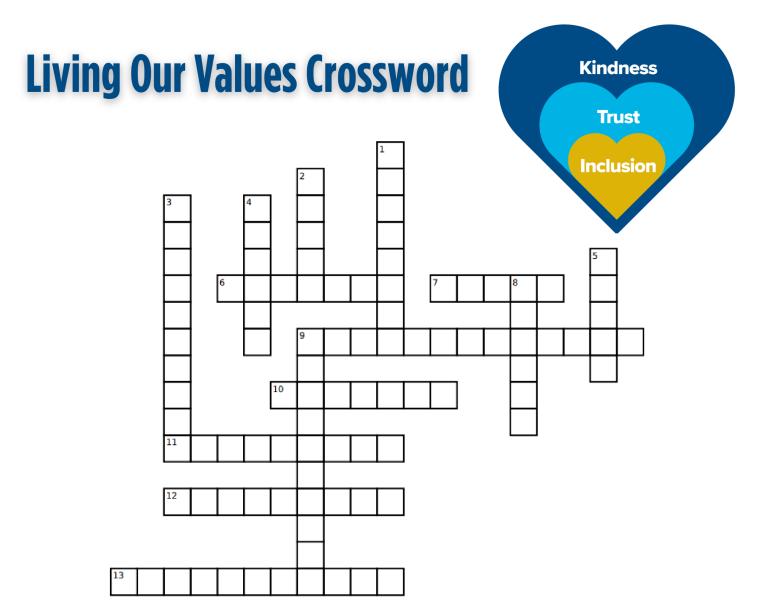




## Patient Experience Week Activities



Experience Design and Support



#### Down:

- the quality or state of being kind
- to address with expression of kind wishes upon meeting or arrival
- the fact or state of having been affected by or gained knowledge through direct observation or participation
- something such as a principle or quality which is desirable
- assured reliance on the character, ability, strength, or truth of someone or something
- 8. to hear something with thoughtful attention
- sorrow or the capacity to feel sorrow for another's suffering or misfortune

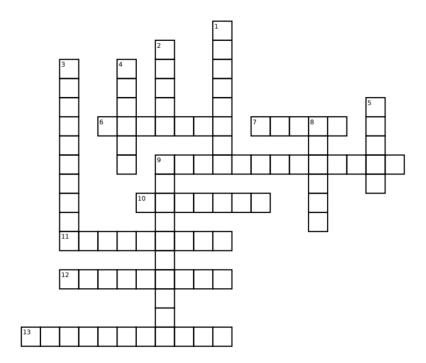
#### Across:

- the customary beliefs, social forms, and material traits of a racial, religious, or social group
- a facial expression in which the eyes brighten and the corners of the mouth curve slightly upward
- the quality or state of being aware especially of something within oneself
- the action of understanding and being aware of or sensitive to the feelings thoughts and experience of another
- 11. dealing fairly and equally with all concerned
- the act or practice of including and accommodating people
- the practice of maintaining a nonjudgmental state of heightened or complete awareness of one's thoughts, emotions, or experiences on a moment-to-moment basis



## **Living Our Values Crossword**





#### **Answer Key:**

#### **Down Across**

1. Kindness

6. culture

2. greet

7. smile

3. experience

9. consciousness

4. values

10. empathy

5. trust

11. equitable

8. listen

12. inclusion

9. compassion

13. mindfulness

#### Down:

- the quality or state of being kind
- to address with expression of kind wishes upon meeting or arrival
- the fact or state of having been affected by or gained knowledge through direct observation or participation
- 4. something such as a principle or quality which is desirable
- assured reliance on the character, ability, strength, or truth of someone or something
- 8. to hear something with thoughtful attention
- sorrow or the capacity to feel sorrow for another's suffering or misfortune

#### Across:

- the customary beliefs, social forms, and material traits of a racial, religious, or social group
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# HEALTH Living Our Values Word Search

Can you find the words hidden in the puzzle?

С	S	N	U	K	I	N	D	N	E	S	S
F	N	L	Р	M	н	K	0	R	Т	U	M
С	E	X	P	E	R	I	E	N	С	E	I
0	W	I	0	L	I	S	T	E	N	ı	L
M	В	Y	N	0	S	F	N	Z	D	С	E
P	E	G	U	С	F	0	С	E	I	K	I
A	L	В	R	S	L	T	R	U	S	T	С
S	L	D	В	0	K	U	ı	A	G	E	A
S	R	P	R	M	W	E	S	T	I	A	N
I	Р	Н	0	P	E	T	Т	ı	R	M	S
0	F	С	A	R	E	0	Н	L	0	N	N
N	R	X	V	A	L	U	E	S	С	N	E

COMPASSION	TRUST	KINDNESS	VALUES
LISTEN	TEAM	INCLUSION	HOPE
EXPERIENCE	SMII F	CARE	GROWTH

# HEALTH Living Our Values Word Search

Can you find the words hidden in the puzzle?

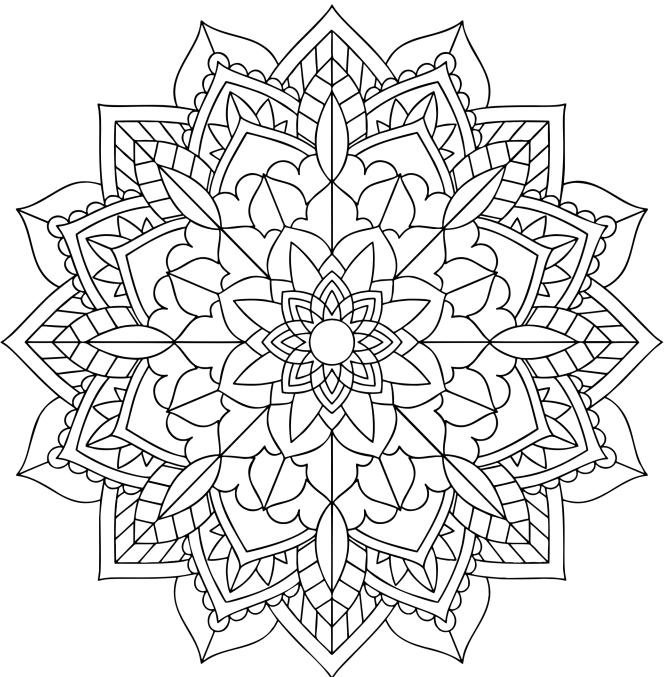
С	S	N	U	K	1	N	D	N	E	S	S
F	N	L	Р	M	Н	K	0	R	T	U	M
C	E	X	P	E	R	1	E	N	C	E	1
0	W	1	0	L	1	S	Т	E	N	I	L
M	В	Y	N	0	S	F	N	Z	D	С	E
P	E	G	U	C	F	0	С	E	1	K	I
A	L	В	R	S	L	Т	R	U	S	Т	С
S	L	D	В	0	K	U	ı	A	G	E	A
S	R	Р	R	М	W	E	S	T	1	A	N
1	Р	Н	0	P	E	T	T	1	R	M	S
0	F	С	A	R	E	0	н	L	0	N	N
N	R	X	V	A	L	U	E	S	С	N	E

COMPASSION	TRUST	<b>KINDNESS</b>	<b>VALUE</b>
LISTEN	TEAM	INCLUSIO	S HOPE
EXPERIENCE	SMILE	N CARE	GROWT
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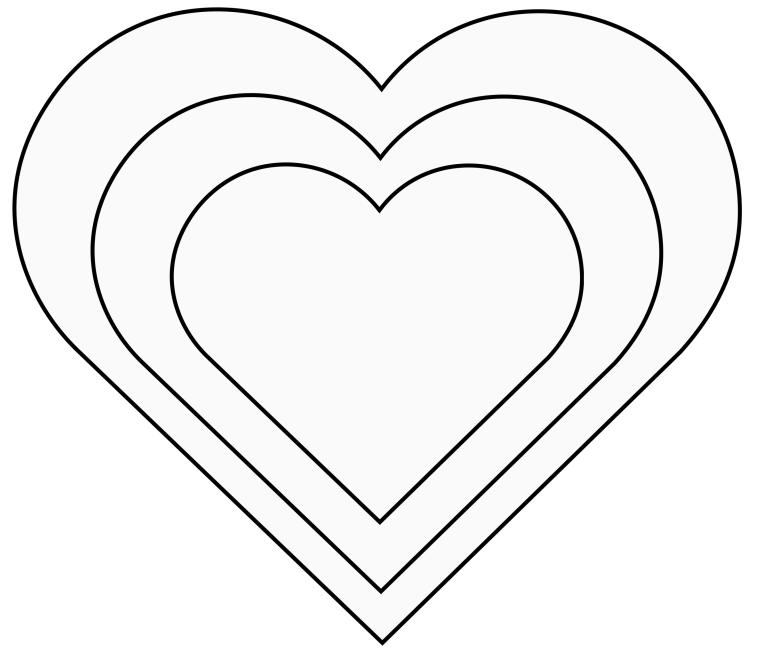
## Patient Experience Week 2024



LIVING OUR VALUES

KINDNESS - TRUST - INCLUSION

# Living Our Walues



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EXPERIENCE starts

starts with



# Living Our Values WORD SCRAMBLE

Unscramble the following words.

perceneexi	
netitap	
coiinunsl	
evslua	
eettrogh	
milse	
mapyhte	
sltine	
dksinsen	
mtae	
lutruce	
opocisnmsa	
rtuts	

# Living Our Values WORD SCRAMBLE

Unscramble the following words.

perceneexi	experience		
netitap	patient		
coiinunsl	inclusion		
evslua	values		
eettrogh	together		
milse	smile		
mapyhte	empathy		
sltine	listen		
dksinsen	kindness		
mtae	team		
lutruce	culture		
opocisnmsa	compassion		
rtuts	trust		





Experience Design

#### and Support 1. Your name \_\_\_\_\_ 2. Positive Adjective \_\_\_\_\_ **Patient** 3. Favorite Celebrity \_\_\_\_\_ **Experience** 4. Self - Care Activity \_\_\_\_\_ 5. Positive Adjective \_\_\_\_\_ Week 6. Favorite Food \_\_\_\_\_ **Mad Lib** 7. Favorite Animal \_\_\_\_\_ 8. Self- Care Activity \_\_\_\_\_ Feeling fantastic about yourself is all about embracing your \_\_\_\_uniqueness and celebrating your incredible talents. (positive adjective) You are UC Davis's \_\_\_\_\_\_! Take time practicing (favorite celebrity) uplifting self-care and showing yourself abundant kindness every day. You are absolutely \_\_\_\_\_\_ -est and worthy of all the love (positive adjective)

\_\_\_\_\_. (self-care activity)

big \_\_\_\_\_\_- hug and bask in \_\_\_\_\_\_\_

Thank you for being the amazing, awe-inspiring person you are!

and \_\_\_\_\_ in the world. So go ahead, give yourself a (favorite food)

