



**Scan the
barcode to
apply**

Volunteer shifts are
on average 8-14 hrs.

Day or night shift
available

Location:
University Birthing
Suites
4301 X Street
Sacramento, CA 95817



Do you want to make a difference in a Birthing Person's labor and delivery experience?

UC Davis Medical Center is launching their
Volunteer Doula Program

We are looking for caring, compassionate and empathetic
individuals with a natural ability to coach others.

Volunteer Doulas provide emotional support and non-
pharmacologic pain interventions to help a birthing person achieve
her labor and delivery goals.

- No previous experience necessary. A two day labor support class will be provided, giving you the tools needed to help the birthing person during labor and delivery.
- Requirement: emotional and physical endurance to attend long labors
- Program starts in summer with a minimum of a six month commitment.

For questions please email: HS-d3t3educationteam@ucdavis.edu