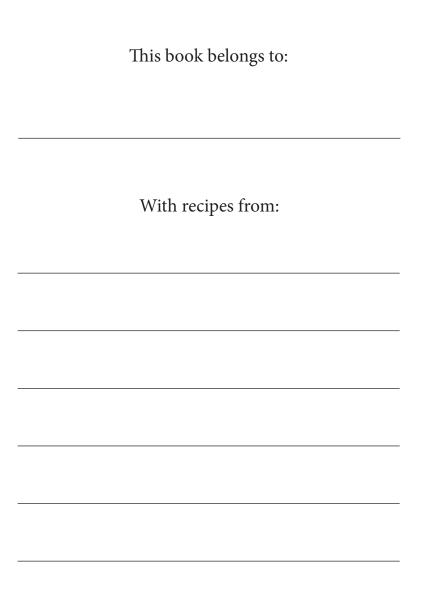




For more information: dougy.org | 503.775.5683 | help@dougy.org



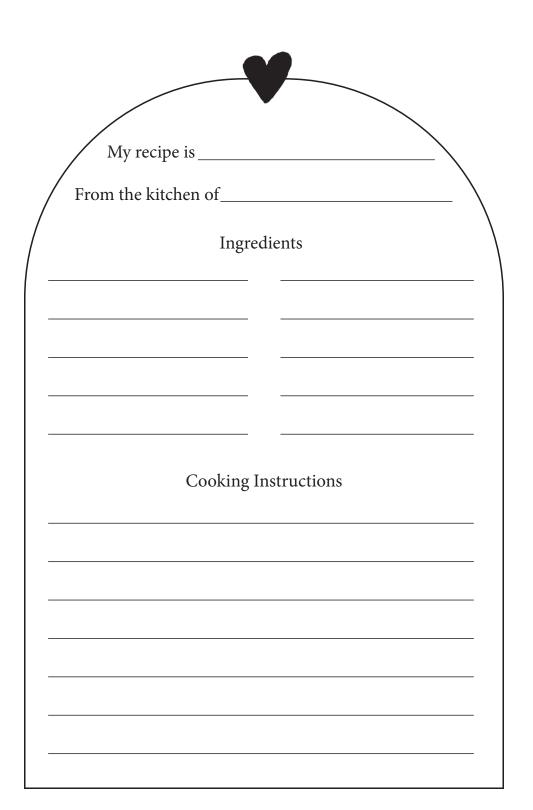
	Cooking Instructions continued
/ — —	
_	
_	
	Memories we have about this recipe/dish
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_	

	My recipe is
/	From the kitchen of
	Ingredients
-	
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	Cooking Instructions
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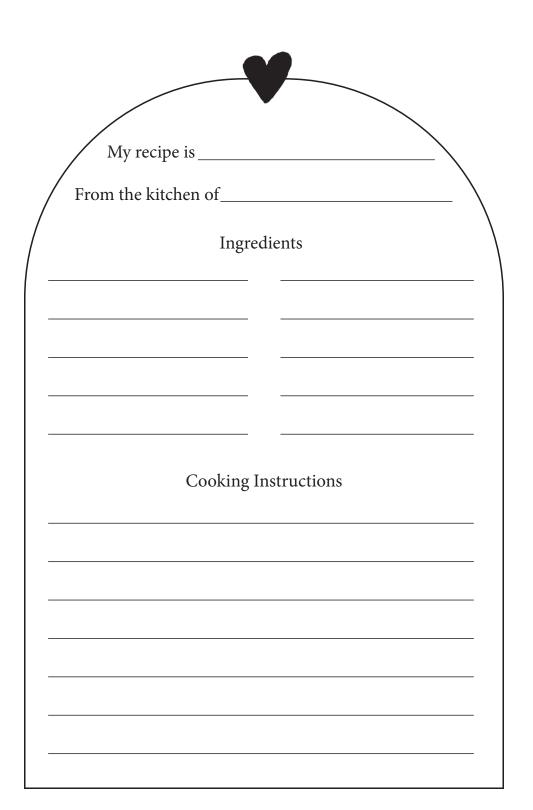
## Family Recipes

Are there certain foods or meals that make you think of your family? This book helps you collect special recipes and the memories your family has about them.

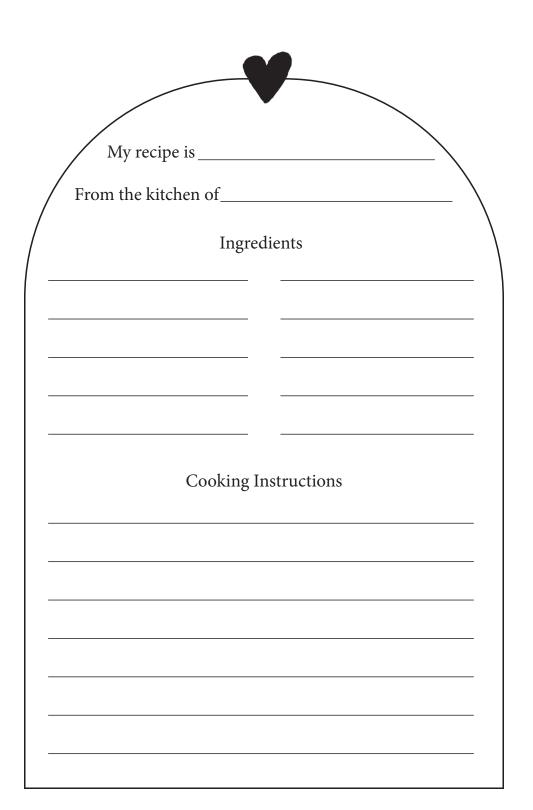
Which recipes do you want to include? Who do you ask for help when collecting them?



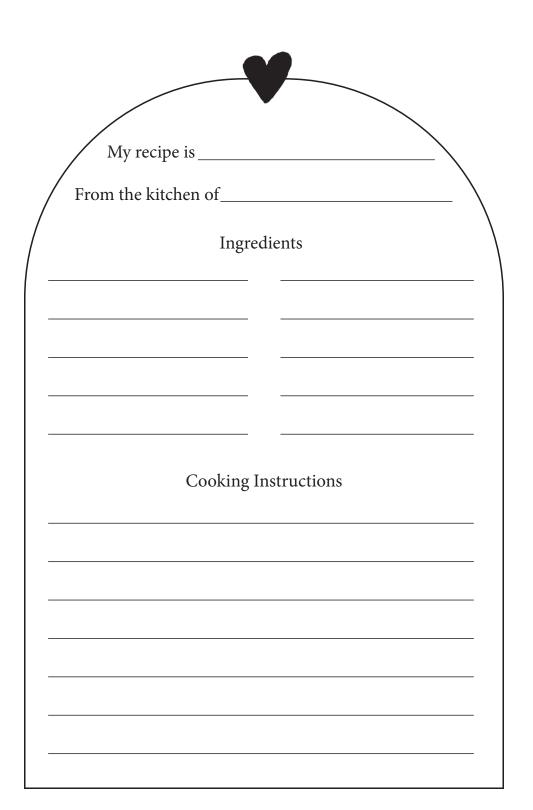
	Cooking Instructions continued
/-	
	Managina vya havo ahavt thia na sina / Jish
	Memories we have about this recipe/dish



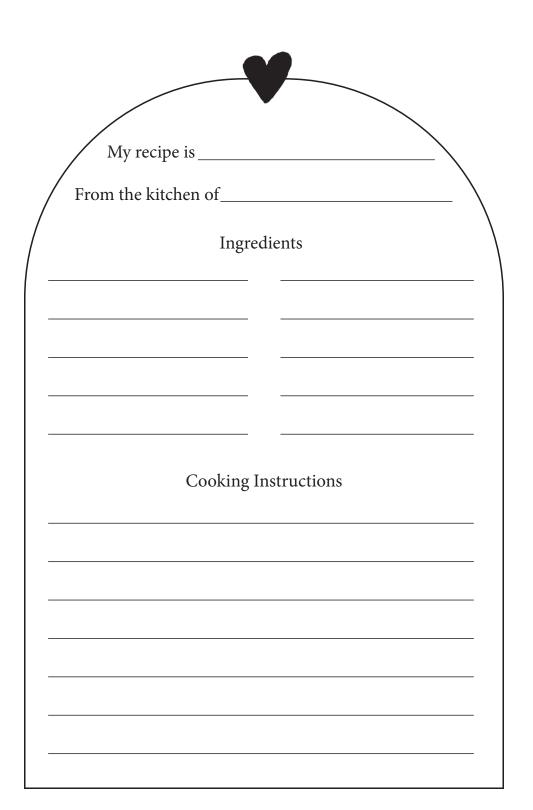
	Cooking Instructions continued
/-	
	Managina vya havo ahavt thia na sina / Jish
	Memories we have about this recipe/dish



	Cooking Instructions continued
/-	
	Managina vya havo ahavt thia na sina / Jish
	Memories we have about this recipe/dish



	Cooking Instructions continued
/-	
	Managina vya havo ahavt thia na sina / Jish
	Memories we have about this recipe/dish



	Cooking Instructions continued
/-	
	Managina vya havo ahavt thia na sina / Jish
	Memories we have about this recipe/dish