



Baby Steps Clinic

The Baby Steps Clinic, also known as the CCS High Risk Infant (CCS-HRIF), at the UC Davis MIND Institute provides early developmental care for neonatal intensive care unit (NICU) graduates at risk for developmental delay due to prematurity, congenital heart disease, or other conditions.

Our multidisciplinary team of psychologists, social workers, developmental pediatricians and neonatologists provide support to help parents develop a better understanding of their child's strengths and needs.

Early intervention is important

Early recognition and intervention for development challenges improves long term outcomes for children.

Our experts will partner with you to:

- Schedule appointments at nine months, 18 months, and 30 months to perform developmental assessments.
- Keep track of the new skills your child develops.
- Provide ideas and information about activities you can do to help your child grow and learn.
- Monitor social, motor, physical, cognitive, and language development.
- Help make the complexities of early childhood easier to understand as your child grows and changes.

Baby Steps Clinic location

2825 50th Street
Sacramento, CA 95817



Additional resources

Our clinic also connects families to community resources and other professionals, including geneticists, child neurologists, speech-language pathologists, local regional centers and parent support groups.

Why do I need to apply for CCS?

A family's income does not exclude them from the program, they qualify based on the medical guidelines established for HRIF. They can also have private insurance and still qualify. In that case, CCS will be the payer of last resort, but it will prevent the family from incurring out of pocket for the HRIF visit.

What is the HRIF program, do I need this if I am already receiving regional center services?

The HRIF program is a developmental screening program. HRIF clinics are designed to help families identify challenges early and to provide recommendations and referrals that assist our NICU graduates with their growth and development from discharge to age three. Our program is separate from the therapies that you may be receiving from your local regional center and our visits do not replace regular pediatrician visits.

Clinic location

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Contact us

For more information, visit health.ucdavis.edu/pediatrics or call **916-703-0300**.

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