Preparing for Baby Education Videos

Parents – please watch these important education videos!

Prior to Delivery:

Video Title	Video Code
Making Enough Milk: The Key to Successful Breastfeeding Planning for Day One (English)	911
Making Enough Milk: The Key to Successful Breastfeeding Planning for Day One (Spanish)	909

If you are separated from your baby for more than 4 hours:

Video Title	Video Code
A Preemie Needs His Mother (English)	907
A Preemie Needs His Mother (Spanish)	906

Prior to Discharge:

Video Title	Video Code
Car Seat Safety	812
Safe Sleep ABC's	883

Additional Videos of Interest:

Video Title	Video Code
Breastfeeding: A Guide to Getting Started (English)	908
Breastfeeding: A Guide to Getting Started (Spanish)	910
Your Healthy Baby	833
Safe From The Start	834
Jaundice	808
The First Year Lost Forever	844, 845
Vaccines	844, 845
Car Seat Safety for Premature and Small Babies	857



How to access these videos:

- Using your white room phone, dial 37038
- 2. Follow the prompts
 - a. Press "1" for English
 - b. Press "2" for Spanish
- 3. Enter video code
- Turn on your television using your call light
- Follow the instructions provided through the phone

If you need help watching these videos, please ask your nurse!

