



Monday April 10th, 2017

1. Our Health Sciences Clinical Professors, make a multitude of scholarly and creative contributions every day! For the rest of the year, we'll be featuring our HSCP faculty and the innovative things they do!

This week, meet Dr. Albina Gogo: A champion for resident wellness!



Albina Gogo, M.D. is an Associate Health Science Clinical Professor (HSCP) in the Department of Pediatrics. Dr. Gogo has served UC Davis for 20 years, initially as a pediatrician in the Primary Care Network, then as a Manager and Senior Professional (MSP) Staff Physician. As a Pediatric Associate Residency Program Director at UC Davis since 2010, Dr. Gogo has been a champion for resident wellness. She created a resident wellness fund and has been facilitating annual resident wellness workshops. As the lead responsible for optimizing the residents' experience in their continuity clinics (which they attend one afternoon a week), Dr. Gogo has developed pre-clinic teaching modules based on the American Board of Pediatrics expectations for all general pediatricians. There are over 50 modules that all residents review weekly over 18 months.

Dr. Gogo and her work are highly regarded. She has been the recipient of several medical student teaching awards, volunteer, clinical and academic faculty teaching awards from our residents and a Dean's award for Excellence in Community Engagement. Dr. Gogo describes her work as "challenging and extremely rewarding". She says that, "Maintaining a small faculty practice keeps me grounded in my joy of practicing medicine. Preparing and updating the clinic teaching modules and working with residents keeps me up to date. Working with residents at a federally-qualified heath center in Oak Park feeds my soul. Focusing on wellness keeps me going. One main contributor to my success has been mentors throughout my career here at UC Davis who have encouraged me and guided me to reach my goals that 10 years ago, let alone during my training, I never would have imagined possible."

Since joining the pediatric faculty at UC Davis Dr. Gogo was invited to participate in facilitating educational workshops initially here at UC Davis, then nationally and internationally. She has attended several educational workshops to improve her teaching and supervising abilities, such as a six-month fellowship course through Keck School of Medicine on Teaching and Learning, a quality improvement course on health system improvement and a leadership in education and academic development program through the Association of Pediatric Program Directors. As a member of an American Academy of Pediatrics (AAP) subcommittee, she participated in developing the Resilience in the Face of Grief and Loss curriculum for medical students, residents, fellows and clinicians. This curriculum is on the AAP's Palliative Care website. Dr. Gogo has also participated and led several workshops discussing the resilience curriculum. Most recently, she was invited to talk at the 2016 AAP's National Conference and Exposition on the topic Physician, Heal Thyself. She has now been invited to give a similar talk at the 2017 AAP NCE conference in Chicago this coming September!

2. UC Davis Medical Center named Leader in LGBTQ Healthcare Equality—
For the seventh year in a row, the Human Rights Campaign Foundation has named UC Davis Medical Center a "Leader in LGBTQ Healthcare Equality." http://www.ucdmc.ucdavis.edu/publish/news/newsroom/11902



UC Davis Medical Center has been recognized for its leadership in creating a welcoming and inclusive environment for LGBTQ patients, their families and employees.

The foundation is the nation's largest organization for lesbian, gay, bisexual, transgender and queer (LGBTQ) Americans. Each year it produces the <u>Healthcare Equality Index</u>, a national benchmarking tool that evaluates healthcare facilities' policies and practices on equity and inclusion of LGBTQ patients, visitors and employees. The index is used by LGBTQ patients and their loved ones to find facilities with a welcoming and inclusive environment.

The medical center earned the designation by achieving a perfect score of 100 on the foundation's core criteria for leadership excellence. These measures include having non-discrimination policies for patients and employees, equal visitation for same-sex partners and parents, cultural competency training on LGBTQ patient-centered care and a demonstrated public commitment to the LGBTQ community.

"We're honored to be nationally recognized for our longstanding commitment to a welcoming and inclusive environment for our patients, their families and our employees," said Ann Madden Rice, chief executive officer of the medical center. "Equity and inclusion are among our top priorities, and we are dedicated to leading efforts to eliminate health disparities." LGBTQ patients and their families often face challenges in obtaining adequate healthcare across the lifespan. According to the Department of Health and Human Services, LGBTQ people are at a higher risk for cancer, mental illnesses and other diseases than their heterosexual counterparts. Many factors can increase these health risks, from the lack of awareness and sensitivity of their unique health needs to unequal rights and protections under the law.

The 2011 Institute of Medicine's report on <u>The Health of Lesbian</u>, <u>Gay</u>, <u>Bisexual</u>, <u>and Transgender People: Building a Foundation for Better Understanding</u> called for healthcare professionals nationwide to gather data and conduct studies to improve health outcomes for the LGBTQ population.

UC Davis Health recently hosted the third annual <u>Improving OUTcomes conference</u>, which brought together emerging leaders and established experts in healthcare from around the state to share innovative ideas, teach critical leadership skills and form new networks to advance LGBTQ issues and healthcare.

The Healthcare Equality Index is open to all healthcare organizations in the U.S. with 100 or more employees. UC Davis is one of 302 facilities nationwide and 77 in California to receive the leadership designation. Another 145 facilities earned the Top Performer designation with a score from 80 to 95 points.

3. The UC Davis Faculty COACHE Survey is happening now! Make your voice heard!

4. Did you know UC Davis Schools of Health Faculty Development and Diversity has many offerings to enrich the faculty experience? Click here to learn more!

