<table>
<thead>
<tr>
<th>Competency</th>
<th>Patient Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sub Domain</td>
<td>Physical Exam</td>
</tr>
<tr>
<td>Learning Objective</td>
<td>Performs comprehensive or focused physical examination using correct techniques to accurately identify common abnormalities with attention to patient comfort and modesty during exam</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Milestones</th>
<th>Year I</th>
<th>Year II</th>
<th>Year III</th>
<th>Year IV</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mid</td>
<td>End</td>
<td>Mid</td>
<td>End</td>
</tr>
<tr>
<td>• Identifies and defines the major anatomical landmarks</td>
<td>• Demonstrates ability to perform a comprehensive exam in an uncomplicated and healthy patient with attention to patient comfort and modesty</td>
<td>• Performs a problem-focused physical exam on a standardized patient with a complex clinical presentation involving two or more organ systems</td>
<td>• Performs a comprehensive or problem-focused physical examination on patients with complex medical problems</td>
<td>• Synthesizes the physical examination findings and history of patients with complex medical presentations</td>
</tr>
<tr>
<td>• Demonstrates basic technique in performing the comprehensive “head-to-toe” examination</td>
<td>• Demonstrates understanding of normal exam findings and integrates the normal exam with relevant features of the history</td>
<td>• Identifies and defines physical exam findings and integrates findings to pathophysiology of disease for each organ system</td>
<td>• Selects appropriate components of the physical exam based on history or presentation in different clinical settings</td>
<td>• Demonstrates proficiency with physical diagnosis sufficient to start an internship in any specialty *</td>
</tr>
<tr>
<td>• Documents basic physical exam findings</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

• Documents basic physical exam findings
APPENDIX

*Major Specialty Core Physical Diagnosis Competencies for Core Clerkships*

**Internal Medicine:**
- Neurological exam
- Head, ear, eye and throat exam (including fundoscopic exam)
- Cardiovascular exam
- Pulmonary exam
- Lymph node exam

**Primary Care:**
- Musculoskeletal exam
- Skin exam

**Psychiatry**
- Neurological exam
- Mental status exam

**OB/Gyn**
- Pelvic exam
- Breast exam
- Rectal exam

**Pediatrics**
- Neurological exam
- Head, ear, eye and throat exam
- Cardiovascular exam
- Pulmonary exam
- Lymph node exam
- Musculoskeletal exam
- Skin exam

**Surgery**
- Abdominal exam
- Wound exam
- Musculoskeletal exam
- Rectal exam