LEARNING OBJECTIVES

- To examine a case of sarcoidosis presenting as progressive cervical myelopathy
- Observe diagnostic images which show the progression of sarcoid cervical myelopathy.
- Learn clues in the history, physical exam, and laboratory data that suggest the diagnosis of this rare disease
- Learn the criteria for diagnosing sarcoid cervical myelopathy

THE CASE

History of Present Illness
A 44-year-old African-American female with no PMH was directly admitted to the hospital for evaluation of four months of a shock-like sensation in her chest that radiated to both her upper extremities when she moved her arms. The patient subsequently developed weakness and numbness in her left upper extremity. On review of symptoms the patient acknowledges intermittent chest tightness at rest that resolved with a few deep breaths.

Medications
None

Physical Exam
VS: T 36.7, BP 121/76, HR 81, RR 18, SpO2 99% RA

Labs

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Tissue evidence in absence of other disease causing granulomas, with MRI showing uptake in the cervical spinal cord confirms the diagnosis of sarcoid cervical myelopathy.

REFERENCES