Child Car Seat Recommendations

The Right Way for Your Child to Ride

REAR-FACING – Infants & Toddlers
- All infants & toddlers should ride in a rear-facing child car seat until they reach the highest weight or height allowed by the child car seat, usually when they are about 2 years old.
- There are different types of rear-facing child car seats: Infant-only car seats can only be used rear-facing. Convertible child car seats can be used both rear-facing & forward-facing. Convertible seats have higher height & weight limits for the rear-facing position, so your child can ride rear-facing longer.

FORWARD-FACING – Toddlers & Preschoolers
- Keep your child rear-facing until he or she reaches the top height or weight limit allowed by the car seat manufacturer.
- Once your child outgrows the rear-facing car seat, your child is ready to travel in a forward-facing car seat with a harness until they reach the highest weight or height allowed by the child car seat.

BOOSTER SEAT – School-aged Children
- Keep your child in a forward-facing child car seat with a harness until he or she reaches the top weight or height limit allowed by the car seat manufacturer.
- When your child outgrows the forward-facing child car seat, it’s time to use a belt positioning booster seat with the car’s lap and shoulder belt.

SEAT BELT – Older Children
- Keep your child in a booster seat until he or she is big enough to fit in a seat-belt properly.
- The seat belt fits properly when the lap belt lies snug across the upper thighs, not the stomach. The shoulder belt lies snug across the shoulder and chest and not cross the neck or face.

California law requires children to be correctly restrained in a child car seat or booster seat in the back seat of the car until they are 8 years old or 4’9” tall.
Child Passenger Safety Fitting Stations

Please call to schedule an appointment

Sacramento County

UC Davis Medical Center ........................................... 916-734-9784
CHP, North Sac ..................................................... 916-338-6710
CHP, South Sac ..................................................... 916-681-2300
CHP, Downtown Sac, Capitol .................................... 916-322-3337
CHP, Valley Division Office ...................................... 916-464-2090
Mercy San Juan Medical Center ................................. 916-864-5779
AAA Office, Folsom ............................................... 916-351-2629
AAA Office, Citrus Heights ...................................... 916-560-0503

Outlying Areas

Roseville Fire Department ........................................ 916-772-6300
El Dorado Hills Fire Department ................................. 916-933-6623
West Sacramento Fire Department ............................. 916-617-4600
CHP, Newcastle ................................................... 916-663-3344
CHP, Placerville .................................................... 530-662-4885
CHP, Woodland ..................................................... 530-662-4685
AAA Office, Auburn .............................................. 530-886-2540
AAA Office, Jackson .............................................. 209-223-6903
AAA Office, Placerville .......................................... 530-295-6605

A REAR-FACING CAR SEAT is the best seat for your young child to use. It has a harness and tether that limits your child’s forward movement during a crash.

A FORWARD-FACING CAR SEAT positions the seat belt so that it fits properly over the stronger parts of your child’s body.

A BOOSTER SEAT should lie across the upper thighs and be snug across the shoulder and chest to restrain your child safely in a crash. It should never rest on the stomach area or across the neck.

A SEAT BELT should lie across the upper thighs and be snug across the shoulder and chest to restrain your child safely in a crash.

Kohl’s Cares
UC Davis Children’s Hospital

UC Davis Trauma Prevention Program • 916-734-9799 • www.ucdmc.ucdavis.edu/injuryprevention • www.facebook.com/buckleup2growup