California’s new booster seat law requires children to be correctly restrained in a child safety seat or booster seat in the back seat of the car until they are 8 years old or 4'9" tall.

- Seat belts are made to fit adults, NOT children.
- A lap belt sitting across the stomach can cause serious injury to the child’s internal organs and spine during a crash.

**Wrong:** Without a booster seat the lap belt can sit across the stomach during a crash and injuries are more likely to happen. The internal organs and spine can be seriously damaged.

**Right:** With a booster seat the lap belt sits low and tight across the hips and the soft internal organs are better protected.

- If the shoulder belt is **not** sitting snugly across the mid chest and resting on the shoulder during a crash, a child can be thrown forward, causing serious injuries to the brain, face and spine.

The booster seat lifts the child up to help the lap belt fit properly, low and snug across the hips. The booster seat also helps the shoulder belt to fit right, which is snugly across the mid chest and resting on the shoulder.

Seat belts are made to fit adults, not children. Booster seats keep children safer in a crash by lifting them up so the seat belt fits right. **Always use a lap and shoulder belt with a booster seat.**

For more information, call (916) 734-9799
www.ucdmc.ucdavis.edu/injuryprevention • www.facebook.com/buckleup2growup