The UC Davis Breastfeeding Support Program
Sacramento Campus

* Breastfeeding and Baby Basics classes
* Weekly support group meetings
* Lactation consultations
* Hospital-grade breastpumps in designated lactation sites
* Lactation accommodation policy PPSM 84

Registration, Information and Lactation Room Site lists:
worklife-wellness.ucdavis.edu/breastfeedingsupport/index.html 916-703-3312

Classes:
*Breastfeeding and Baby Basics Class: Through CPPN  ucdmc.ucdavis.edu/wellness/
*Maternity Benefits Workshops:  http://www.ucdmc.ucdavis.edu/hr/hrdepts/Benefits/workshop.html
*Scheduled Classes:  Ticon III, Human Resources, 3-B (conference room).  RSVP to mpodoreanu@ucdavis.edu
  -Introducing Solids and Weaning: Thursday, February 18, 11:30-1:00
  -Continuing to Breastfeed While Returning to Work/School Thursday, March 10, 11:30-1:00
  -Preparing to Breastfeed: Thursday, April 14, 11:30-1:00
  -Continuing to Breastfeed While Returning to Work: Thursday, June 16 11:30-1:00

Support Group Meetings:  Meet other moms, encourage and learn from each other, and get help resolving breastfeeding difficulties.
*Monthly Mother -to-Mother group for employees and students.  Facilitated by Shirley German, IBCLC, RLC 1/8, 3/11, 4/8, 5/13, 6/10, 7/8, 9/9, 10/14, 11:30-12:30  Main Hospital, Tower-DCR1655 Boardroom
*Weekly community/patient group meets each Thursday, from 10:00-11:00 Glassrock Building, 2521 Stockton Blvd. Room 7106.  All are welcome.

Lactation Consultations:
Voicemail: 916-734-7591  Vocera: 916-734-0775

UCDMC Pump Rentals/Lactation Corner:
University Birthing Suites/Women's Pavilion, Tower 3, Room 3674.
Participants are responsible for purchasing their own home pump kit either through their medical insurance or internet sites. Hospital grade breastpumps are available in designated lactation sites.

Remember to register for the program to get on our email list for class updates, notices and newsletters.

The UC Davis Breastfeeding Support Program is provided by Human Resources with collaboration from the Foods for Health Institute and the Children's Hospital.