Human Resources WorkLife Balance Wellness Fair 2013

Human Resources invites you to the 2013 Wellness Fair. UCDHS and a variety of businesses, programs and organizations centered around wellness will be available to provide information and discounted wellness services to UC Davis Health System and UC Davis faculty, staff, retirees, and students.

Human Resource Wellness Fair 2013
Date: Tuesday, January 8, 2013
Time: 10 a.m. – 1 p.m.
Location: Marriott Courtyard – Ballroom

Raffle prizes and light refreshments will be provided.

A number of the businesses and organizations listed on the wellness/discounts webpage will be present at the Wellness Fair:

- UCDHS ~ ASAP, Employee Breastfeeding Program, Eye Center/Vision Care, Food & Nutrition, Lifesteps, Living Light & Smoking Cessation, Plastic Surgery, UC Living Fit Forever, Writing Workshop
- 24 Hour Fitness
- Body Temple
- CA Family Fitness
- Crunch Fitness NorthCal
- Curves East Sac
- Elle23Spa
- FitzBitz
- Fitness Rangers
- Friends of the Earth Lavender
- Padme Yoga Center
- Staywell
- Sunrise Assisted Living
- TEAMride
- Wellness offers by Appreciation Events
Any services offered by the business and organizations do not constitute an endorsement from UC Davis Health System.

Human Resources’ wellness/discounts webpage is now available. This webpage provides information on wellness programs and activities as well as a variety of discounts and offers available to staff. Please visit: http://www.ucdmc.ucdavis.edu/hr/wellness/