Residency Program Influenza Algorithm: Updated 07/14/10

Symptomatic with Rapid Onset of Symptoms: Fevers > 100° F PLUS: Respiratory Symptoms (Cough with or without sore throat). Other supporting symptoms may include: muscle aches, extreme fatigue or nausea/diarrhea.

ASSUME INFLUENZA
DO NOT COME TO WORK

Send Employee to EHS or PCP for evaluation if they have close contact with patients.

PCR Positive

PCR Negative

Back to work after no fever for 48 hours

Remain off work until fevers have resolved,

Return to Work Note from EHS required. Contact EHS before returning to work.

Prophyaxis Guidelines

Department/Medical Team: Consider prophylaxing exposed patients. Do not wait for cultures if employee is symptomatic as they can take 4-5 days to complete. All colleagues should self monitor for flu symptoms.

Only "at risk" colleagues with close contact to an infected individual will be considered for prophylaxis.

Prophyaxis "at risk" individuals: Pregnant women, children < 5 years old, those with chronic cardiopulmonary conditions (CHF, COPD, asthma), immunosuppression, DM or a BMI > 30.

NOTE:

All Confirmed or suspected Influenza should be reported to:

The Employee's Department and EHS

URTI Symptoms no Fevers

STAY HOME AND MONITOR SYMPTOMS

If Fevers > 100°F develop:

ASSUME INFLUENZA

If symptoms are not progressive and no fevers develop:

Assume URI.

If severe symptoms w/o fevers:

CONSIDER INFLUENZA.

Employee to stay off work only until symptoms resolve.

PCR Positive

PCR Negative

Back to work after no fever for 48 hours

Remain off work until fevers have resolved,

Return to Work Note from EHS required. Contact EHS before returning to work.

Prophyaxis Guidelines

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PROPHYLAXIS: Tamiflu 75 mg once daily for 10 days. If pregnant, use Relenza 2 puffs daily for 10 days.