“Going above and beyond” - Difficult discharge

“...said Fairman, an assistant professor of taking care of patients. The Schwartz Rounds sessions are designed to foster interprofessional dialogue. Observers that interdisciplinary dialogue is a cornerstone of the Schwartz Rounds. Fairman observes that interdisciplinary dialogue is a cornerstone of the SC Rounds. The method involves reflecting on and sharing about taking care of very sick patients. The method supports clinicians in grappling with the psychological aspects of caring for patients. Fairman said. “The purpose has to do with simultaneously crescendo, increasing teamwork and care of ourselves.”

Both Janice and I thought the sessions enlightening, informative and exciting in enhancing communication and improving interprofessional relationships. The UC Davis Schwartz Rounds have been presented since January 2015 under the auspices of a volunteer planning group, which many manager like Moore is administrative director of the faculty development. The group is all disciplines are welcomed to the SC rounds. The sessions are open to caring for patients, patients and families as well as to other disfigurement with sensitivity, as well as to other disfigurement with sensitivity, as well as to other disfigurement with sensitivity. Discussion topics have included gifts of patients as a team, and as a consequence care as happening in a dyad between the attending physician and the attending physician. The sessions are held on the last Wednesday of every month, 12 noon-1 p.m.

When, where and what


May 2017: The Vindictive Patient: Helping the physician to cope with the challenging patient (ECLP/MCLP)

June 2017: Building a Supportive Work Environment: It’s All About Relationships, Part 1 (ECLP/MCLP)

July 2017: Building a Supportive Work Environment: It’s All About Relationships, Part 2 (ECLP/MCLP)

August 2017: The Vindictive Patient: Helping the physician to cope with the challenging patient (ECLP/MCLP)

September 2017: Leadership Styles, Part 2 (ECLP/MCLP)

October 2017: Leadership Styles, Part 1 (ECLP/MCLP)

November 2017: Faculty Search Committee Members

December 2017: The Mentee Rules, Part 2 (MA)

February 2018: The Mentee Rules, Part 1 (MA)

March 2018: Mentoring Academy: The Mentors Rule (MCLP)

April 2018: Mentoring Academy: The Mentees Rule (MCLP)

May 2018: Workshop: Enhanced Training for Faculty Search Committee Members

June 2018: Workshop: Enhanced Training for Faculty Search Committee Members

July 2018: Faculty Search Committee Workshop

August 2018: ECP: Early Career-Leadership Program

September 2018: UC-Wide Health Sciences Leadership Development Conference (WIMHS)

October 2018: UC-Wide Health Sciences Leadership Development Conference (WIMHS)

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Fady Girgis uses deep brain stimulation to treat tremors

Tremors are a symptom of Parkinson’s disease, but for Fady Girgis, M.D., J.A.M., it is a specialty in the surgical treatment of the brain. By using deep brain stimulation, he can target the neurons in the brain that control movement, helping patients with Parkinson’s disease to move more smoothly and with less tremor.

In gratitude for the education he received and recognizing the importance of giving back to society, Girgis joined the UC Davis Medical Center as an attending physician in medicine. He has been influential in developing a program for UC Davis students to work with Dr. Lee, who is actively engaged in research and community service.

“Dr. Lee is a leader in the field of brain stimulation,” said Dr. Girgis. “His work has been pivotal in the development of this technology, and his dedication to patient care and research is an inspiration to me.”
PEARLS OF ADVICE ON RESEARCH

A personal story of Julie A. Freischlag, Vice Chancellor and Dean

The first time I was assigned to a class in medical school, I was terrified. My poor classmates were reading medical literature, and I had no clue where to even begin. But they didn’t have a choice, either. They all had to learn to read and understand medical literature, just like I did. It was a hard experience, but it taught me a valuable lesson. I learned that I could do anything I set my mind to, as long as I put in the effort and dedication. And that’s what I’ve been able to do throughout my career as a physician and surgeon.

The experience of being a medical student and the training I received in medical school were invaluable. It taught me to think critically and to approach problems from all angles. It also taught me the importance of teamwork and collaboration. I learned to work well with others, which has been crucial in my career as a surgeon.

It’s also important to remember that medical school is just the beginning. The real work starts after graduation. As a surgeon, I’ve had to continue learning and growing throughout my career. I’ve had to stay up-to-date with the latest research and developments in my field. And I’ve had to be open to new ideas and approaches.

In conclusion, I believe that medical school is an incredibly valuable experience. It taught me to be a critical thinker, a team player, and a lifelong learner. And I believe that these skills will serve me well throughout my career as a surgeon.
Fody Girgis uses deep brain stimulation to treat seizures

Fody Girgis, an assistant professor of neurological surgery at UC Davis School of Medicine, is running a small clinical trial to test the safety and effectiveness of deep brain stimulation, a surgical treatment that can help control disabling motor symptoms in people with Parkinson’s disease. “The idea is that nerves in the brain that cause tremors, rigidity and shaking can be turned off,” said Girgis, who earned his medical degree from Drexel University and completed his residency at UC Davis. He now is a board-certified neurosurgeon.

After completing his residency, Girgis worked as a fellow in the movement disorders program at the University of Maryland. During this time, he learned about deep brain stimulation, a treatment that had been in use for many years but was new to him. He was drawn to the idea of treating movement disorders because he knew it was a challenging area of medicine and there was still a lot to be learned.

Girgis is currently overseeing a study funded by the National Institute of Neurological Disorders and Stroke to evaluate the safety and efficacy of deep brain stimulation for the treatment of movement disorders in people with Parkinson’s disease. The study is designed to determine whether deep brain stimulation can help reduce tremors, rigidity and shaking in people with Parkinson’s disease.

Girgis is part of a multidisciplinary team that includes neurologists, nurses, pharmacists and other medical professionals. The team meets regularly to discuss patient care and to monitor the progress of each patient in the study.

The treatment involves the placement of a small electrode in the brain, which is connected to a battery-powered stimulator. The stimulator sends electrical impulses to the brain, which can help control movement disorders.

Each treatment is performed under sedation, and patients are monitored closely for any potential side effects. The treatment is typically repeated as needed, and patients are followed closely to ensure the best possible outcomes.

In addition to his work with the clinical trial, Girgis is involved in research that focuses on understanding the underlying mechanisms of movement disorders and developing new treatments.

Girgis received his medical degree from the University of Maryland and completed his residency in neurological surgery at UC Davis. He is board-certified in neurological surgery and specializes in movement disorders, epilepsy and pituitary tumors.

For more information about Fody Girgis and his research, please visit his website or contact him directly.

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ACF VOLUNTEER PRECEPTOR BRYAN K. LEE

OCCUPATION AND INTERESTS

Bryan K. Lee is the founding director of the UC Davis Health System’s Medical Education Program. He is also the executive vice dean of the UC Davis School of Medicine and the dean of the UC Davis Graduate School of Biomedical Sciences.

Lee is a medical anthropologist who focuses on the cultural and social aspects of health care. He has a particular interest in the role of language in health care delivery and the ways in which language barriers can affect patient outcomes.

In addition to his work with the UC Davis Health System, Lee is also the executive director of the UC Davis School of Medicine’s Center for Health, Language, and Technology. He is a member of the National Academy of Medicine’s Health Research Ethics Board and the National Institutes of Health’s Council on Radiation Safety.

Lee received his medical degree from Stanford University and completed his residency in internal medicine at the University of California, San Francisco. He is a member of the American College of Physicians and the American Federation for Aging Research.

For more information about Bryan K. Lee and his work, please visit his website or contact him directly.
“Going above and beyond” is a mantra that is constantly discussed at the Schwartz Center Rounds at UC Davis Medical Center. These sessions enlightening, informative and interactive. Participating clinicians say they have found the sessions to be very enriching and rewarding. The sessions give trainees the opportunity to discuss the emotional aspects of their work, learn from each other and from experts in the field. The Schwartz Center Rounds sessions are open to all disciplines and are welcomed to the Schwartz Center Rounds participants. Nurse managers and psychiatrists are also welcome and encouraged to attend faculty development events.

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Schwartz Rounds are informal, educational discussions that respond to the professional and career challenges of health care professionals. They are presented in departments across the UC Davis campus, taking place in units ranging from less than 10 beds to more than 400 institutions nationwide and focus on the social, emotional and ethical aspects of practice, including the care of patients and a discussion of how we take care of ourselves.

Clinicians from diverse disciplines collaborate for an hour, then take 10 minutes to talk about the experience of taking care of patients. The Schwartz Center Rounds provide a forum for clinicians to share experiences, ideas, and concerns, and to strengthen the caregiver-patient relationship.

The Schwartz Rounds are sponsored by the Faculty Development and Diversity Program. For more information, please visit the Schwartz Center Rounds website at: hrdepts/asap/schwartz.html

Events Calendar

SPRING 2017

April

19
Bouncing Back After Being Knocked Down, Part 1 (ECLP/MCLP)
27 How to Write Effective Feedback (ECLP)
May

21
22 Bouncing Back After Being Knocked Down, Part 2 (ECLP/MCLP)
June

12
Workshop: Writing a Successful Grant Proposal
29 Workshop: Writing a Successful Grant Proposal
July

5
16 CalMed: Women in Medicine and Health Sciences (UCWHS)
19 Mid-Career Leadership Program
27 Leadership Styles, Part 1 (ECLP/MCLP)
28 Leadership Styles, Part 2 (ECLP/MCLP)
August

8
Educator Competencies: Residency and Fellowship Programs (MCLP)

A full list of workshops and other activities are available at www.ucdmc.ucdavis.edu/facultydev/ and click details and to register, visit www.ucdmc.ucdavis.edu/facultydev/ and click Employment Opportunities. Participating clinicians say they have found the Schwartz Center Rounds focus on improving communication, increasing awareness and focusing on providing a place where health care providers can come together in a multidisciplinary group to share and discuss their feelings. Here is a look at how the Rounds have evolved from a new perspective.

The first Schwartz Center Rounds included nurses, social workers, physical therapists, occupational therapists, chaplains, managers, physician assistants, therapists, residents and medical students.

March

21
Clinician Workshop: Addressing the Emotional Journey of the Patient, Part 1 (MA)
29 Workshops and other activities

April

13
Leadership Styles, Part 1 (ECLP/MCLP)
29 Workshop: Writing a Successful Grant Proposal

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