

## EDUCATIONAL MANDATES FOR CALIFORNIA PHYSICIANS

**California Assembly Bill No. 487**, approved by the Governor of California in October 2001, requires physicians and surgeons to complete 12 hours of mandatory continuing education in the subjects of pain management and the treatment of terminally ill and dying patients. This requirement for physicians licensed prior to January 2002 was to be completed by December 31, 2006. Physicians and surgeons licensed on or after January 1, 2002, shall complete this requirement within 4 years of their initial license or by their second renewal date, whichever occurs first.

### **California Assembly Bill No. 1195**

With the passage of California Assembly Bill 1195, signed November 2005, continuing medical education courses with patient care components are required to include curricula in the subject of cultural and linguistic competency. It is the intent of the bill, which went into effect on July 1, 2006, to encourage physicians and surgeons, CME providers in the state of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population through appropriate professional development. The planners, speakers and authors of this CME activity have been encouraged to address issues relevant in their topic area. In addition, a variety of resources are available to address cultural and linguistic competency, some of which are included in the syllabus.

### **California Assembly Bill No. 1820**

The passage of AB 1820 (California Business and Professions Code Section 2190.3) establishes the Geriatric Medical Training Act of 2000, which requires sufficient course work and training in the field of geriatrics for medical students and physicians to ensure that every general internist and family physician has the requisite knowledge and skills to competently treat California's older population by the year 2010. General internists and family physicians who have a patient population of which over 25 percent of the patients are at least 65 years of age, are required to complete at least 20 percent of their mandatory CME in the field of geriatric medicine.

# University of California, Continuing Medical Education

## California Assembly Bill 1195

### Cultural and Linguistic Competency

#### CALIFORNIA AB 1195

California Assembly Bill 1195 requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. It is the intent of the bill, which went into effect on July 1, 2006, to encourage physicians and surgeons, CME providers in the state of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population through appropriate professional development. The planners, speakers and authors of this UC Davis CME activity have been encouraged to address issues relevant in their topic area. In addition, a variety of resources are available that address cultural and linguistic competency, some of which are included in your syllabus or handout materials. Additional resources and information about AB 1195 can be found on our website at <http://cme.ucdavis.edu>.

## RESOURCES

### A. Major Resources

1. University of California-Center for the Health Professions  
<http://futurehealth.ucsf.edu/TheNetwork/Default.aspx?tabid=387>
2. Kaiser Permanente National Diversity Department:  
<http://kphci.org/resources/links.html>
3. The Office of Minority Health  
<http://www.omhrc.gov>
4. California Academy of Family Physicians:  
[http://www.familydocs.org/multicultural\\_health.php](http://www.familydocs.org/multicultural_health.php)
5. Institute for Medical Quality:  
[www.imq.org](http://www.imq.org)
6. On-line dictionary providing translations into 25 different languages:  
<http://www.ectaco.com/English-Multilanguage-Dictionary/>
7. Foreign Language Assessment Guide (F.L.A.G.), Produced by Medi-Flag Corporation  
[www.medi-flag.com](http://www.medi-flag.com)

### B. Hospital Care

1. National Association of Public Hospitals and Health Systems. "Serving Diverse Communities in Safety Net Hospitals and Health Systems," The Safety Net 2003; 17(3): Fall.  
[http://www.naph.org/Template.cfm?Section=The\\_Safety\\_Net\\_Archive&template=/ContentManagement/ContentDisplay.cfm&ContentID=3407](http://www.naph.org/Template.cfm?Section=The_Safety_Net_Archive&template=/ContentManagement/ContentDisplay.cfm&ContentID=3407)
2. Andrulis DP. "Study of How Urban Hospitals Address Sociocultural Barriers to Health Care Access":  
<http://www.rwjf.org/portfolios/resources/grantsreport.jsp?filename=023299s.htm&iaid=133>

### C. Ambulatory Care

1. Center for the Health Care Professions- Towards Culturally Competent Care: Toolbox for Teaching Communication Strategies  
<http://futurehealth.ucsf.edu/TheNetwork/Default.aspx?tabid=290>
2. National Center for Cultural Competence, Georgetown University.  
"Self-Assessment Checklist for Personnel Providing Primary Health Care Services"  
<http://gucchd.georgetown.edu/nccc/documents/Checklist%20PHC.pdf>
3. National Initiative for Children's Healthcare Quality (NICHQ), Improving Cultural Competency in Children's Health Care: Expanding Perspectives  
[http://www.nichq.org/NR/rdonlyres/5B534B7B-0C38-4ACD-8996-EBB0C4CB2245/0/NICHQ\\_CulturalCompetencyFINAL.pdf](http://www.nichq.org/NR/rdonlyres/5B534B7B-0C38-4ACD-8996-EBB0C4CB2245/0/NICHQ_CulturalCompetencyFINAL.pdf)
4. "Cultural Positivity –Culturally Competent Care For Diverse Populations"  
<http://www.gvhc.org/>

### D. Managed Care

1. "National Standards For Culturally And Linguistically Appropriate Services In Health Care Executive Summary"  
<http://www.omhrc.gov/assets/pdf/checked/executive.pdf>
2. America's Health Insurance Plans (AHIP), Center for Policy and Research. "Innovations in Medicaid Managed Care," March, 2005.  
<http://www.ahip.org/content/default.aspx?docid=8414>

## **E. Caring for Individuals with Limited English Proficiency**

1. Center for the Health Professions-Common Sentences in Multiple Languages (ICE) Tool for Office Staff  
<http://futurehealth.ucsf.edu/TheNetwork/Portals/3/CommonSentences.pdf>
2. National Council on Interpreting in Health Care  
<http://www.ncihc.org>
3. Addressing Language Access in Your Practice Toolkit California Academy of Family Physicians  
[http://www.familydocs.org/multicultural\\_health.php](http://www.familydocs.org/multicultural_health.php)
4. Hablamos Juntos: Improving Patient-Provider Communication for Latinos  
<http://www.hablamosjuntos.org>
5. Process of Inquiry: Communicating in a Multicultural Environment, Georgetown University National Center for Cultural Competence  
<http://www.ncccurrucula.info/>
6. Cross-Cultural Communication in Health Care: Building Organizational Capacity  
<http://www.hrsa.gov/reimbursement/broadcast/default.htm>

## **F. Health Literacy**

1. AMA/AMA Foundation's Health Literacy toolkits, videos, partnerships  
<http://www.ama-assn.org/ama/pub/category/8115.html>
2. Weiss BD. Health Literacy: A Manual for Clinicians Chicago: American Medical Association Foundation, 2003
3. Schwartzberg, JG, VanGeest JB, Wang CC: Understanding Health Literacy: Implications for Medicine and Public Health. Chicago, IL: American Medical Association Pres., 2004

## **G. Movies, Videos, and CD-ROM Resources**

1. Alexander M. Cinemeducation: An Innovative Approach to Teaching Multi-Cultural Diversity in Medicine. *Annals of Behavioral Science and Medical Education* 1995; 2(1):23-28.
2. Communicating Effectively Through an Interpreter (1998) (Available from the Cross Cultural Health Care Program, 270 South Hanford Street, Suite 100, Seattle, Washington 98134; Phone (206)-860-0329; Website  
<http://www.xculture.org>
3. The Bilingual Medical Interview I (1987), and The Bilingual Medical Interview II: The Geriatric Interview , Section of General Internal Medicine, Boston City Hospital, in collaboration with the Department of Interpreter Services and the Boston Area Health Education Center (Available from the BAHEC, 818 Harrison Ave., Boston, MA 02118; Phone (617)-534-5258).
4. The Kaiser Permanente/California Endowment Clinical Cultural Competency Video Series . In 2000, Kaiser Permanente, with funding from The California Endowment, embarked on a project to create "trigger" videos as teaching tools for training healthcare professionals in cultural competence.. These now completed videos comprise three sets, each with accompanying facilitator's guide and contextual materials. Each set costs \$35.00 or \$105 for all 20. The scenarios are from eight to fourteen minutes long.
5. Quality Care for Diverse Populations . Video/CD-ROM/Facilitator's Guide, Contributors: K. Bullock, L.G. Epstein, E.L. Lewis, R.C. Like, J.E. South Paul, C. Stroebel, et al.) This educational program includes five video vignettes depicting simulated physician-patient visits in an office setting as a means to explore ethnic and sociocultural issues found in today's diverse health care environment. Produced by the American Academy of Family Physicians (AAFP), with partial funding by the Bureau of Primary Health Care, Health Resources and Services Administration, June 2002. (Available from the American Academy of Family Physicians, AAFP Order Dept., 11400 Tomahawk Creek Parkway, Leawood, KS 66211; Phone (800)-944-0000; Fax (913)-906-6075;  
<http://www.aafp.org/x13887.xml>
6. Community Voices: Exploring Cross-Cultural Care Through Cancer . Video and Facilitator's Guide by Jennie Greene, MS & Kim Newell, MD (Available from the Harvard Center for Cancer Prevention, Harvard School of Public Health, 665 Huntington Avenue, Bldg 2, Rm 105, Boston, MA 02115; Phone (617) 432-0038; Fax: (617)-432-1722;  
[hccp@hsph.harvard.edu](mailto:hccp@hsph.harvard.edu) or Fanlight Productions. [www.fanlight.com](http://www.fanlight.com)
7. Worlds Apart. A Four-Part Series on Cross-Cultural Healthcare. By Maren Grainger-Monsen, MD, and Julia Haslett, Stanford University, Center for Biomedical Ethics (available from Fanlight Productions, [www.fanlight.com](http://www.fanlight.com)
8. The Angry Heart: The Impact of Racism on Heart Disease Among African Americans , Jay Fedigan. Available from Fanlight Productions.  
[www.fanlight.com](http://www.fanlight.com)
9. The Culture of Emotions: A Cultural Competence and Diversity Training Program . Harriet Koskoff, Producer/Co-Coordinator, 415 Noe Street, #5 , San Francisco , CA 94114 ; Phone 415-864-0927; Fax 415-621-8969 (Available from Fanlight Production.  
[www.fanlight.com](http://www.fanlight.com)
10. Ohio Department of Health and Medical College of Ohio. Cultural Competence in Breast Cancer

## H. Continuing Education Programs

1. Office of Minority Health A Family Physician's Guide to Culturally Competent Care  
<http://cccm.thinkculturalhealth.org>
2. Quality Interactions: A Patient-Based Approach to Cross-Cultural Care Manhattan Cross Cultural Group and Critical Measures  
[http://www.criticalmeasures.net/cross\\_cultural/elearning.htm](http://www.criticalmeasures.net/cross_cultural/elearning.htm)
3. Delivering Culturally Effective Care for Patients with Diabetes Medical Directions - The Virtual Lecture Hall and Department of Family Medicine, University of Arizona College of Medicine at the Arizona Health Sciences Center  
[http://www.vlh.com/shared/courses/course\\_info.cfm?courseno=1786](http://www.vlh.com/shared/courses/course_info.cfm?courseno=1786)
4. Communicating Through Health Care Interpreters Medical Directions - The Virtual Lecture Hall and Rush University Medical Center  
[http://www.vlh.com/shared/courses/course\\_info.cfm?courseno=1705](http://www.vlh.com/shared/courses/course_info.cfm?courseno=1705)
5. Culture and Health Care: An E-Learning Course (based on Cultural Sensitivity: A Guidebook for Physicians and HealthCare) Doctors in Touch (DIT)  
[http://www.doctorsintouch.com/courses\\_for\\_CME\\_credit.htm](http://www.doctorsintouch.com/courses_for_CME_credit.htm)
6. Quality Care for Diverse Populations . Video/CD-ROM/Facilitator's Guide, Contributors: K. Bullock, L.G. Epstein, E.L. Lewis, R.C. Like, J.E. South Paul, C. Stroebel, et al.) This educational program includes five video vignettes depicting simulated physician-patient visits in an office setting as a means to explore ethnic and sociocultural issues found in today's diverse health care environment. Produced by the American Academy of Family Physicians (AAFP), with partial funding by the Bureau of Primary Health Care, Health Resources and Services Administration, June 2002. (Available from the American Academy of Family Physicians, AAFP Order Dept., 11400 Tomahawk Creek Parkway, Leawood, KS 66211; Phone (800)-944-0000; Fax (913)-906-6075.  
<http://www.aafp.org/x13887.xml>
7. Cultural Competency Challenge CD-ROM Educational Program (AAOS Product #02735). American Academy of Orthopaedic Surgeons, 6300 North River Road, Rosemont, IL 60018-4262.  
[www.aaos.org/challenge](http://www.aaos.org/challenge)
8. Cross-Cultural Health Care: Case Studies Pediatric Pulmonary Centers: A Collaborative Web Site of the MCH Training Network.  
[http://ppc.mchtraining.net/custom\\_pages/national\\_ccce](http://ppc.mchtraining.net/custom_pages/national_ccce)
9. Measuring Health Disparities, Interactive CD-ROM. John Lynch, PhD, and Sam Harper, PhD, McGill University. Produced by the Michigan Public Health Training Center (MPHTC).  
<http://measuringhealthdisparities.org>

## I. Recent Articles and References on Cultural and Linguistic Competency

1. Brach C, Fraser I, and Paez K. "Crossing the Language Chasm," Health Affairs 2005 (March); 24(2):424-434.
2. Betancourt, J.R., Green, A.R., Carrillo, J.E. et al. (2005). Cultural competency and health care disparities: Key perspectives and trends. Health Affairs, 24(2), 499-505.
3. Brach, C., Fraser, I., Paez, K. (2005). Crossing the language chasm: An in-depth analysis of what language-assistance programs look like in practice. Health Affairs, 24(2), 424-434.
4. Betancourt J.R., Green A.R., Carrillo J.E., et al. (2003). Defining cultural competence: A practical framework for addressing racial/ethnic disparities in health and health care. Public Health Reports, 118(4), 293-302.
5. AB 801 Assembly Bill – Chaptered. Official California Legislative Information website.  
[http://www.leginfo.ca.gov/pub/0304/bill/asm/ab\\_080160850/ab\\_801\\_bill\\_20030925\\_chaptered.html](http://www.leginfo.ca.gov/pub/0304/bill/asm/ab_080160850/ab_801_bill_20030925_chaptered.html)  
(cited 7 Nov. 2005).
6. AB 1195 Assembly Bill – Chaptered. Official California Legislative Information website.  
[http://www.leginfo.ca.gov/pub/bill/asm/ab\\_1151-1200/ab\\_1195\\_bill\\_20051004\\_chaptered.html](http://www.leginfo.ca.gov/pub/bill/asm/ab_1151-1200/ab_1195_bill_20051004_chaptered.html)  
(cited 7 Nov. 2005).
7. Youdelman M, Perkins J. "Providing Language Interpretation Services in Health Care Setting: Examples from the Field," National Health Law Program, May 2002
8. Youdelman M, Perkins J. "Providing Language Services in Small Health Care Provider Settings" Examples from the Field," National Health Law Program, April 2005. The latter two reports can be obtained at:  
[www.cmwf.org](http://www.cmwf.org) or [www.healthlaw.org](http://www.healthlaw.org)

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