OCCUPATIONAL & ENVIRONMENTAL MEDICINE SYMPOSIUM

Saturday, May 14, 2016

UC Davis Medical Education Building
4610 X Street, Sacramento, CA

HIGHLIGHTS:
- Emerging Occupational Hazard: Engineered Stone
- The Threat of Chemical Suicides
- Carpal Tunnel Syndrome: New Research Findings
- Diacetyl and Lung Disease

SPONSORED BY:
UC DAVIS HEALTH SYSTEM
Office of Continuing Medical Education and Center for Occupational & Environmental Health (COEH)
Department of Public Health Sciences
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:15 am</td>
<td>Registration, Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>Welcome and Course Objectives</td>
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<tr>
<td></td>
<td>Marc B. Schenker, MD, MPH</td>
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<td>8:00</td>
<td>Welcome and Course Objectives</td>
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<td>Marc B. Schenker, MD, MPH</td>
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<tr>
<td>8:05</td>
<td>Depression and Anxiety: Action for Clinicians</td>
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<td>Ruben Valencia, PsyD</td>
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<td>8:45</td>
<td>Can Health Care Workers Work Without Lifting?</td>
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<td>Dennis E. Pocekay, MD, MPH</td>
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<td>Marc B. Schenker, MD, MPH</td>
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<tr>
<td>10:05</td>
<td>Break</td>
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<tr>
<td>10:15</td>
<td>Spinal Degeneration</td>
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<td>Eric O. Klineberg, MD</td>
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<tr>
<td>10:55</td>
<td>Carpal Tunnel Syndrome: New Research Findings and Practical Applications for Prevention</td>
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<td>David M. Rempel, MD, MPH</td>
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<td>11:35</td>
<td>Effective Disability Management</td>
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<td>Steve Wiesner, MD</td>
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<tr>
<td>12:15 pm</td>
<td>Lunch</td>
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<td>1:00</td>
<td>Engineered Stone and Silicosis: An Emerging Occupational Hazard</td>
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<td>Robert J. Harrison, MD, MPH</td>
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<td>1:40</td>
<td>The Increasing Threat of Chemical Suicide</td>
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<td>Shelley DuTeaux, PhD, MPH</td>
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<td>2:20</td>
<td>Break</td>
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<td>2:30</td>
<td>Prevailing Topics in Infectious Disease</td>
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<td>Stuart H. Cohen, MD</td>
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<td>3:10</td>
<td>Diacetyl, Alternate Smoking Products, and Lung Disease</td>
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<td>Michael Schivo, MD, MAS</td>
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<td>3:50</td>
<td>Closing Remarks</td>
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<td>Marc B. Schenker, MD, MPH</td>
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<tr>
<td>4:00</td>
<td>Adjourn</td>
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### Faculty

**COURSE CHAIR**
Marc B. Schenker, MD, MPH  
Distinguished Professor  
Department of Public Health Sciences  
Director, Center for Occupational & Environmental Health (COEH)  
UC Davis

**GUEST FACULTY**
Stuart H. Cohen, MD  
Professor and Chief  
Division of Infectious Diseases  
UC Davis
Shelley DuTeaux, PhD, MPH  
Assistant Deputy Director for Emergency Preparedness  
California Department of Public Health
Robert J Harrison, MD, MPH  
Clinical Professor of Medicine and Public Health Medical Officer  
Division of Occupational and Environmental Medicine  
UC San Francisco
Eric O. Klineberg, MD  
Associate Professor and Fellowship Director  
Department of Orthopaedics
Dennis E. Pocekay, MD, MPH  
Assistant Clinical Professor  
Department of Public Health  
UC Davis

**TARGET AUDIENCE**
This activity is designed for local and regional primary care physicians, emergency medicine, family medicine, general medicine, neurology and orthopaedics, nurse practitioners, physician assistants, and nurses.

**EDUCATIONAL NEED**
This activity is designed to provide an interactive forum for members to discuss the latest research and developments in Occupational and Environmental Medicine. The course will improve physician and other allied health care provider competence in the prevention, diagnosis and evaluation of work-induced or exacerbated injuries and illnesses. This course is valuable for occupational medicine practitioners, primary care physicians who may see patients with work related disorders, occupational health nurses and anyone involved with the worker’s compensation system. Course participant evaluations and our community physician annual needs assessment survey have identified the need for up to date information. This year’s conference will provide practitioners with evidence based methods and strategies to assist them in providing better treatment options for their patients. Faculty presenting and interacting with participants at this activity have been selected on the basis of their comprehensive clinical experience and academic excellence.

**EDUCATIONAL METHODS**
Lectures with Q and A will be used to facilitate the dissemination of up to date information.

**EDUCATIONAL OBJECTIVES**
At the end of the activity, participants should be able to:
- Review the latest guidelines regarding lifting for health care workers
- Reveal emerging occupational hazards such as silicosis from engineered stone and heat stress
- Identify new insights into carpal tunnel syndrome and the biomechanical and psychosocial risk factors
- Effectively counsel patients on the importance of safe activity throughout the healing process and the concepts of limitations, risk and tolerance
- Analyze and treat depression and anxiety in the workplace
CONFERENCE REGISTRATION
Please register early – space is limited.
Tuition is $325 for physicians and $275 for all others. Confirmation of registration will be sent within two weeks after receipt of registration form. The fees will increase after April 30, 2016.
Tuition includes continental breakfast, refreshment breaks, lunch, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund will be given.
Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.
On-site Fees: At door registrations will be charged at a higher rate. Please see registration form for details.
Cancellation and Refund Policy: A refund of tuition, less $75 administrative fee, will be allowed if requested in writing by April 30, 2016. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT
The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print. However, after 30 days this link will expire and these items are no longer available online. You must contact the Office of CME to receive your certificate. A $15 administrative fee will be applied.

SYLLABUS
The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference.

ACCREDITATION
The University of California, Davis, Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION
Physician Credit: The University of California, Davis, Health System designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
QME: Accredited by the Administrative Director for the California Division of Workers’ Compensation for Qualified Medical Evaluator continuing education. Physicians may report a maximum of 7 hours of credit for QME reappointment.
Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report a maximum of 7 hours of credit and fill in “CME Category 1” for the provider number).
Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.
Respiratory Therapist: This course meets the requirements for continuing education for respiratory care practitioners in California.

AMA PRA Category 1 Credits™ General Session
A maximum of 7 AMA PRA Category 1 Credits™
GERIATRIC COMPETENCY REQUIREMENT
The Geriatric Medical Training Act of 2000 requires general internists and family physicians caring for a patient population in which 25 percent or greater are 65 years old or older to complete at least 20 percent of all mandatory continuing education hours in geriatric medicine or the care of older patients. (California Business and Professions Code, Section 2190.3)

CULTURAL AND LINGUISTIC COMPETENCY REQUIREMENT
All continuing medical education (CME) courses with direct patient care components are required by California State statute to include curriculum on cultural and linguistic competency in the practice of medicine (California Business and Professions Code, Section 2190.1). Those who have developed this UC Davis CME activity have been encouraged to address cultural and linguistic differences for a diverse patient population related to this topic. A variety of resources are available that address these competencies. Additional resources and information can be found on our website, http://cme.ucdavis.edu.

AIR TRAVEL TO SACRAMENTO (SMF)
The Office of Continuing Medical Education has arranged group rates with the airlines listed below. Please read and follow the directions carefully to obtain these special rates for your travel to the conference.

United Airlines Group Discount: To obtain Groups and Meetings discount prices go to http://www.united.com and enter Offer Code: ZVM678442.

GROUND TRANSPORTATION
Hertz Car Rental: To obtain discount prices go to http://www.hertz.com and enter Convention Number CV04H70007 for discounted rates.

National Car Rental: 1 (800) CAR-RENT and request ID # 5282865 for discounted rates.

FOR FURTHER INFORMATION
UC Davis Health System
Office of Continuing Medical Education
4610 X Street, Suite 2301
Sacramento, CA 95817
(866) CME4EDU (263-4338)
(916) 734-5390 Phone
(916) 734-0742 Fax
http://cme.ucdavis.edu

BROCHURE ART CREDIT
REGISTRATION FEES  (Receipt/Confirmation will be mailed within two weeks)

<table>
<thead>
<tr>
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<th>Early Discount</th>
<th>After April 30</th>
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<tr>
<td>Physician</td>
<td>$325</td>
<td>$400</td>
<td>$450</td>
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<tr>
<td>Other Health Care Professional</td>
<td>$275</td>
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ELECTRONIC SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the meeting for downloading and printing. A USB flash drive will be distributed at the conference.

If you need disability accommodations at the meeting, please let us know by April 30, 2016 and our representative will contact you.

Please note special dietary/food allergy requirements

REGISTRATION ONLINE AT: http://tinyurl.com/h2ygnhy