

# UC DAVIS HEALTH SYSTEM

FOURTH ANNUAL UC DAVIS CONFERENCE

# PSYCHOTIC DISORDERS

EVIDENCE-BASED TREATMENT  
APPROACHES TO PSYCHOTIC  
DISORDERS

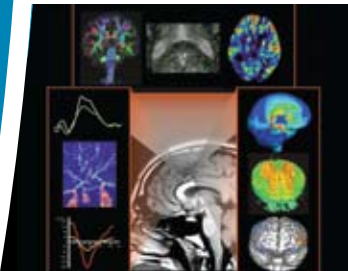
THURSDAY **SEPTEMBER 10, 2009**

**HILTON SACRAMENTO  
ARDEN WEST**  
SACRAMENTO, CALIFORNIA

SPONSORED BY:

**UC DAVIS**  
*HEALTH SYSTEM*

OFFICE OF CONTINUING MEDICAL EDUCATION  
AND  
DEPARTMENT OF PSYCHIATRY &  
BEHAVIORAL SCIENCES



## THURSDAY, SEPTEMBER 10, 2009

- 7:30 am** Registration and continental breakfast, visit exhibits
- 8:00** **Welcome and Review of Learning Objectives**  
*Robert E. Hales, M.D., M.B.A.*
- 8:15** **How to Apply Evidence-Based Psychiatric Practices to Routine and Complex Clinical Situations**  
*C. Barr Taylor, M.D.*
- 9:00** **Audience Questions**
- 9:15** **Psychotic Depression: Routine and Advanced Treatment Approaches**  
*Anthony Rothschild, M.D.*
- 9:45** **Audience Cases and Discussion**
- 10:15** Refreshment break, visit exhibits
- 10:45** **Bipolar Disorder: Basic and Advanced Treatment Recommendations**  
*Terrence A. Ketter, M.D.*
- 11:15** **Audience Cases and Discussion**
- 11:45** Lunch, included in tuition
- 12:45 pm** **Prevention and Early Intervention for Youth at High Risk for Psychosis: State of the Art**  
*William R. McFarlane, M.D.*
- 1:30** **Audience Questions**
- 1:45** Refreshment break, visit exhibits
- 2:15** **Schizophrenia: The Latest Advances in the Management of First Episode Psychosis and the Treatment of Refractory Schizophrenia**  
*Cameron Carter, M.D.*
- 2:45** **Audience Cases and Discussion**
- 3:15** **Closing Remarks**  
*Robert E. Hales, M.D., M.B.A.*
- 3:30 pm** Adjourn, turn in evaluation, and pick up certificate of attendance

***Have a safe journey home!***

*In accordance with applicable State and Federal laws and University policy, the University of California does not discriminate in any of its policies, procedures, or practices on the basis of race, color, national origin, religion, sex, sexual orientation, handicap, age, veterans status, medical condition (cancer-related), ancestry, or marital status as defined in Section 12926 of the California Government Code; nor does the University discriminate on the basis of citizenship, within the limits imposed by law or University policy. In conformance with the applicable law and University policy, the University of California is an affirmative action/equal opportunity employer. Inquiries regarding the University's equal opportunity policies may be directed to the Vice Chancellor of Academic Affairs-Affirmative Action Officer and Title IX Coordinator at University of California, Davis, 525 Mtrak Hall, Davis, CA 95616.*

## FACULTY

### COURSE CHAIR

**Robert E. Hales, M.D., M.B.A.**

*Joe P. Tupin Endowed Professor and Chair*  
Department of Psychiatry and  
Behavioral Sciences  
University of California, Davis,  
School of Medicine  
Sacramento, California

### CO-CHAIR

**Cameron Carter, M.D.**

*Endowed Professor in Schizophrenia Research*  
*Professor of Psychiatry and Behavioral Sciences*  
*Director, Imaging Research Center*  
University of California, Davis  
School of Medicine  
Sacramento, California

## GUEST SPEAKERS

**Terrence A. Ketter, M.D.**

*Professor of Psychiatry and Behavioral Sciences*  
Stanford University School of Medicine  
Palo Alto, California

**William R. McFarlane, M.D.**

*Director, Center for Psychiatric Research*  
*Principal Investigator*  
The Portland Identification and  
Early Referral (PIER) Program  
Maine Medical Center Research Institute  
Portland, Maine

**Anthony Rothschild, M.D.**

*Irving S. and Betty Brudnick Endowed Chair and*  
*Professor of Psychiatry*  
Department of Psychiatry  
University of Massachusetts Medical School

**C. Barr Taylor, M.D.**

*Professor of Psychiatry and Behavioral Sciences*  
Stanford University School of Medicine  
Palo Alto, California

## CONFERENCE COORDINATOR

**Pamela Schneider**

*CME Specialist*  
Office of Continuing Medical Education  
UC Davis Health System

## DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

As a provider accredited by the Accreditation Council for Continuing Medical Education, the University of California, Davis, Health System must ensure balance, independence, and objectivity in all CME activities to promote improvements in health care and not proprietary interests of a commercial interest. The provider controls all decisions related to identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the activity. Course directors, planning committee members, presenters, authors, moderators, panel members, and others in a position to control the content of this activity are required to disclose relevant financial relationships with commercial interests related to the subject matter of this educational activity. Learners are able to assess the potential for commercial bias in information when complete disclosure, resolution of conflicts of interest, and acknowledgment of commercial support are provided prior to the activity. Informed learners are the final safeguards in assuring that a CME activity is independent from commercial support. We believe this mechanism contributes to the transparency and accountability of CME.

## NEEDS ASSESSMENT

This course is knowledge based and designed to change physician competence. Clinical psychiatrists are quite interested in learning how to apply evidence-based practices to their patients. This symposium features an overview of evidence-based psychiatry by a leading expert in this growing field and an update on new approaches to identify and treat individuals at high risk for psychosis. It will also feature presentations by three psychiatrists who are experts in treating psychotic depression, bipolar disorder and schizophrenia. Each presenter will outline his general approach to treating patients with these conditions, and each will present two of his own cases which would exemplify an uncomplicated clinical picture and a complex case. In addition, the audience will be asked to submit their most complicated and challenging patients with one of these disorders to each of our presenters. After the formal presentations, half of the session will be devoted to discussing these challenging cases. The psychiatrists who submitted the cases will also be asked to make brief remarks about how they eventually managed their patients so the audience will be able to compare the expert's advice with a clinician's approach.

## TARGET AUDIENCE

This activity is designed for psychiatrists, family physicians, internists, psychologists, social workers, psychiatric nurses, pharmacists and marriage and family therapists.

## EDUCATIONAL OBJECTIVES

**At the end of the program, participants should be able to:**

- Provide an overview of evidence-based psychiatry
- Provide an update on new approaches to identify and treat individuals at high risk for psychosis
- Summarize how evidence-based psychiatry may be applied to clinical practice
- Outline treatment approaches for routine and complicated psychiatric depression
- Discuss standard and advanced treatment recommendation for bipolar disorder
- List treatment advances for the management of schizophrenia, with a focus on treatment-refractory patients

## ENROLLMENT

Please register early—space is limited.

Tuition is \$120 for all participants. **Confirmation of registration will be sent within two weeks after receipt of enrollment form.** The fees will increase after August 20, 2009.

Tuition includes continental breakfast, refreshment breaks, lunch, syllabus and a certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. UCDHS and UCD School of Medicine volunteer faculty, alumni, faculty and staff are eligible for tuition discounts. See enrollment form for details. Refunds must be requested by **August 20, 2009** and will be subject to a \$25 service charge. Program materials cannot be guaranteed unless enrollment is received by **August 20, 2009**. The Office of Continuing Medical Education reserves the right to cancel this program. In such a case, a full refund will be given.

**Registration forms received without payments will not be processed until payment is received, and payment must follow within 10 days.** Early discount rates are honored if payment is received by the date noted on the enrollment form. After that date, the late fee is applied.

**On-site Fees: At door registrations will be charged at a higher rate. Please see enrollment form for details.**

## FOR FURTHER INFORMATION

UC Davis Health System  
Office of Continuing Medical Education  
3560 Business Drive, Suite 130  
Sacramento, CA 95820-2161



**1-866-CME4EDU (263-4338)**  
(916) 734-5390  
Fax (916) 734-0742  
<http://cme.ucdavis.edu>

## ACCREDITATION



The University of California, Davis, Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Physician Credit:** The University of California, Davis, Health System designates this educational activity for a **maximum of 5.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**AAFP:** Application for CME credit has been filed with the American Academy of Family Physicians.  
**Determination of credit is pending.**

### **AMA PRA Category 1 Credits™ acceptable for multidisciplinary team members**

**Nurse:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report hours of credit and fill in "CME Category 1" for the provider number).

**Physician Assistant:** The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

**Psychologist:** This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists (self reporting required).

## ADDITIONAL ACCREDITATIONS



**Pharmacist:** The University of California, Davis, Health System is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE Universal Program Number 277-000-09-131-L01-P has been assigned to this program. This program provides **5.0 contact hours** (0.50 CEUs) of continuing education credit. To obtain credit, pharmacists must attend and actively participate in all sessions and complete the course evaluation at the end of the activity.

**MFT and LCSW:** UC Davis Health System Office of Continuing Medical Education, Provider No. PCE 2354. This course meets the qualifications for **5.5 hours** of continuing education credit for marriage and family therapists and/or licensed clinical social workers as required by the California Board of Behavioral Sciences. Participants must attend the entire course, write license number on the roster, and complete the course evaluation to earn credit.

### **CALIFORNIA AB 1195**

With the passage of California Assembly Bill 1195, signed November 2005, continuing medical education courses with patient care components are required to include curricula in the subject of cultural and linguistic competency. It is the intent of the bill, which went into effect on July 1, 2006, to encourage physicians and surgeons, CME providers in the state of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population through appropriate professional development. The planners, speakers, and authors of this CME activity have been encouraged to address issues relevant in their topic area. In addition, a variety of resources are available to address cultural and linguistic competency, some of which will be included in the syllabus or handout materials. Additional resources and information about CA AB 1195 can be found on our website at <http://cme.ucdavis.edu>.

## BROCHURE ART CREDIT

Cover images from [The American Journal of Psychiatry](#). Used with permission. Additional brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs and iStockphoto.com.

## LOCATION



SACRAMENTO ARDEN WEST

2200 Harvard Street  
Sacramento, CA 95815  
(916) 922-4700

The hotel is 12 miles from the Sacramento International Airport. Complimentary parking is available at the Sacramento Hilton Arden West. Fine dining, shopping and entertainment venues are conveniently located within easy driving distance.



Reservations may be made by calling the Hilton at (916) 922-4700 locally or (800) 445-8667 toll free. We do not have a room block for group rates.

Visit the Sacramento Convention and Visitors Bureau web site for information about the area:  
<http://www.sacramentocvb.org>.

Please consider layered clothing as temperature conditions may vary in the meeting room. If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please call the UCDHS Office of Continuing Medical Education at (916) 734-5390 so we may make the necessary accommodations for you.

## AIR TRAVEL TO SACRAMENTO INTERNATIONAL AIRPORT (SMF)

The Office of Continuing Medical Education has arranged group rates with the airline listed below. Please read and follow the directions carefully to obtain these special rates for your travels to our conferences.

**United Airlines:** Please call United Airlines at (800) 521-4041 between 7:00 am & 12:00 am ET to take advantage of this conference's discounts by mentioning **account code #552QB**. Discounts include 5% off the lowest, unrestricted coach fare (some restrictions apply) when you travel to the meeting site (mileage plus applies). United specialists will explain any restrictions and make reservations for you. If you purchase from a local agent, be sure the agent calls the 800 number and uses the account code. Fares are guaranteed at the time of ticket purchase.

## GROUND TRANSPORTATION

Taxi and shuttle service is available from the Sacramento International Airport and within the city. For SuperShuttle service call, (800) 258-3826 for reservations and fee information or reserve online at <http://www.supershuttle.com>.

## UC DAVIS HEALTH SYSTEM CME MISSION

In concert with the University of California, Davis, Health System mission of discovering and sharing knowledge to advance health, the continuing medical education mission focuses on the lifelong learning commitments of physicians who practice in the health system and in the greater Northern California region. UC Davis CME is at the nexus between scientific discovery and its translation to practice with a commitment to provide a variety of educational formats for evidence-based education that fulfills identified needs and produces changes in physician practice resulting in improved competence, performance and/or patient care. With an emphasis on multidisciplinary programs, content is based on competencies and bona fide needs assessments as well as clinical requirements. The CME Advisory Committee reviews the content and quality of CME offerings in accordance with the Accreditation Council for Continuing Medical Education's Essential Areas and Their Elements and the American Medical Association's Physician Recognition Award accredited provider information.

# ENROLLMENT APPLICATION

## FOURTH ANNUAL PSYCHOTIC DISORDERS CONFERENCE

SEPTEMBER 10, 2009

(Please Print)

First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_

MD  DO  PharmD  RPh  PA  NP  RN  Psychologist  LCSW/MFT Lic# \_\_\_\_\_  Other: \_\_\_\_\_

Institution/Employer (as you would like it to appear on your badge) \_\_\_\_\_ Profession/Occupation \_\_\_\_\_

Address (where you would like your receipt mailed) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

( ) \_\_\_\_\_ ( ) \_\_\_\_\_

Day Phone \_\_\_\_\_ Fax Number \_\_\_\_\_

E-Mail \_\_\_\_\_

Physician information required for CME credit and name badge. Please indicate primary medical specialty:

PSY  FP  GP  IM  Other (specify) \_\_\_\_\_

Social Security Number (last 4 digits required for transcript purposes)

-   -

Please copy the mail code from the address side of brochure (above your name, e.g. PPSY, MMSPSY, CRDPSY) \_\_\_\_\_

If you did not receive a brochure in the mail, how did you hear about this conference?

(Example: PT&MG, UCD website, web search, magazine, friend) \_\_\_\_\_

Have you attended this conference in the past?  Yes  No

### REGISTRATION FEES: (Receipt/Confirmation will be mailed within two weeks)

Fee for all participants **Early Discount**  \$120 **Postmarked after August 20**  \$150 **On Site**  \$175

### DISCOUNT FEES

Sacramento County Employees **Early Discount**  \$96 **Postmarked after August 20**  \$115 **On Site**  \$140

Online registration discount code: saccoemp (must show employee ID at conference)

### DISCOUNT FEES

UC Davis Employees (please specify) **Early Discount**  \$96 **Postmarked after August 20**  \$115 **On Site**  \$140

Faculty  Volunteer Faculty  Alumni  Staff

UC Davis Department of Psychiatry and Behavioral Sciences (please specify): **NO FEE**

Volunteer Clinical Faculty  Medical Student  Resident **No Fee**

7-Digit UC Davis Recharge Acct. # \_\_\_\_\_ Authorized Signature and Phone Number \_\_\_\_\_ Department \_\_\_\_\_

Send Sacramento lodging information.

If you need disability accommodations at the meeting, please let us know by **August 20, 2009** and our representative will contact you.

Please note any special dietary/allergy requirements: \_\_\_\_\_

**Please check your payment method. Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.**

Check enclosed payable to: **UC Regents**  AmEx  Discover  MasterCard  VISA

account number \_\_\_\_\_ expiration date \_\_\_\_\_

authorized signature (name on card) \_\_\_\_\_ security code \_\_\_\_\_

Please use ONE of these methods to register: (Do not mail if previously faxed or telephoned)



Mail application and payment to: **Office of Continuing Medical Education,**  
c/o UC Davis Cashier's Office, PO Box 989062, West Sacramento, CA 95798-9062



Telephone: (916) 734-5390



Fax application (916) 734-0742

For Office  
Use Only

APSYC10

6021

**REGISTER ONLINE AT <http://cme.ucdavis.edu/conferences>**



**UC DAVIS**  
HEALTH SYSTEM

University of California, Davis  
Office of Continuing Medical Education  
3560 Business Drive, Suite 130  
Sacramento, CA 95820-2161

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FOURTH ANNUAL UC DAVIS CONFERENCE  
**PSYCHOTIC DISORDERS**  
EVIDENCE-BASED TREATMENT  
APPROACHES TO PSYCHOTIC DISORDERS

THURSDAY, **SEPTEMBER 10, 2009**  
HILTON SACRAMENTO ARDEN WEST  
Sacramento, California

**Highlights:**

- Nationally prominent faculty
- Evidence-based treatment approaches
- State of the art treatment for high risk patients
- Clinical cases from the audience are encouraged

*This program is self supporting and receives no state funding.*



10% POST CONSUMER WASTE

**If you cannot attend...  
please give brochure  
to a colleague!**

**DATED MATERIAL**