Participate in Research at the UCD Medical Center!

Ultrasonographic Measurements of the Median Nerve Before and After Wrist Splinting for Carpal Tunnel Syndrome (CTS)

Inclusion Criteria:

- 18 years or older
- Diagnosis of mild to moderate CTS
- Or controls with no CTS symptoms

Exclusion Criteria:

- Severe carpal tunnel syndrome
- Pregnant women or <3 months post-partum
- Treated for CTS in past 3 months (surgery, injections)
- Rheumatologic disorders
- History of wrist or hand fractures
- Generalized polyneuropathy
- Implanted electronic devices
- Neuromuscular disorders

For more information or if you are interested in participating, please contact the study coordinator at:

Email: colleen.anthonisen@ucdmc.ucdavis.edu
Phone: 916-734-4307

The primary objective of this study is to determine whether improvement in ultrasonographic measures correlates with symptomatic improvement after 6 weeks of wrist splint use.

There are 2 study visits 6 weeks apart and one follow-up questionnaire via US mail or phone after 3 months. Controls have a one-time visit. All study visits will occur at UCD Medical Center in Sacramento, CA. Compensation will be provided.

Visit our website for more information:
www.ucdmc.ucdavis.edu/pmr/research

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Discovering creates hope

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