The following is a sample list of clinical conditions appropriate for clinical telehealth behavioral health consultations. For conditions not listed, please send your request along with the patient’s chart notes to the telemedicine coordinator.

**Clinical Conditions:**

**Mood, Anxiety, Adjustment Disorders Associated with a Medical Health Diagnosis such as:**
- Pain Disorder
- Diabetes
- Arthritis, Fibromyalgia
- Chronic Fatigue
- Cancer
- Cardiac, Respiratory
- Neuromuscular
- Obesity
- Other: specify medical health diagnosis

**Health Behavior Self-Management Problems Associated with a Medical Health Diagnosis such as:**
- Maintaining prescribed exercises or activity level
- Adhering to a medication regimen
- Maintaining regular blood glucose testing
- Determine appropriate strategies to self-manage mood or anxiety problems
- Develop strategies to manage pain related tension
- Other: specify problem

**Appointment Scheduling:**
- New: 60 minutes
- F/U: 30 minutes

**Level of Presenter Required:**
May include a brief introduction from the primary care provider, RN, PA, FNP or MA

**Video Equipment Required:**
Videoconferencing unit

**The following information must be received prior to scheduling an appointment:**
1. [Telehealth Referral Request Form](#)
2. Recent physical and mental health information related to the referred clinical condition
3. Medical and mental health problem history
4. After review we may request additional patient data or a patient history form prior to the appointment

**The following must be received before the consult begins:**
1. Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form](#) (new patients only)
2. Documented verbal consent from patient for participation in telehealth consultation
3. Completed Problem Questionnaire

Consultant: Debra Fishman, PsyD

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