The following is a listing of clinical conditions appropriate for clinical telehealth psychiatry consultations. If you would like to refer a patient with a condition which is not listed below, please send your request with the patient’s chart notes to the telehealth coordinator for the specialist’s consideration.

**Clinical Conditions:**

- **Stress/Anxiety**
  - Acute stress: grief, loss or other
  - Anxiety/panic

- **Mood**
  - Depression
  - Bipolar disorder

- **Somatic**
  - Pain
  - Physical focus (hypochondriasis, conversion)

- **Cognitive**
  - Attention deficit
  - Confusion (delirium)
  - Dementia
  - Head trauma

- **Psychosis**
  - Schizophrenia

- **Other**
  - Diagnostic evaluation (general)
  - Eating disorders: anorexia, bulimia
  - Impulsivity
  - Anger/agitation/aggression
  - Hyperactivity
  - Substance use

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