Adult Perinatology
Clinical Telehealth Consultations

The following is a listing of clinical conditions appropriate for clinical telehealth perinatology consultations. If you would like to refer a patient with a condition which is not listed below, please send your request with the patient’s chart notes to the telehealth coordinator for the specialist’s consideration.

Clinical Conditions:
- Normal and high-risk medical conditions:
  - Diabetes
  - high blood pressure
  - renal disease
  - renal transplants
  - cardiac disease
  - seizure disorders
- Multiple gestation pregnancies
- Prenatal diagnosis for genetic abnormalities
- Women older than 40 years of age

Necessary Clinical Information Includes:
- Complete H&P
- Pertinent outside records, documentation of previous evaluation
- Current medications, allergies & drug levels
- Copy of PCP intake & evaluation & specific questions
- Relevant family/social history
- Some assurance that family understands reasons for referral
- Interpreter available at the remote site when needed

Appointment Scheduling:
New: 90, 60 minutes (initial screening)
F/U: 60, 30 minutes

Level of Presenter Required:
MD, NP, RN, LVN
Note: Consistency of presenter for new and follow-up patient appointments is important

Video Equipment Required:
Videoconferencing unit

The following information must be received prior to scheduling an appointment:
1. Telehealth Referral Request Form
2. See “Necessary Clinical Information” in left column

The following must be received before the consult begins:
1. Signed UCDHS Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
2. Documented verbal consent from patient for participation in telehealth consultation

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