The following is a listing of clinical conditions appropriate for clinical telehealth orthopaedic consultations for soft tissue musculoskeletal injuries. If you would like to refer a patient with a condition which is not listed below, please send your request with the patient’s chart notes to the telehealth coordinator for the specialist’s consideration.

**Clinical Conditions (Physician presenter required):**
Concussion

**Acute chronic shoulder injuries including:**
- Rotator cuff tendonitis
- Shoulder dislocations
- Brachial plexus injuries
- Extensor tendonitis
- Lateral epicondylitis of the elbow
- Hand and wrist injuries

**Acute and chronic knee injuries:**
- Quadricep and calf hamstring injuries
- Patello femoral pain syndrome of the knee
- Meniscal injury of the knee
- Acute chronic ankle injury
- Plantar fasciitis of the foot

**Medical conditions including:**
- Hypertension with exercise
- Asthma with exercise
- Chronic fatigue syndrome in athletes
- Decreased exercise performance
- Questions about clearance for sports participation

**Appointment Scheduling:**
- New: 20 minutes
- F/U: 20 minutes

**Level of Presenter Required:**
- Physician or Medical Assistant. See listing of Clinical Conditions at left.

**Video Equipment Required:**
- Videoconferencing unit

**The following information must be received prior to scheduling an appointment:**
1. [Telehealth Referral Request Form](#)
2. Recent H&P, and all applicable clinical information from patient chart
3. Original X-rays/Images, if appropriate

**The following information must be received at least 1 working day prior to the scheduled appointment:**
- X-rays/Images, if appropriate

**The following must be received before the consult begins:**
1. Signed [UCDHS Acknowledgement of Receipt: Notice of Privacy Practices form](#) (new patients only)
2. Documented verbal consent from patient for participation in telehealth consultation

**Consultant:** [Jeffrey L. Tanji, M.D.]