Visiting Guidelines and Information for your Surgical Experience

OR Case Number

- Each patient is assigned a unique OR Case Number during check in.
- This unique number allows family/friends to track the patients progress via the color code on the patient status board.
- Status Board Monitors are located in the Waiting Room near the reception desk and in the middle of waiting room.
- The status monitors are live streaming and continuously update.

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<tr>
<th>01234</th>
<th>In Facility</th>
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<tbody>
<tr>
<td>01234</td>
<td>In Pre-op</td>
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<tr>
<td>01234</td>
<td>Patient in OR</td>
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<tr>
<td>01234</td>
<td>In Recovery</td>
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<tr>
<td>01234</td>
<td>In Recovery, Waiting for Bed</td>
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*Due to the nature of our practice, some delays may occur throughout the day. We will do our best to keep you updated. We appreciate your understanding and patience in this matter.*

Local Lodging Information

Available by referral from UCDMC Employee

- **Kiwanis Family House** is dedicated to providing temporary housing for families of seriously ill or injured patients at a nominal fee per night. Rooms subject to availability.
- **The Ronald McDonald House** offers parents and family members of seriously ill and injured children (18 and under) a refuge from the hospital room at a nominal fee per night. Rooms subject to availability.

Other UCDMC Campus Lodging:

- Med Park Inn 916-455-4000
- Courtyard Marriot 916-455-6800

Connecting to Free Wi-Fi

- Under your device’s Wi-Fi options, select “UCDHS-GUEST”.
- A Login Screen will appear—Click “Accept” to terms.
- In a few moments, a new browser will pop up on screen.
- Connection is not automatic. You will need to repeat this process every time you open your device.

Additional Information Available

- If you have further questions about parking, maps, lodging, directions to local pharmacies, local shops/grocery stores etc., please see a Surgery Reception staff member.
- Hours of hospital amenities are posted in the Pavilion Waiting Room for your convenience.
Surgery Reception: Patient Check In

- Receive Parking voucher: one per patient good on the day of surgery only, for one exit only.
- OR Case Number: given at time of check in to assist tracking patient throughout the day.

Pre-Op (Before Surgery)

- A Pre-op staff member will bring the patient from waiting room to their pre-op room. The pre-op process will take approximately 45 minutes.
- Two visitors may visit after pre-op is complete. Family/friend’s must be escorted to and from Pre-op by a staff member.
- Patient belongings will be given to family/friends for the day.

In Operating Room (During Surgery)

- By using the OR Case Number given at check in, you may track your loved one’s progress.
- Please check in and out with the Surgical Reception desk when leaving the Waiting Room for an extended period so we may update the surgeon as to your location.

Post-Op (After Surgery)

- The surgeon will come out to speak to you after the surgery is complete.
- At this time, we request you are present in the waiting room. Due to the nature of the surgeon’s schedules, they may not have time to wait for you to return.
- Our recovery nurses ask for a minimum of one hour after patient arrival in recovery room before visiting.
- Times before visitation may vary and extend past an hour due to patient needs after surgery.

Patient Visitation Policy

- Law mandates that we maintain Privacy and Security for all patients – with this in mind there are times when we may have to limit visitation in and out of the Pre-op or Post-op areas.
- Visitation is always at the nurses discretion.
- All visitors must be escorted in and out of Pre-op and Post-op.
- Please do not follow staff in to the Pre or Post-op areas unescorted.
- Children under the age of 14 are not allowed to visit due to health and safety.
- Only two visitors at a time at bedside.
- Please use alcohol foam or wash hands before and after patient visiting.
- In Post-op, visitation is limited to 10 minutes every hour until the patient is ready for transfer/discharge.
- Food, drinks, and flowers, are not allowed at bedside. They may be left inside the lounge within the waiting room. No latex balloons please.
- Cell phones may not be used at the patient bedside.
- Please remain at your patients bedside. If you wish to leave, please ask a staff member to escort you out of the unit.

Waiting Room Guidelines

- TV volume has been disabled to ensure that families are able to wait in a quiet, peaceful setting.
- Children may not be left unattended in the waiting room or with staff members.
- Please check in and out with the front desk when leaving for long extended periods of time.
- We ask that you leave furniture where it belongs per fire marshal request and your safety.
- Please be courteous to those around you. Use cell phones in the hall and headphones with electronics.
- Personal and patient belongings can not be watched by hospital employees.

Food/Drinks in Surgical Waiting Room

- In consideration of our patients waiting for surgery, food is only allowed in the Lounge Area of the Surgery Waiting Room.
- The Hospital Café is available on the first floor where food and drinks may be purchased.
- Please throw away trash and recyclables in appropriate bins located throughout Waiting Room.

Parking

- A parking voucher for the hospital parking structure will be given once, good on day of surgery only. This allows one person to exit the structure for a $2.00 (fee subject to change).
- This voucher is good for one exit. Once parking voucher is used, each visitor will be charged $2/hr (fee subject to change). If voucher is lost or misplaced, no additional voucher will be issued.
- Please visit parking kiosk/attendant with voucher and white ticket before walking to your car. The kiosk is located on the first floor of the structure.

- There is no attendant present at the exit gate.
- Parking voucher is not valid at metered parking. Metered parking is available in front of the hospital. After paying, display receipt on dashboard. Please be conscious of time, you may be ticketed.
- If you have a disabled parking placard or plate, you will not be charged. You may park in any marked or unmarked stall. This includes inside the structure or in front of hospital in the metered parking lot.