“Brain Food: Myths and Opportunities”
Dr. John Rutledge

Thursday, July 19, 2018
UC Davis MIND Institute
6:00 – 7:30 p.m.

Dr. Rutledge is a Professor in Internal Medicine, Division of Cardiovascular Medicine at the University of California, Davis (UCD). He holds the Richard A. and Nora Eccles Harrison Endowed Chair for Diabetes Research. He specializes in preventive cardiology, lipid disorders and reversal of atherosclerotic cardiovascular disease.

Dr. Rutledge’s presentation will provide the latest information on preventive measures for cardiovascular disease and its link to brain health.

UC Davis MIND Institute Auditorium
2825 50th Street
Sacramento, CA 95817

Reservations required: www.eventbrite.com

For more information: 916-734-5728