“The Secrets of a Long Life”

Dr. David Johnson

Thursday, June 14, 2018
UC Davis MIND Institute
6:00 – 7:30 p.m.

Dr. Johnson is an Associate Professor of Neurology at the Alzheimer’s Disease Center at the University of California Davis (UCD). He has expertise in clinical and neuropsychological assessment of healthy brain aging and dementia. His research identifies factors critical to healthy lifestyles that support long life and reduce dementia risk.

Dr. Johnson’s presentation will provide strong evidence that suggests diet and exercise protect against cognitive decline and dementia.

UC Davis MIND Institute Auditorium
2825 50th Street
Sacramento, CA 95817

Reservations required:
www.eventbrite.com

For more information: (916) 734-5728