UCDAVIS  
ALZHEIMER’S DISEASE CENTER  

Caregivers Workshop

Saturday, November 5, 2016  
UC Davis MIND Institute Auditorium  
2825 50th Street, Sacramento  
8 a.m. – 12:30 p.m.

8:00 Registration and continental breakfast

8:30 Welcome – Ladson Hinton, MD

8:35 “Managing Dementia Behaviors: What’s the Best Approach”  
Laura Gitlin, PhD  
Founding Director, Center for Innovating Care in Aging  
Professor of Medicine, Johns Hopkins University School of Medicine

9:35 “Community Resources for a Healthier Family” Panel Discussion  
Esther Lara, MSW, Clinical Social Worker  
UC Davis Alzheimer’s Disease Center

10:35 Break

10:45 “Finding Housing Options to Fit Your Loved One with Dementia”  
Nancy Schier Anzelmo, MS  
Professor of Gerontology, California State University Sacramento  
Principal, Alzheimer’s Care Associates, LLC

11:30 Answers to Your Questions  
A panel discussion moderated by Ladson Hinton, MD  
Laura Gitlin, PhD, Johns Hopkins University  
Glen Xiong, MD, UC Davis Alzheimer’s Disease Center  
Nancy Schier Anzelmo, MS, California State University Sacramento  
Esther Lara, MSW, UC Davis Alzheimer’s Disease Center

This series is made possible by the generous support of the following sponsors: Sunrise Senior Living, Revere Court, Aegis of Carmichael, Eskaton, Norwood Pines Alzheimer’s Care Center, and the Alzheimer’s Aid Society. For reservations or more information, call 916-734-5728.