



# UC Davis Medical Center Dietetic Internship

Dietetic Internship Virtual Open House



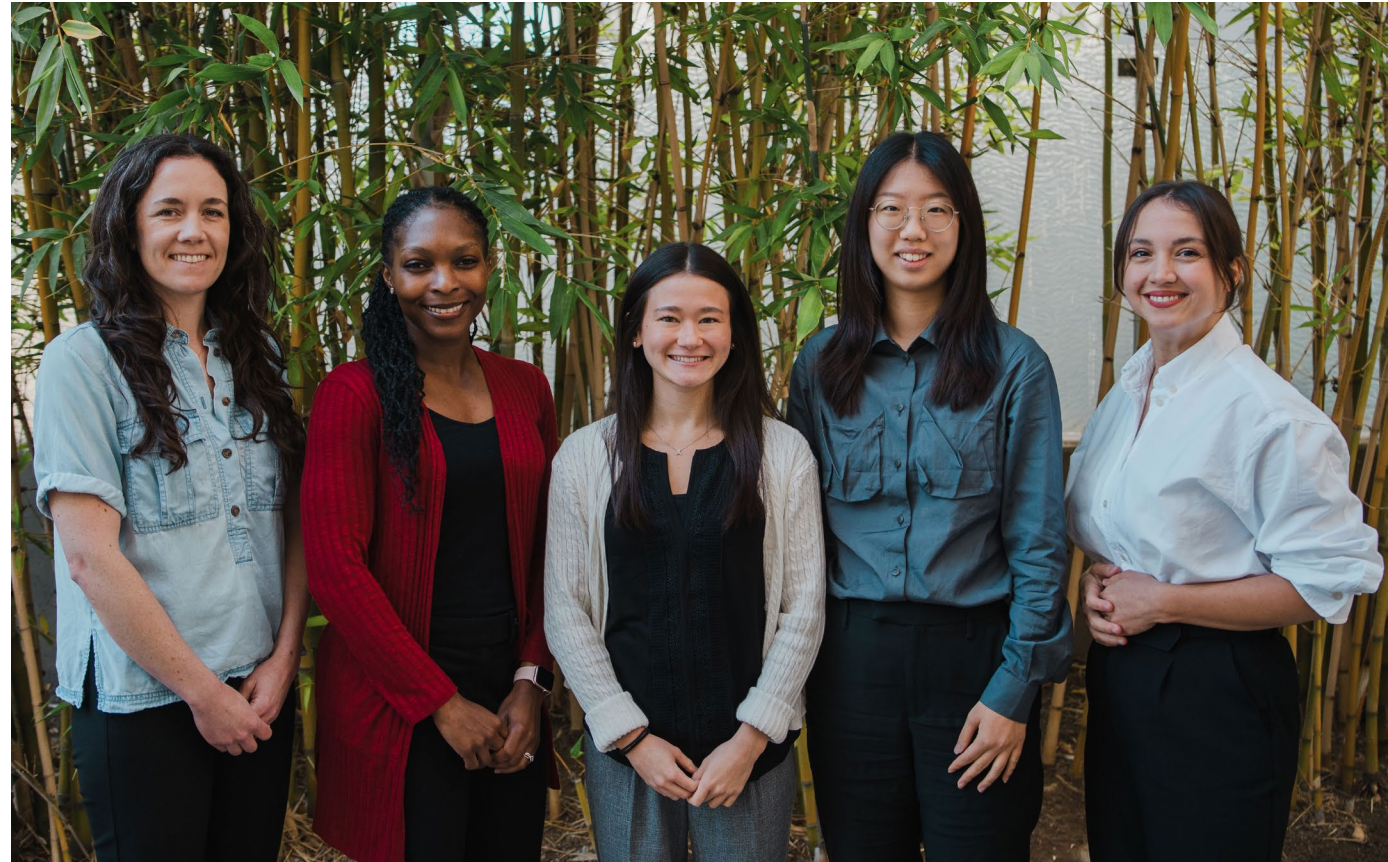
# Agenda

- **Introduction to the Internship**
- **Management Rotation**
- **Clinical Nutrition Core**
- **Adult Critical Care Rotations**
- **Pediatric Acute Care Rotation**
- **Ambulatory Rotations**
  
- **Speakers**
  - Erica Trimble, M.S., R.D. – Interim DI Coordinator
  - Barbara Lusk, M.F.C.S., R.D., L.D.N., F.A.N.D. - DI Director
  - Zita Johnson, R.D. - Nutrition and Dietary Supervisor
  - Jessica Smith, R.D., C.N.S.C. – Clinical Dietitian and Former Intern

# About our Internship Class

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- 6 interns
- Graduated 21 classes to date
- Concentration: Clinical Nutrition in an Academic Health System
- 48-week planned program
- Full-time, 40+ hours per week\*
- Daily schedule varies by preceptor/rotation\*
- Additional time required outside of workday\*
- Interns cover ~6 holiday/weekend shifts



\*For these reasons it is strongly encouraged that you avoid outside employment or enrolling in a graduate degree program while participating in internship

# Program Strengths

## Nationally renowned, multispecialty academic medical center

- 646-bed hospital with > 34,000 admissions annually
- Nearly 1 million outpatient visits annually

## Complex medical and nutritional diagnoses

- Critical Care: 9 ICUs
- Level 1 Trauma Center
- Regional Burn Center
- Transplant Center
- Cancer Center
- Pediatrics: Children's Hospital
- > 30 primary and specialty outpatient clinics

## Innovative learning environment

- Sacramento's Farm-to-Fork medical center
- Expert preceptors > 50 RD/RDNs
- 1:1 Preceptor-to-Intern ratio (*clinicals*)
- Intern member of multi-disciplinary healthcare team
- 4 weeks of Supervised Staff Relief (*hone your skills*)
- Didactic Class Mondays (*integrated learning*)

## Extensive “learning by doing”

- Minimum 1400 supervised practice hours (90% of internship hours)
- “See one, Do one, Teach one” methodology



# General Schedule

<b>Rotation</b>	<b>Weeks</b>
Orientation	1
Food Service / Management	6
Clinical Nutrition Class Week	1
Clinical Nutrition Core: Adult Inpatient	12
Advanced Clinical: Adult Critical Care	4
Advanced Clinical: Pediatric Acute Care	4
Ambulatory and Community Nutrition	10
Staff Relief / Elective	4-7
Weekend/Holiday Rotation	~10-12 days
Clinical Nutrition Quality Improvement Project	~20 hours

Schedule includes a two week break during winter holidays and 1 week spring break to make 48 weeks.

**UC DAVIS MEDICAL CENTER DIETETIC INTERNSHIP  
APPLICATION CHECKLIST**

Completed

DICAS Online Centralized Application	
1. Complete the <b>Standard Program Application</b> .	<input type="checkbox"/>
2. Submit a <b>Personal Statement</b> addressing questions and upload to DICAS by deadline.	<input type="checkbox"/>
3. Answer and <b>upload the two UC Davis Medical Center DI Program Addendum Questions</b> and upload them to DICAS in the "Dietetic Internship Program Designation" section by deadline. <b>Type your name on the upper right-hand corner of EACH page.</b> <i>Limit each answer to 300 words, single spaced. Find questions at: <a href="https://health.ucdavis.edu/dieteticinternship/">https://health.ucdavis.edu/dieteticinternship/</a></i>	<input type="checkbox"/>
4. Send <b>Official Transcripts</b> to DICAS at: DICAS Transcript Dept., PO Box 9118, Watertown, MA 02471	<input type="checkbox"/>
5. Upload a <b>Verification Statement OR Declaration of Intent</b> .	<input type="checkbox"/>
6. Upload your <b>CV/resume</b> into DICAS by the deadline.	<input type="checkbox"/>
7. Upload an <b>official DPD course list</b> from your DPD program advisor by the DICAS Deadline. <i>This is an official list (or copy of an official list) of courses required to meet Didactic Program in Dietetics requirements at your college/university.</i>	<input type="checkbox"/>
8. Enter in your <b>completed coursework</b> into DICAS and ensure your completed coursework <b>selected categories align</b> with the categories listed by your DPD Program (i.e., DPD Science vs DPD Professional). <b>Note:</b> <i>If you have transfer coursework or coursework from outside the United States, be sure to enter the relevant classes into DICAS and categorize accordingly (i.e., DPD Science vs DPD Professional).</i>	<input type="checkbox"/>
9. Enter the names and contact information of each of your references for <b>3 Letters of Recommendation</b> . <i>UC Davis Medical Center Dietetic Internship requires at least one letter from a work or volunteer supervisor and at least one letter from an academic reference (professor, academic advisor). The third letter can be either a supervisor or academic reference.</i>	<input type="checkbox"/>
10. Pay <b>DICAS Fees</b>	<input type="checkbox"/>
Supplemental Application for UC Davis Medical Center Dietetic Internship Program (Must be <b>POSTMARKED</b> by February 1, 2023 to be considered)	
1. Complete the UC Davis Medical Center DI Program Supplemental Application document	<input type="checkbox"/>
2. Enclose <b>\$50.00 Application Fee</b> - payable to "UC Regents"	<input type="checkbox"/>
3. <b>OPTIONAL:</b> Enclose a <b>Self-Addressed Stamped Postcard (SASP)</b> - Please write "Application Received" on <b>back of the postcard</b> . <i>Upon processing your Supplemental Application, the UCDMC DI Program will sign and return any SASP included in your application packet. This is the preferred and most accurate method to ensure your Supplemental Application is received. USPS Return-receipt is not necessary and has the potential to be an inaccurate assurance.</i>	<input type="checkbox"/>
4. Place all Supplemental Application packet items inside <b>an envelope</b> .	<input type="checkbox"/>
5. Mail <b>Supplemental Application</b> packet ( <b>postmarked by February 1, 2024</b> ) to:	<input type="checkbox"/>
UC Davis Medical Center Dietetic Internship Program Supplemental Application Food and Nutrition Services Dept. 2315 Stockton Blvd., SESP 0P160 Sacramento, CA 95817	

# Application Information

**UCDMC DI Program requires a graduate degree before the start of the internship** (not a combined program)

- **DICAS:** <https://dicas.liasoncas.com/>
  - DICAS opens December 1<sup>st</sup> for online applications for Spring Match
  - The following documents to be submitted in DICAS **by Feb 15th 11:59 pm [CST]** deadline:
    - Personal Statement
    - UCDMC DI Addendum Questions
    - 3 Letters of Recommendation
    - Verification Statement/Declaration of Intent
    - DPD Required Class List
    - CV/Resume
    - Transcripts are to be mailed to DICAS

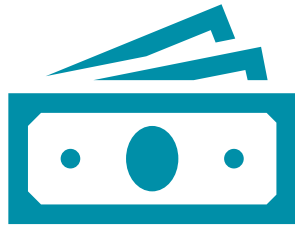
**Only completed Supplemental Application Form and UCDMC DI Application Fee (check) are to be mailed to us (postmarked no later than Feb 1st).**



**UCDMC DI Supplemental Application Checklist (a helpful tool)**

For full details, refer to instructions on our webpage:  
<https://health.ucdavis.edu/dieteticinternship/application/selection-criteria.html>

# Financial Information - Highlights



**Program Application Fee: \$50**  
**Program Administration Fee: \$5,000**



**Benefits:**

**Professional liability insurance  
provided by medical center**

**Daily meal stipend → FNS cafes**

# Please review website for further details about

- **Financial Information**
- **Application Information – Selection Criteria** are considered and listed in order of importance:
  - ✓ Academics
  - ✓ Essay Questions
  - ✓ Letters of Recommendation
  - ✓ Work and Volunteer Experience
  - ✓ Extracurricular Activities
  - ✓ Interviews – scheduled with top candidates
- **Program Requirements**
  - ✓ Admissions Requirements
  - ✓ Graduate Requirements

If you have questions after viewing the website, please contact us.

<https://health.ucdavis.edu/dieteticinternship/>





# Management

- 6 weeks
- Self-operated Food and Nutrition Services Dept
- Serves > 3 million meals to patients, staff, and visitors annually
- Whole food and plant-based ingredients
- Locally sourced menu options
- National sustainability awards
- Management in:
  - Institutional food service
  - Retail food service
  - Clinical nutrition



Learning Activities
Daily Operations
Human Resources
Quality Assurance
Continuous Quality Improvement
Employee training
Patient Meal Project Developing new patient meals Recipe testing and acceptability survey Analysis of costs and resources Staff education Marketing communications





# Clinical Nutrition Core

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- 12 weeks
- Inpatient: Adults to Geriatrics
- Apply the Nutrition Care Process
  - Nutrition Focused Physical Exam
  - Malnutrition Diagnosing
- Document in EMR
- Multidisciplinary care
- Additional opportunities
  - Observe feeding tube placement
  - Observe swallow evaluation





# Advanced Clinical Nutrition

Adult Critical Care	Pediatric Acute Care
4 weeks	4 weeks
Intensive Care Units: <ul style="list-style-type: none"> <li>• Cardiothoracic</li> <li>• Neurosurgery</li> <li>• Medical</li> <li>• Surgical</li> <li>• Trauma</li> <li>• Burn</li> </ul>	<ul style="list-style-type: none"> <li>• Infants to teenagers</li> <li>• Oral, enteral, and parenteral nutrition</li> <li>• Neonatal ICU elective option</li> </ul>
Multiple, complex medical conditions	Patient and family education
Complex enteral and parenteral regimens	Multidisciplinary team rounding

Clinics
Bariatrics
Cancer Center
Cystic Fibrosis
Family Medicine
Health Management and Education
Gastroenterology
Internal Medicine
Nephrology
Obstetrics
Primary Care Networks (Regional)
Transplant Program

# Ambulatory Nutrition

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- 4 weeks planned, up to 7 with elective.
- Adults and pediatrics
- Nutrition counseling and education
- Tailoring nutrition therapy for:
  - Learning needs
  - Health literacy
  - Readiness to change
  - Diverse regional community

# Community Nutrition

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- 6 weeks
  - 4 weeks at DaVita Dialysis
  - 2 weeks at WIC (Women, Infant, Children)
- Nutrition education – individual and group
- Develop education materials and lesson plans



# Other Learning Activities

- Staff Relief: Minimum of 4 Weeks (Up to 6 weeks)
  - Gain independence
  - Reinforce entry-level practice
- Electives: 2 to 4 weeks (dependent on preceptor availability)
- Didactic Classes
  - 10% of internship hours
- Clinical case study
  - Written and oral presentation on a patient focusing on the nutrition related care and literature related to their care.
- Journal club
  - Intern critical evaluation of nutrition-related research and how applies to clinical practice with facilitated discussion led by the intern





# Q and A

# Contact Us

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- **Barbara Lusk, MFCS, RD, LDN, FAND**  
Dietetic Internship Director  
[blusk@ucdavis.edu](mailto:blusk@ucdavis.edu)
- **Erica Trimble, MS, RD**  
Interim Dietetic Internship Coordinator  
[eltrimble@ucdavis.edu](mailto:eltrimble@ucdavis.edu)

